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FOUNDER: **Herbert W. Armstrong**
1892-1986

PUBLISHER: **Joseph W. Tkach**
EDITOR: **Dexter H. Faulkner**

MANAGING EDITOR: **Mike Bennett**
ASSOCIATE EDITOR: **Lowell Wagner Jr.**
GRAPHICS: **Michael Hale**
STAFF: **Kathy Burch, Nathan Faulkner, L. Greg Smith, Michael Warren**
CONTRIBUTORS: **You the reader**

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PASTOR GENERAL: **Joseph W. Tkach**
TREASURER: **L. Leroy Neff**
DIRECTOR OF PUBLISHING SERVICES: **Ray Wright**
PRODUCTION DIRECTOR: **Roger G. Lippross**
PRODUCTION MANAGER: **Ron Taylor**
CIRCULATION MANAGER: **Boyd L. Leeson**

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Mexico: Institución Ambassador, Apartado Postal 5-595, 06500, México D.F.
Colombia: Apartado Aéreo 11430, Bogotá 1, D.E.
United Kingdom, rest of Europe, Middle East: P.O. Box 111, Borehamwood, Herts., WD6 1LU England
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Switzerland: Case Postale 10, 91 rue de la Servette, CH-1211, Geneva 7; Ambassador College, Talackerstrasse 17, CH-8065, Zürich
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COVER: After years of preparing, learning and maturing, a young person is ready to leave home. Or is he? Read "Before You Leave Home . . ." on page 10. Photo by G.A. Belluche Jr.

Letters

South African teen

As a teenager living in South Africa, I would like to express my heartfelt thanks for an absolutely wonderful magazine, *Youth 86*.

Since reading your magazine, my horizons have broadened so much. I have gained so much just from reading *Youth 86*, it is almost incredible. Honestly, I enjoy reading this super magazine and I savour every little bit. I sincerely appreciate reading your literature. As a result of this, I have introduced my peers to *Youth 86*. Thank you for caring.

Lesley-Ann Jonas
Cape Town, Rep. of
S. Africa

Makes decisions easier

I've been receiving *Youth* magazine for five years now and it's really been making huge contributions toward my decision-making. Whenever there's a problem or a question concerning something that really confuses me, I just look through my *Youth* magazines until I find help. Sometimes while I'm searching, two or three different articles on the same subject will appear, so I just read them all.

Making decisions as a teenager these days can be very confusing at times, but most of my decisions are made easy with the help and guidance of the *Youth* magazine.

Don W. Parker
Milwaukee, Wisconsin

"Are You Sure Everybody's Doing It?"

Last December I was reading *Youth 85* and I came across the article "Are You Sure Everybody's Doing It?" I noticed that it was reprinted in April, 1986, *Plain Truth*.

I'd like to tell the girl "Cindy" who wrote that letter and all the other "Cindys" out there that I and a lot of other guys really do respect you for your decision and I personally hope I meet a girl as nice as Cindy.

In the article it says: "How many of you guys when you're ready to begin a family and home wouldn't like to meet this girl? Or have you given up on there being any Cindys left?"

Well, I'd love to meet the actual Cindy or any other Cindys. Before reading this article I went through an experience that almost ruined my life. I met this girl I really liked. After

(Continued on page 24)

By the Way...

Signed: 'Learning From My Mistakes'

By Dexter H. Faulkner

Are you facing the question of whether or not to be sexually active? Here are answers!

The questions written in to *Youth 86* are interesting, to say the least — questions about problems at school, in the family, with boyfriends and girl friends.

And some of you obviously haven't been reading the magazine too long, because several of you have asked whether using contraceptives is right or wrong.

Young people, what needs to be considered is not whether or not to use contraceptives, but whether or not to be sexually active. In this world of widespread sexually transmissible diseases, those of you who are sexually active are playing with fire.

Don't repeat a mistake!

Some, especially girls, blame their current sexual activeness on having already lost their virginity. Maybe something happened to them that wasn't even their fault, and now they feel it doesn't matter anymore if they have sex with their boyfriends since they are not virgins.

Teens, making one mistake does not mean you have to continue making that same mistake over and over! A few of you have told me that you don't have sex with just anyone, but only with those girl friends or boyfriends you really like.

Think about it for a minute. Those girls or boys you consider special friends really are not showing true concern for you if they expect you to chance catching a terrible sex disease or becoming pregnant just so they can enjoy sex.

Many young people today are learning to say no to such selfishness. You should too.

Teenagers, it is not OK for you to be sexually active, whether or not you are a virgin. It is wrong and dangerous. It can cause you to lose out on all those hopes and dreams you have of someday finding the right mate, and marrying and having children.

God designed sex to be enjoyed all right, but in marriage when you are prepared to accept the responsibilities of loving and caring for your mate and for your children.

Those special sexual experiences shouldn't be shared with just anyone, but reserved for that person you plan to spend the rest of your life with in marriage.

Real true love

Love — real true love — means you care enough about that future mate to want to save those beautiful romantic times together for each other alone.

Some very unhappy people have written to us saying how much they wished they had waited to have sex.

By the time they decided to get married, having sex was practically meaningless and joyless to them. They find they can't respond to their mates in the way they would like.

One of our readers wrote about her experiences:

"I want to warn people against premarital sex. I have been sexually active since I was 16, almost 17. I have recently just turned 18.

"I told myself I was doing it to make my boyfriend happy, and because I needed someone to love me. I was going through a lonely period in my life. If I would have just been patient and known that this unloved feeling would not

Teens, even if you have made some mistakes, it's not too late to stop making them.

last forever, I wouldn't be in the situation I am now. I gave birth to an adorable baby boy two months ago.

"Even when I was nine months pregnant, I didn't *really* regret what I had done with my boyfriend because I didn't know what caring for a baby was like, not to mention labor and delivery. Pregnancy was uncomfortable, but I managed.

"I'm not sure if I have enough love, patience and outgoing concern to rear my baby the way he deserves to be reared. I'm still kind of a self-centered teenager. I want to be able to go out, have fun and not have so many responsibilities so early in my life.

"My boyfriend was good to me probably only half of the time, so I never really felt fulfilled. However, I stayed with him because I thought this was the only place I could receive the love I wanted. But we all know that this was not truly love, but lust I was receiving instead.

"Of course, *now* I can see this all clearly. I should have tried to turn to my family. I have put them through so much pain and disappointment because of my stupidity and naiveness.

"Now, however, my boyfriend has changed; he gives me 100 percent of his love, which sounds good, but actually it's not, because now I don't have those lonely feelings I used to and I don't want sex anymore, but he still does. He wants to marry me, but I don't really love him like I thought I did.

"I know our marriage would come to an end early on or I would be an unhappy person for the remainder of my life.

"Now I have not only hurt myself and my family (and possibly made some kind of disadvantage for my child), but I have extremely hurt my boyfriend.

"He loves his son very much and is upset because he can see him only once or twice a week. Also, he can't understand my feelings about the situation and is very upset about my decision not to marry him."

Photo by Nathan Faulkner



The teen years should be a carefree, fun time, without the worries of sexually transmissible diseases, pregnancy and the heavy responsibilities of parenthood that being sexually active can bring.

Concluded with a warning

This young woman concluded her letter with a warning:

"Pregnancy is not the only consequence to fornication. There are many physical and emotional problems that are caused by it. If you are engaging in premarital sex, you are warned to stop now. You may not regret it now or for some time yet, but someday you'll see the mistake you're making."

She signed her letter: "Learning From My Mistakes."

Teens, even if you have made some mistakes, it's not too late to stop making them.

Be concerned about tomorrow, and next month and next year. You've got too much to look forward to — don't throw it all away while you are still in your teenage years.

Ask your parents to tell you about some of the horrible results of the diseases going around now because of people having sex with different people outside of marriage. If they want more information about these diseases, write and let me know. We will send them our free brochure *Sexually Transmissible Diseases.*

And another book you need to read is *The Missing Dimension in Sex.* It clearly shows you why you shouldn't be indulging in sex in your teenage years before you are married. You may have that book free as well. □



Do You Have the NEWS BLUES?

By Lowell Wagner Jr.

If the news always seems the same to you — bad — *then you're ready for some really* good *news!*

Are you as sick and tired of bad news as I am?

One of my jobs on the *Youth 86* staff is to edit the "News That Affects You" section of the magazine. Every month, I wade through dozens of magazines, newspapers, wire service reports and television news broadcasts looking for news to include.

They all have one thing in common: Most of the news they report is bad. War and violence cause daily horror and suffering around the world. Across Africa, people die of starvation and malnutrition. Massive earthquakes and volcanic eruptions snuff out the lives of tens of thousands of people. Pollution ravages our land and poisons our water.

Even the good news can sometimes turn bad. In our January issue, we reported on Teacher-naut Christa McAuliffe's training for her flight on the Space Shuttle *Challenger*. Sadly, the world watched, stunned, as Mrs. McAuliffe and the other six members of the *Challenger* crew died in a fiery explosion during the launch.

Why is there so much bad news? Why can't there be a little good news today?

It's not just a fluke of history that our time seems to have more bad news than ever. Hundreds of

All this bad news, Jesus Christ said, is a sign that good news — the *best* news — is just ahead!

years ago, Jesus Christ talked about a time when most of the world's news would be bad.

"For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences [contagious diseases], and earthquakes, in divers [various] places," He said in Matthew 24:7 (Authorized — King James — Version throughout).

News before it happens

Doesn't that sound like a daily news report? Can't you picture stories from just the past few months that fit the descriptions that Jesus gave? Look at some of these recent headlines:

"Toll in Gulf War May Near Million"

"Africa Famine Called Long-Term Threat"

"Sexually Transmitted Disease Is No. 1 Health Problem"

"Earthquake Rocks Mexico; Hundreds Feared Dead as Buildings Fall and Burn."

It can get pretty depressing after a while. It is also frustrating hearing about all these problems around the world and knowing that we can't do anything about them. We want to hear *good* news so much that we might just start ignoring *all* the news. That way, at least, we don't have to listen to the bad news.

But look at what else Jesus Christ had to say about today's news. In Matthew 24, after talking about the bad news to come, He tells us in verse 42 to "watch." In Mark 13:37 He says, "And what I say unto you I say unto all, Watch"!

He is telling us in these scriptures to watch for the news events He had just described. But why does He want us to watch for all of these things? Does He really just want to make us miserable and depressed?



Today, it seems, no matter where the news comes from, it all seems to be bad. But there is good news ahead! (Photo by Nathan Faulkner)

No, this bad news He was describing in advance was the sign of the coming of the biggest *good* news story of all time. Let's go back to the beginning of Matthew 24. Here, in verse 3, we find the disciples asking Jesus, "What shall be the sign of thy coming, and of the end of the world [age]?"

Jesus starts by mentioning wars, famines, diseases and earthquakes, then goes into more detail of what those times will be like. In Luke 21, which describes these same events, He concludes the bad news by saying, "So likewise ye, when ye see these things come to pass, know ye that the kingdom of God is nigh at hand" (Luke 21:31).

Good news ahead!

And *there's* the good news: The Kingdom of God is near! All this bad news, Jesus said, is a sign that good news — the *best* news — is just ahead.

It is a sign that God will soon take over the ruling of this planet. He will intervene by sending His Son Jesus Christ to replace the human rulers that have led mankind to the verge of destroying all life from the planet.

After God's rule has spread over this entire planet, there won't be any bad news. Wars will end. No one will go hungry. Diseases will vanish. No one will die in natural disasters.

God describes that time in Isaiah 2:4 as a time when He will force the nations to "beat their swords into plowshares, and their spears into pruninghooks: nation shall not lift up sword against nation, neither shall they learn war any more."

It will be a time of peace, a time of worldwide happiness. In Isaiah 11:9, God shows that there will be no violence or destruction anywhere. "They shall not hurt nor destroy in all my holy mountain: for the earth shall be full of the knowledge of the Lord, as the waters cover the sea."

Does that sound like a better place to be than the world you live in now? Wouldn't you rather see headlines like: "Nations Lay Down Their Guns," "Teenage Suicide Vanishes" or "Teachernaut Teaches First Class From Space"?

That time is coming, and you can read more about it *now* in the book, *The Wonderful World Tomorrow — What It Will Be Like*. Order your free copy by writing to our office nearest you. The addresses are on the inside front cover.

When you hear the bad news of this world reported day after day, look beyond it. Look to a day when there will be nothing but *good* news! □

'We've GOT to Keep Going!'

By Wendy Styer

Those 12 hours in a cave taught me some lessons of endurance I'll never forget.

We crawled along on our bellies, exhausted, bruised and aching in every joint.

Our knees and elbows felt like pulp from their constant contact with jagged rocks and coarse sand.

We could not look up because there was not enough room to raise our heads, so we had to feel our way with our hands, using our feet and elbows to propel us forward. There was solid rock above us, below us and on both sides. We had the choice of moving forward or backward, but forward was the only way out.

We were in the depths of Crump's Cave in central Kentucky where we had been for 11 hours. We were now heading out, but we had at least an hour left to go.

I couldn't figure out why it seemed to be taking us twice as long to get out as it had taken to get in. I guessed that the constant stooping and crawling had really taken its toll on me.

We couldn't raise our heads. There was rock above us, below us and on both sides.

I began to wonder if we would get out of this cave. What if we had been going the wrong way all this time?

No shortcuts out

I wanted to quit. I can't remember ever feeling so tired in my life. Quitting would be so easy — or would it? I had to face the fact that if I quit, that would be it. There were no shortcuts out. I had gone six hours into this cave, so it would take at least that long to get out.

Like it or not, we were in a life-or-death situation. I didn't even want to think about it.

I could hardly feel my body anymore; it was just numbly moving along. I began to imagine how utterly blissful it would be to be able to stand up straight without the strict confines of rock walls.

What had I gotten myself into anyway? Why had I allowed my two brothers to talk me into coming with them on this trip? They had been in this cave before, along with several other NSS (National Speleological Society) members. They had known what to expect, but this was turning into more than I had bargained for.

Although I had been on several caving trips with my brothers before, this was by far the most difficult. They'd told me it would take 12 hours, but I didn't know 12 hours could last so long.

My brothers had called the trip "challenging." They had received permission from the owner of the cave to return, and they had been excited and anxious to get started. I had accepted their challenge to come along with great enthusiasm, but no matter how much that enthusiasm had since waned, it was too late to back out now.

I tried not to think about how dirty I was. That would only make me more miserable. We had to crawl through a stream upon entering the cave, and our soaked clothes had then seeped up the dry cave dirt like sponges. Our clothes had long-since dried, but the dirt had remained — feeling more a part of our clothing than the material itself.

Our faces were streaked with dirt and I could feel the grit of sand in my teeth. I also had the agonizing feeling of sand and dirt beneath my fingernails. But there was nothing I could do except crawl onward, inch by inch, hoping fervently to see the light from

the entrance. But the only light I could see was the glimmer of our carbide lamps against the rough rock walls.

Bodies crying for sleep

Once in a while we would stop a few minutes to catch our breath and allow some blood to seep back into our bruised limbs. It would have been so easy to fall asleep at such times, but we couldn't allow ourselves to. We could get cold too quickly and there was always the danger of hypothermia (a condition where the body loses body heat rapidly, resulting in death if not treated quickly).

"We've got to keep going!" my brother would soon call from ahead, and we would press onward, ignoring our bodies' cries for sleep.

I stifled a shriek when a large white cave cricket crawled across my path. All I could do was grit my teeth and crawl over it — hoping it would move out of my way.

I couldn't really figure out why they were called crickets. They looked more like overgrown spiders to me. They were about the only type of life we encountered in the cave, except for an occasional bat, or a white crayfish in the wetter areas.

I cringed as I thought of the time I had brushed against a bat, causing it to shriek and flutter away. I think *my* shriek was even louder.

We continued to crawl onward. Each minute seemed like 10. I hadn't known it was possible to feel this exhausted. I began to wonder if we ever would get out of this cave. What if we had been going the wrong way all this time? What if one of us became sick or injured — how could we ever get him out? What if . . .

Then my brother called from up ahead: "Hey, I feel a draft! We must be getting close to the entrance!" Those words had the power to snap me back into some state of consciousness. Each of us salvaged some adrenaline from somewhere and began to pick up our pace.

Soon I began to feel the draft too and my morale was lifted 100 percent. Then we heard the sound of running water echoing through the cavern walls. What music to my ears! It was the stream we had crossed near the entrance of the cave.

As I rounded the next bend, I was greeted by what seemed then to be the most beautiful sight I had ever seen. There was the stream — a flowing link to the outside world — and way off in the distance, I could see the ghostly glimmer of light that marked the cave's entrance.

I still was unable to stand up, but I knew that just across the stream, the passage expanded and I could once again walk like a human being (that is, if my jellied legs would support me).

Without hesitation I dragged myself into the cold water. I stirred up several crayfish as I plowed through the stream, but for once I didn't really notice them. My entire concentration was fixed on that glorious light ahead. I emerged from the water and, with a degree of renewed strength, trudged and stumbled the final yards to freedom.

I dragged my numb, mud-soaked body over the rocks of the pit's opening into the humidity and sunlight of a Kentucky July afternoon. I gave an earnest prayer of thanks to God and collapsed on the wonderful carpet of grass, telling myself that never again would I allow myself to be swallowed by that gaping tomb. I heard similar comments from my brothers as they, too, collapsed on the grass.

There were no shortcuts out. I had gone six hours into this cave, so it would take at least that long to get out. I didn't want to think about it.

I hadn't known it was possible to feel as totally exhausted as I did now.

We'd made it!

But somehow at that moment, in spite of my exhaustion, I felt great. We had kept on going! We'd made it!

In spite of the hardships, that trip was an experience I wouldn't want to trade. I learned some things in those 12 hours that I won't forget. Like the importance of endurance — of going on even when every part of you wants to stop. And I felt the exhilaration and satisfaction of finally reaching my goal and of knowing I had succeeded.

I knew I would think twice the next time I felt like quitting — even if it wasn't a life-or-death matter. Enduring to the end was so much better in the long run.

In fact, it seems to usually work that way. I can remember many times I've regretted quitting, but I can't think of one time I've regretted enduring.

What about you? Think of the tests of endurance you've faced. Remember how good you felt when you "stuck it out to the end," even when you felt there was no way possible?

Think of those times the next time you feel like you want to quit. There's light at the end of the cave. Keep going. You'll be glad you did. □

NEWS THAT AFFECTS YOU

The Perils of Teen Pregnancy

The stresses of premarital pregnancy are tough enough on teens, but for the children of teenage parents, the effects can be tragic — even deadly.

Children of teenage parents have higher than normal rates of illness and death. Later in life, these children often have to deal with many mental and emotional handicaps.

One of the main causes of these problems is that teen mothers run about twice the risk as mothers in their 20s of delivering a low-birth-weight baby — one that is 5.5 pounds (2.5 kilograms) or less. Babies this small are more likely to have lung, brain and intestinal problems, requiring much longer hospital stays and much higher medical bills.

A 15-year study by the Arizona Department of Health Services says that a single mother with good care during pregnancy was 60 percent more likely to have a low-birth-weight baby than a married woman with similar care.

The study also indicates that age is a factor. A woman 19 or younger is 60 percent more likely to have a low-birth-weight baby than a woman who is 25 to 34 years old.

The study shows that lack of care during pregnancy is not the only cause of this difference. It indicates that the stress of being a single mother may play a major role in causing low birth weight.

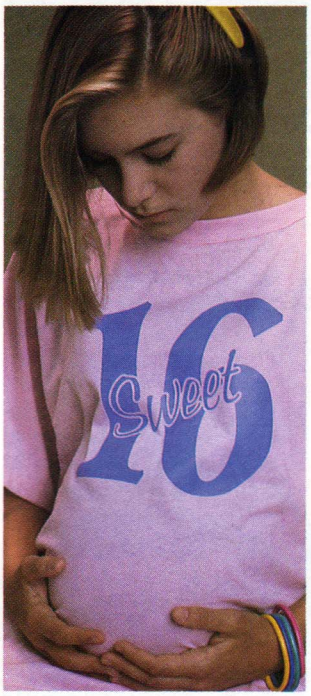


Photo by Hal Finch

Clearly, the risk to children of teenage mothers is high. Teenage mothers-to-be and mothers can overcome some of these risks, but it will require a great deal of extra effort. They should get help and advice from those in the know about nutrition and child rearing, like their parents.

With these perils in mind, it's clear why many teenage parents have written to *Youth 86* warning other teens that a moment's worth of passion is not worth the lifetime of hardship it could cause for a small child.

(For more on this subject, including a letter from a teen mother, see page 1.) ■


Illustration by Ken Tunell

Video Update for 900-Year-Old Book

It's a mix of history and high-tech — kind of "William the Conqueror Meets the 20th Century."

The British Broadcasting Corporation (BBC), as a part of Britain's celebration of the 900th anniversary of the Domesday Book, is now compiling a computer and video disk-based survey of the nation with the help of students at 14,000 schools.

When William the Conqueror ordered the first Domesday Book as a survey of his newly acquired kingdom of England in A.D. 1086, he had to rely on quill pens and parchment. The document became a cornerstone of modern British history. It contained a detailed look

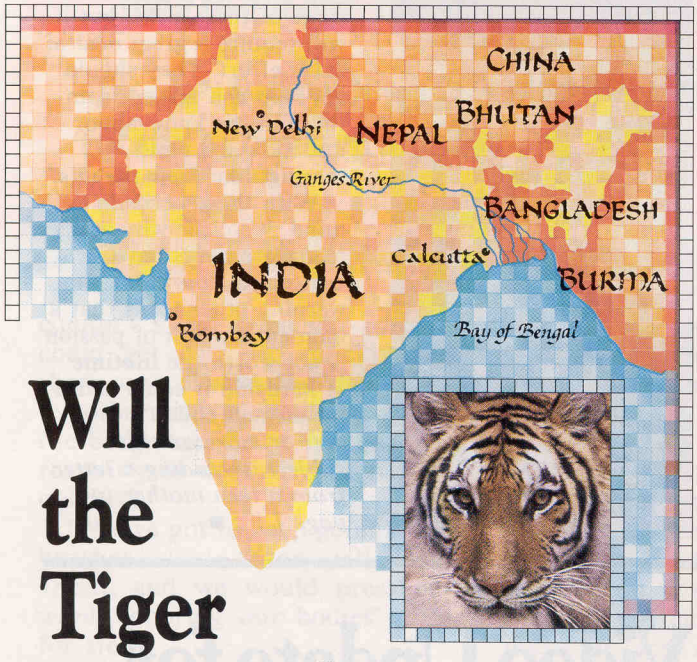
at life in that time.

William used it to help him collect taxes and better rule England. Prince Charles, heir to the British throne, has said the Domesday Book "enabled the Crown to govern more effectively than any other European monarchy."

Though the BBC's version probably won't have as big an effect, it will contain an in-depth look at all of Great Britain. The information will be recorded on two video disks that will be hooked to a computer.

Using the two disks, the computer can give researchers of the future a good feeling for what life was like in Britain in 1986. It is even possible to take a video walk through Britain's towns and homes.

Now wouldn't history class be a lot easier today if William the Conqueror had put everything on video disk instead of parchment? ■



Map by L. Greg Smith; photo by Kevin Blackburn

Will the Tiger Survive?

Will the tiger survive the century? According to some wildlife experts, the chances are slim.

At the beginning of this century, there were about 100,000 of the big cats — divided among eight kinds of tigers — roaming the wilds of Asia. Today, three of those types have disappeared. Four others are on the edge of extinction.

Only the Indian Royal Bengal tiger — which roams India, Bangladesh, Nepal and Bhutan (see map and photo above) — has much of a chance of making it into the 21st century. The largest species of tiger, the Siberian tiger, which roams the eastern Soviet Union, has dwindled to 350 in the wild, though about 1,000 of them survive in zoos around the world.

The Chinese tiger is in particular danger of extinction. Fewer than 50 of them are thought to survive in the wild. Saving the few left is difficult for the Chinese government since nearly every part of the tiger has some role in folk medicine, making it a much prized and much hunted creature.

One of the tiger's biggest enemies has been its image as a threat to man. In reality, only old and weak tigers sometimes develop a taste for humans. Most tigers will attack a human only in self-defense.

Although the tiger is now legally protected from being hunted in nearly every country where it is found, man is still the tiger's biggest threat. As the newsmagazine *Asiaweek* put it: "The tiger is in trouble because, put simply, there isn't enough room in Asia for both man and tiger."

Growing human populations in Asia have destroyed much of the forest and grassland where tigers — and the goats, deer and wild hogs they eat — have always lived and hunted. Since there are less areas for the tiger's food to live, there are also less tigers.

Most countries with wild tigers are taking steps to reverse this trend. Nepal carefully guards its remaining tigers with government troops. Bhutan has reserved about 20 percent of its area for wildlife preserves. Burma is the only country in the world with a wild tiger population that has no laws providing protection for the tiger.

If the tiger does make it into the 21st century, the people of India can claim a great deal of the credit. The government maintains 15 tiger preserves around the country and strictly enforces laws against killing tigers. These efforts have paid off: In 1973, there were only about 1,800 tigers in India. Today, there are nearly 4,000. ■

TRENDS TO TALK ABOUT

Wrong Time of Year. It always seems to come up about this time of year, though. Just as teens across the Northern Hemisphere are enjoying summer vacation, talk seems to spring up about — shudder — year-round schooling.

The latest round of debate on the subject is caused by overcrowding in some school systems. This is a change from the 1970s, when year-round schooling was often started to improve the quality of education.

Today's school systems say year-round schooling would free up more classroom space to make room for the growing number of students.

Controversy rages over the whole idea. One teacher's union president says: "A majority of teachers like year-round

Supercities of the Year 2000

Bigger isn't always better. That's what people in some of the world's supercities are finding out. These cities are growing at amazing speeds — but not without some big problems.

One of the best examples of the problems these cities are running into comes from Mexico City. In that city, the effects of pollution kill nearly 100,000 people every year.

"The question is not whether we will be able to live a pleasant life in a few years from now," one environmentalist said. "The question is whether we will be able to survive."

Although some of the growth is from within, many of the new city dwellers have come from rural areas in search of jobs. As cities grow larger, so do the problems of crime, pollution, poor housing, disease and unemployment.

What's in store for the world's supercities? Will they continue to grow uncontrollably? Or will someone find a way to fix their problems?

For an easy-to-read look into the future of these cities, write for our book *The Wonderful World Tomorrow — What It Will Be Like.* It's sent out free, in the public interest. ■

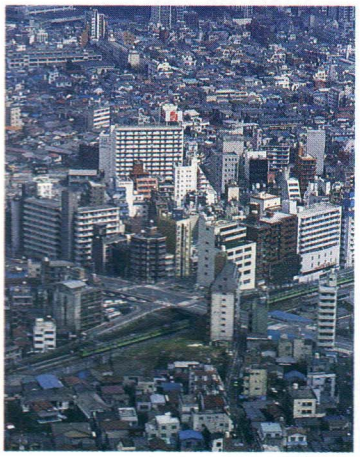


Photo by Kevin Blackburn

Major problems loom ahead for some of the world's major cities — like Tokyo (shown at left). Chart (above) shows world's largest cities now and in 2000.

World's Largest Cities • Population Growth

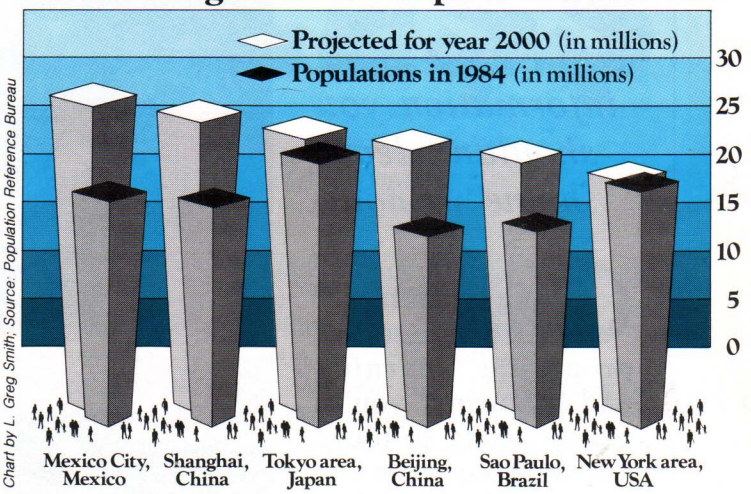


Chart by L. Greg Smith; Source: Population Reference Bureau

schools." One teacher, though, says: "It will be a disaster for both school and the community."

The "Life Belt." Great Britain's seat-belt law has been a success so far, says a report in the *British Medical Journal.* The report compares the 12 months before the law went into effect with the 12 months after.

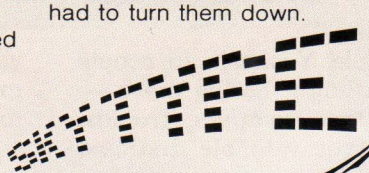
It found that 95 percent of the British people were wearing their belts, that admissions to hospitals for auto injuries were down 42 percent and that deaths were down 27 percent. When injuries did occur, they were less severe. Maybe that's why it's called the "life belt."



A Young Planet. A United Nations report says that more than half — about 53 percent — of the world's population of 4.9 billion* is age 24 or younger. That works out to about 2.6 billion young people. About 21 percent of the world's people are between 10 and 19 years old — about one billion.

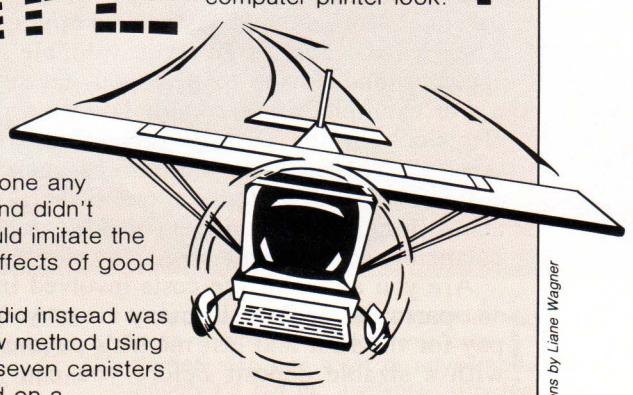
Skytyper. Think of it as a dot-matrix computer printer in the sky. That's how George Sanborn thinks of it. And he should know, since he invented it.

When Mr. Sanborn, a pilot, started getting requests from customers to do skywriting, he had to turn them down.



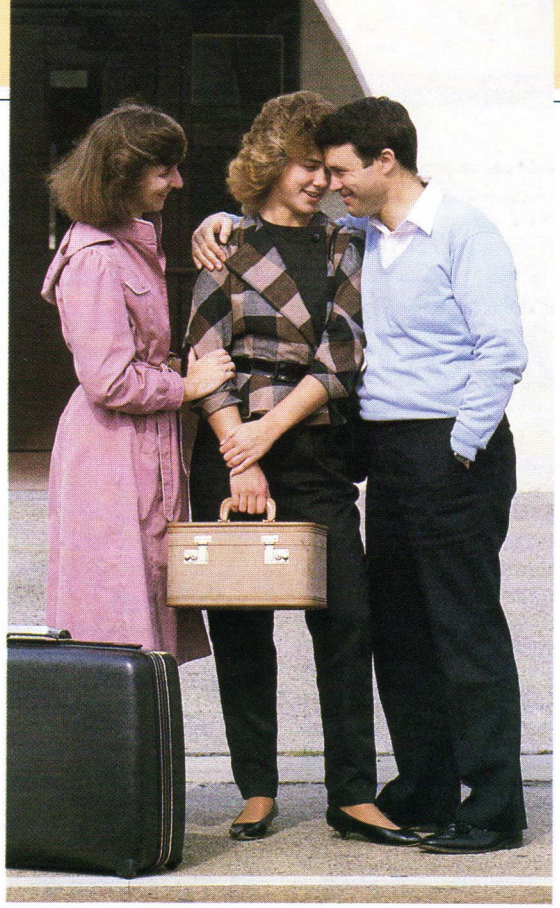
He hadn't done any skywriting and didn't think he could imitate the pencil-like effects of good skywriting.

What he did instead was invent a new method using a series of seven canisters that dangled on a 300-foot- (90-meter-) long cable beneath his airplane. Each of the canisters, on command from a computer on the plane, lets out a short puff of smoke. The computer times the puffs so they form letters that have a high-tech, computer-printer look. ■



Illustrations by Liane Wagner

*Thousand million, British usage.



BEFORE YOU LEAVE HOME

By Gail Singleton

Here's some information you shouldn't leave home without.

Congratulations! After years of preparing, learning and maturing, you're nearly ready to move out on your own.

It's a thrilling time — setting up and decorating your own apartment or dormitory room, looking for and starting a new job, facing dozens of new and exciting decisions. Exciting, yes — and a little frightening.

Whether you're headed halfway around the world for college or down the street to share an apartment with a roommate, there are probably a lot of questions on your mind. Here are some tips I and other young adults have learned.

Talk! One of the first things you should do before you leave home is talk! Yes, talk to people who have already gone through the big move — parents, brothers and sisters, relatives, friends. They will be able to give you valuable firsthand accounts and advice to help you get set up.

For example, do you know how to arrange for electricity, water, garbage pickup and telephone service? Do you know how much each of these costs? Ask your parents about these things and about things like opening a checking account and balancing your checkbook.

Are you aware of the costs involved in renting an apartment or flat? In many areas, you need to pay for the first and last month's payment, along with a sizable deposit before you can move in. Knowing these things in advance can prevent some frustrations. (This financial aspect is a big subject. You'll want to check the library for books on it as well.)

Photo by G.A. Belluche Jr.

Of course, you may be moving somewhere, like college, where you won't have to worry about all these immediately. But make sure you know what living expenses you *will* need to meet at college.

Not all the things you need to know are financial by any means. Moving away from home has a big effect on our emotions as well. Don't assume maturity means you can't cry or tell others that you'll miss them.

Talking to your parents about your move and getting their advice lets them know you appreciate them. Now that you're taking on the responsibilities of adulthood, you can appreciate more than ever the many things your parents have done for you.

Remember, your move has an emotional impact on your parents as well. Make sure you leave on good terms — many people deeply regret having slammed the doors and burned the bridges behind them.

What about after you've made all the arrangements and have moved out on your own? Here are some things to keep in mind.

Nutrition and exercise! Remember to eat well when you are out on your own. Some go overboard with junk food when they no longer face their mothers spooning vegetables down their unwilling throats!

Instead, eat well-balanced meals. Why not ask your mom to show you how to fix a number of favorite simple dishes? Don't forget to eat plenty of vegetables and fruits, whole grains and other fiber-rich foods. Drink plenty of water and juices. Don't overindulge in desserts, sodas and fatty foods. Remember, you cannot do your best or enjoy life when you are sick.

Exercise is the companion of good nutrition

(Continued on page 29)

DRESS FOR LE$$

By Kathy Burch

Here's how you can look good on a limited budget.

Face it. Clothes are expensive. And the styles are always changing. An allowance or salary from a part-time job can only stretch so far. What's a poor teen to do?

You've seen those people at school who ALWAYS look put together. How do they do it? They *can't* be millionaires by age 15!



Believe it or not, there are a few tricks that will help anyone — girl or guy, young or old — look great with a minimum amount of money.

Bargain hunting

The first place to look for bargains is (surprise!) your own closet. Separate all items into groups: pants, jackets, shirts, blouses and so on. Now put some combinations together. For example, if you're a girl, maybe you haven't tried the blue skirt and pink blouse together before. You'll probably come up with several new outfits without spending anything.

What about those clothes you don't wear anymore? If it's OK with your parents, it's probably a good idea to stop cluttering up your closet with them. Give them to your younger brother or sister, or get together with your friends and have a clothes-swapping party. You can trade items, or have a full-fledged sale with prices marked on each item. Not only can you find bargains in your friends' closets, you might make a little money too.

Another way to stretch your clothing budget is wise shopping. Not only can sales save money, the quality and style of the clothes you buy can too.

One principle to keep in mind throughout your life is to buy the best quality you can afford. I know it doesn't sound like that will save you money, but, especially if you've stopped growing, it will in the long run. High quality, nonsynthetic fibers, such as cotton, linen or wool, are best because they last longest and look the best.

Use the information you learned by going through your closet to develop a master plan for the clothes you need to buy. Think about buying clothes you can mix and match.

For example, both guys and girls can use neutral-colored basic clothes (such as black, gray, tan or white) in creating a core wardrobe. Put together several pieces of clothing that go with each other and with several other pieces in your closet. That way you can have several outfits from just a few pieces.

Simple styles that fit well will be the best bargains, too. Many girls find they can change the appearance of a simple outfit just by using accessories. Scarves,



Shopping wisely is one important way to save money. Sewing your own clothes also has a lot of advantages, though it's not for everyone. (Photos by Hal Finch)

There are a few questions to ask before buying. When and where can I wear this? Is it really flattering?

jewelry, sweater vests and belts all help to change an outfit.

For guys, a couple of casual slacks in a neutral color will go with many different shirts or sweaters.

If you want bargains, be prepared to look for them. Factory outlets, department store bargain basements, sale racks and seasonal clearance sales offer good prices, but you must be careful to check for quality, fit and the presence of flaws.

Find out when the best sales are in your area, then get ready to find some good bargains.

A note of caution: Sales are terrific, but they can make you crazy. Don't, repeat, DON'T buy anything that doesn't go with anything else you own. No matter how much you love the item, it won't be worth the money you spent and will probably end up unworn at the back of your closet. Ask yourself, When and where can I wear this? Is it the right color? Is it well made?



Maybe this wasn't exactly what your parents had in mind when they gave you some money to buy school clothes! If not, you'll probably have to take it all back.

Another way to stretch your clothing money can be to make your own clothes. Not only can you save money, you can make sure what you make fits perfectly. You will also have the satisfaction of accomplishment.

If you want to sew your own clothes, start with simple patterns and inexpensive fabrics. As your skills improve, you can graduate to more complicated styles and more expensive fabrics.

Sewing is not for everyone, however. What if you don't have the proper equipment, don't know how to sew and don't have the desire to learn? Maybe you can find quality bargains in abundance, and you'll save both time and money by buying your clothes. Consider these things.

Clothes care

When you buy clothes, be sure to read the labels for the proper cleaning instructions.

Hang only clean clothes in your closet. Dirt attracts insects. Mothballs or a string of basil leaves will keep your clothes safe from attack.

Your clothes will last longer if they are cleaned, pressed and repaired properly.

What about fads? Some fads are fun. They add variety and novelty to your wardrobe. However, there are a few questions to ask yourself if you are planning to buy a fad item.

Is it *really* flattering to you? It seems like every year some of the new styles are downright ugly. They don't flatter your face or your body and who needs that?

Would your parents approve? Are you buying it to shock them or draw attention to yourself in a wrong way?

It's best to spend a minimum of your clothes budget on these items. Remember, by their very nature, they won't be popular for long, and you don't want to be stuck with a closet full of outmoded clothes.

Clothes are a lot of fun. Experiment with what you have, shop wisely, perhaps learn to sew and care for what you own.

Using your imagination and common sense can keep you dressed well with a minimum amount of money. □

Curiosities on Display

By Victor Kubik

Come visit places where you'll find yourself saying, "I didn't know that!"

A crowd gathered in front of the 14-acre (5.7-hectare) building. With anticipation we waited for Chicago's No. 1 tourist attraction to open.

Finally, at 9 a.m. sharp, the doors swung open and we rushed to become part of its four million annual visitors.

Within minutes I was experimenting with sounds — pushing buttons and turning dials. I was learning how man stores, amplifies and transmits sound. I didn't know that it was Leonardo da Vinci who first learned that sound is actually energy moving through the air in waves.

In one demonstration I spoke into a telephone and heard my voice played back as it would have sounded on wall phones in the 1920s, '30s and '40s.

From the sound exhibit, I went to explore the story of petroleum. Big lit displays explained how oil was created and how it's refined and used today.

Other fascinating exhibits were a captured World War II submarine and a realistic, full-size coal mine.

No way could anyone get through all the 75 exhibits of Chicago's Museum of Science and Industry in one day. I was surprised how many things I hadn't known before. I also noticed that a good percentage of the visitors were teenagers.

Throughout history people have always gathered objects they thought were unusual, beautiful or important. Alexander the Great in the fourth century B.C. collected samples of rocks, plants, animals and art from the lands he conquered. They were brought to Greece and put on display, becoming the first known museum.

Museums vary in size from small one-room displays to strings of buildings with many thousands of exhibits, such as the Smithsonian Museum in Washington, D.C., the Hermitage in Leningrad, U.S.S.R., and the British Museum in London, England.

You can find museums everywhere — in small towns, the countryside, on a ship or in large buildings. Here are some of the different kinds of museums you might consider visiting:

Science. These are generally popular with teens because of the hands-on exhibits you can demonstrate yourself.

In science museums you will see exhibits about robots, computers, electricity, telephones and television. You can learn how something first began, how it works and what its future use might be.

One museum even has a giant model of the human heart and other organs that you can walk through!

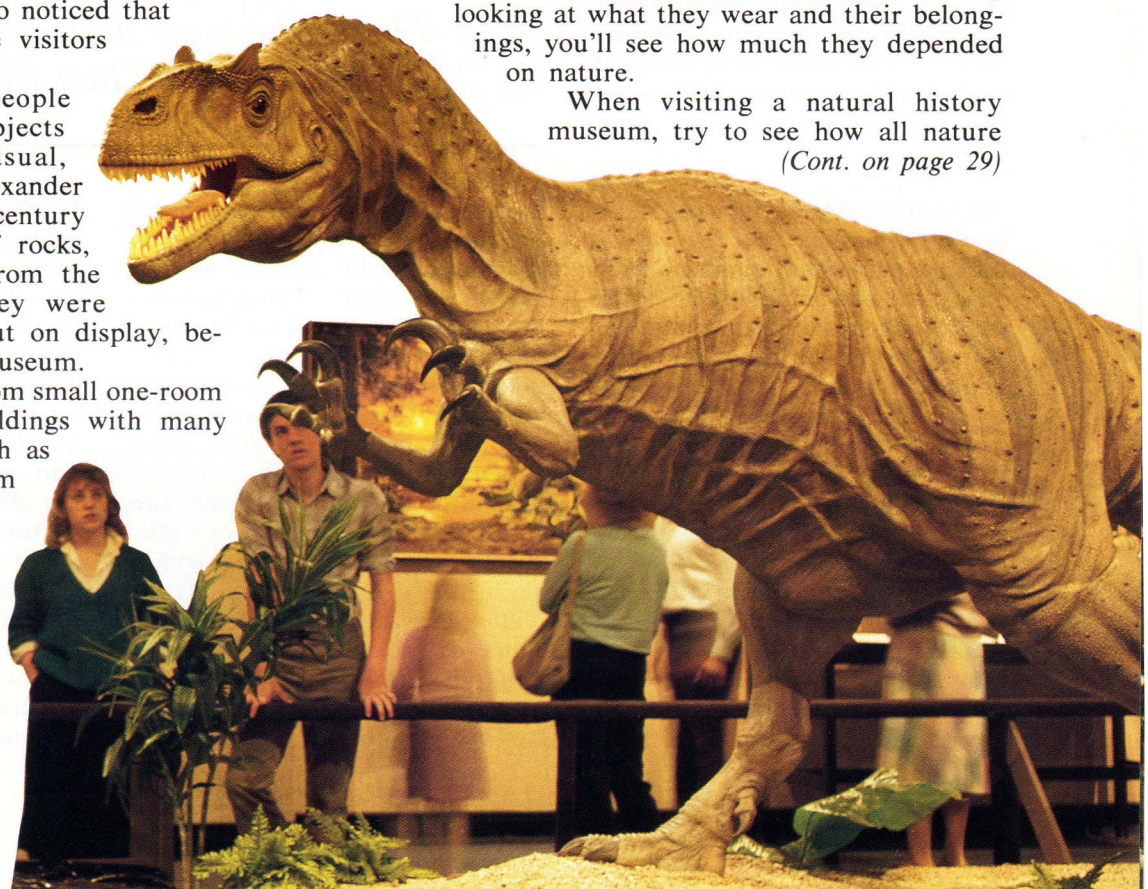
Natural History. Here you will see stuffed animals, insects, fish, birds and plants. These museums show the history of the earth, how it's changed and how man relates to his environment.

In the larger museums, the most popular exhibits are gigantic dinosaur skeletons.

A display may feature the life of native peoples such as the American Indians. Scenes may show a family planting corn, women grinding corn into flour and cooking the family meal over a fire. By looking at what they wear and their belongings, you'll see how much they depended on nature.

When visiting a natural history museum, try to see how all nature

(Cont. on page 29)



Dinosaurs are a major attraction at natural history museums. (Photo by Nathan Faulkner, courtesy Natural History Museum of Los Angeles County)



NORTH TO THE FUTURE

By Susan M. Vaught

That's the state motto of Alaska — America's last frontier.

The native Aleuts called it Alaska — the great land.

But in 1867, when the United States bought Alaska from the Russians, people had other names for it. They called it Icebergia, Seward's Icebox and Seward's Folly (U.S. Secretary of State William H. Seward had arranged the purchase).

Today, however, the about 2¢ an acre the United States spent seems like an incredible bargain. Gold and oil alone have brought in hundreds of times more than the purchase price.

Home in the wild

Living in Alaska is living close to the wilderness. A family can be sitting in their modern home on a lake and suddenly find the room darkened by the shadow of a bald eagle. The majestic bird glides down to hit the water and carry off a fish struggling in its talons.

Moose move close to the houses in the valleys in winter and can make highways dangerous. In spring the moose calve in the valleys and even graze in farmers' fields.

The bears are always getting into trouble. Most of the time they are not seen, but occasionally they will bother some of the farm animals or get into garbage.

Probably the biggest danger in many parts of Alaska is the severe weather. Temperatures can suddenly plunge to 30 below zero Fahrenheit (-34 Celsius). Alaskans must always be prepared in the winter with extra clothing, boots and equipment called survival gear.

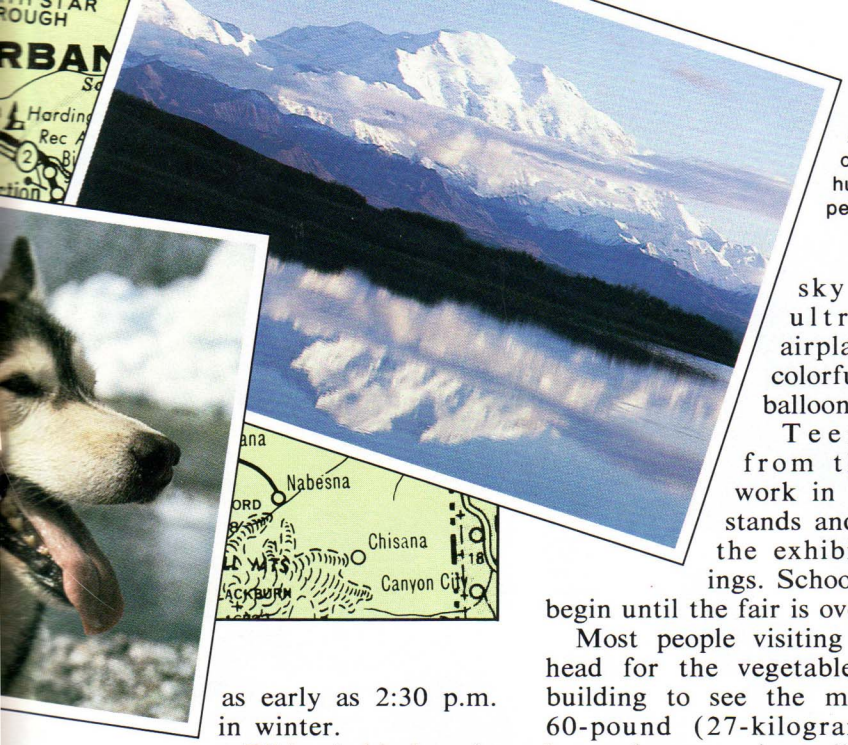
Wintertime can also be fun time. In winter teens in our area may get together for downhill skiing at Mt. Alyeska or Arctic Valley in the Chugach Mountains. A great place for cross-country skiing is Hatcher Pass in the Talkeetna Mountains.

Tobogganing on the luge in Fairbanks is another winter favorite. After we have had enough of the cold, it's off to the Chena Hot Springs for a swim. Ice-skating and snowmobile racing are also popular.

But it's not winter year round. As if to make up for the long winters, the summer days are long. North of the Arctic Circle the sun doesn't set at all for part of the summer. Where we live north of Anchorage, sunset is as late as 10:30 p.m. in summer and



Photos: page 14, Elinor Fransson, John Vaught; on the fold, courtesy Alaska Tourism Board; page 15, Vic Bruss

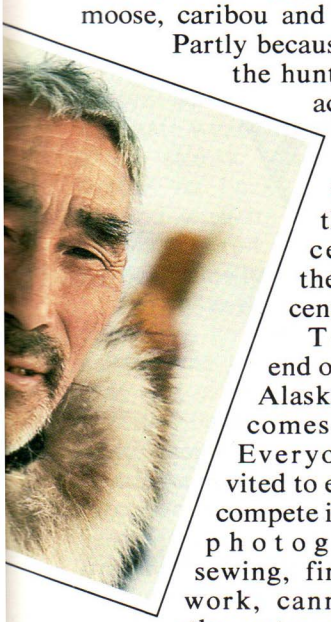


Many things make up Alaska (from left): the Alaska State Fair; a Russian church still in use on the Kenai Peninsula; ice-skating; an Alaskan husky; a Kotzebue Eskimo; Mt. McKinley, highest peak in North America; (below) a caribou.

as early as 2:30 p.m. in winter.

Biking is big here in the summer with clear roads and long days. Other common activities are bowling and roller-skating.

Boys love to go hunting with their fathers. The schools don't even get a firm student count until hunting season is over in the autumn. Hunting and fishing are serious business to some Alaskans who live on the wild meat of moose, caribou and salmon.



Partly because so many of the hunting areas are accessible only by small planes, a few teens get their pilot's license before their driver's license.

Toward the end of summer the Alaska State Fair comes to Palmer. Everyone is invited to exhibit and compete in artwork, photography, sewing, fine handiwork, canning and other categories.

The 4-H clubs and Future Farmers of America show and auction their livestock. There are also horse and dog shows, horse races and a rodeo. The fair also features sky divers, ultra-light airplanes and colorful hot-air balloons.

Teenagers from the area work in the food stands and help in the exhibit buildings. School doesn't begin until the fair is over.

Most people visiting the fair head for the vegetable exhibit building to see the more than 60-pound (27-kilogram) cabbages, huge turnips, wild berries and beautiful fruit that no one thought would be able to grow in Alaska.

The big land

And it's not just the vegetables that are large. Alaska itself is big. Consider that it spans four time zones and is as large as the 21 smallest states of the United States put together. And that just the Malaspina Glacier itself is larger than the entire state of Rhode Island.

But there aren't a lot of people to fill up this great land. As far as population goes, Alaska is the smallest of the 50 states.

Alaska is made up of many kinds of people from all parts of the globe. Anchorage, the largest city, is one of the crossroads of the world and Alaska holds a strategic place between world powers. It is the only state to actually have had a battle of World War II fought on its soil. The Japanese took over Attu Island in the far-flung Aleutian chain.

Newcomers to Alaska are called *cheechakos,* which is a kind of tenderfoot. It is said in fun since most can remember when it applied to them. The sourdough is the old-timer, one who has survived a long time in Alaska. Some live in the bush — remote areas that can only be reached by boat or plane. Some live in log cabins in the middle of a city or town that has grown up around them.

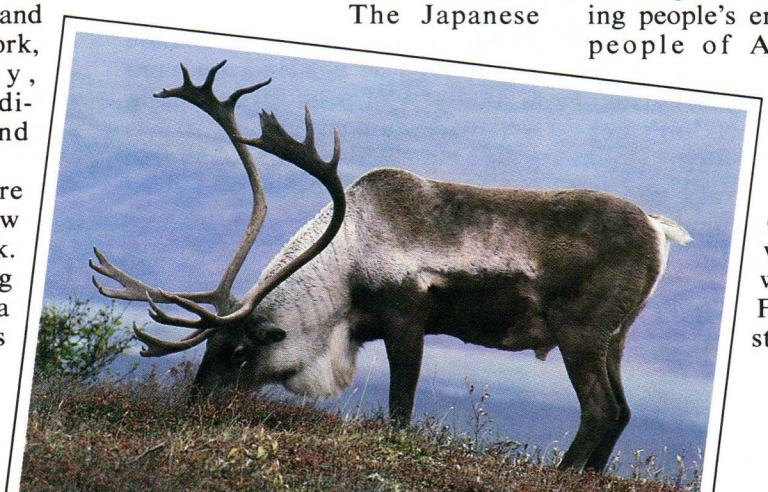
Call of the north

Although the Russians first reached Alaska in 1741, few people came until the gold rush of the late 1800s. Cities sprang up overnight — Skagway went from 0 to 20,000 in three months! Although many left, some of the hardy miners stayed.

During the Great Depression of the 1930s, another group came north, this time not looking for gold, but land. People were willing to face Alaskan hardships just to have a chance to farm. Homesteaders began to settle the Matanuska and Susitna valleys, the agricultural area where my family lives. It wasn't until 1959 that Alaska became the 49th state of the United States.

In Alaska the past is always with us. Russian Orthodox churches are still seen, as are the native Indian spirit houses, built to keep supplies for the dead.

But, as in any frontier area, it's creating the future that is capturing people's energies. The hardy people of Alaska, whether *cheechakos* or sourdoughs, are working hard to carve a place for themselves out of the untamed wilderness. That's why "North to the Future" is a fitting state motto. □





The SKUNK'S Side of the Story

By Clayton Steep

No animal has more scents than this misunderstood little furry creature!

What is black and white and red all over? Some might answer: an embarrassed skunk.

The only problem with that answer is that skunks don't get embarrassed easily. But they certainly can embarrass you if you happen to be standing in the wrong place at the wrong time.

Oh, it's not that skunks are mean. Not at all. They are generally misunderstood, but their bad reputation is not justified. Those who have skunks as pets say they are among the most devoted and affectionate of pets, getting along well with humans.

Well-behaved pets

Some people living in apartments where dogs and cats are not allowed are permitted nevertheless to have pet skunks. Why not? Skunks trained from infancy are clean, well-behaved, attractive little animals. They don't ruin things by clawing or chewing on them as some pets do. They don't make noise, are reasonably easily housebroken and shed only a minimum amount of hair. And the skunk's playfulness provides constant amusement.

In nature, skunks are among the most valuable of pest-eating animals. Their diet includes bugs, harmful worms, even mice.

It goes without saying, of

Skunks don't use their famous spray unless it is necessary. It's the only real defense they have.

course, that if you decide there is a pet skunk in your future, you should not just let into the house the one living under the porch! Doing so will not score many points with the rest of your family. You yourself might soon regret it too.

Not only may wild skunks carry rabies and other diseases, as many wild animals do, but to become a good pet, a skunk should be handled by humans beginning when it is only a few weeks old. This way it grows up "civilized."

And, probably just as important, you might not want a skunk for a pet unless the little stinker has been "disarmed" by means of minor surgery, just in case (though some owners insist it is not necessary).

Skunks do not look for a fight. They don't use their famous spray unless it is necessary. We shouldn't blame them when they do, however: It's the only real defense they have.

But the skunk is fair. It gives ample warning before using its ultimate weapon. First the threatened skunk lowers its head, arches its back and stamps the ground with its front feet. If all this is ignored, the skunk shakes its head slowly from side to side.

If you ever see that happen, you have no time to linger, because next the tail goes up, the rear end is swung around and — bull's-eye! You undergo a most unpleasant experience — one of those unforgettable moments in life.

How did the skunk come to be?

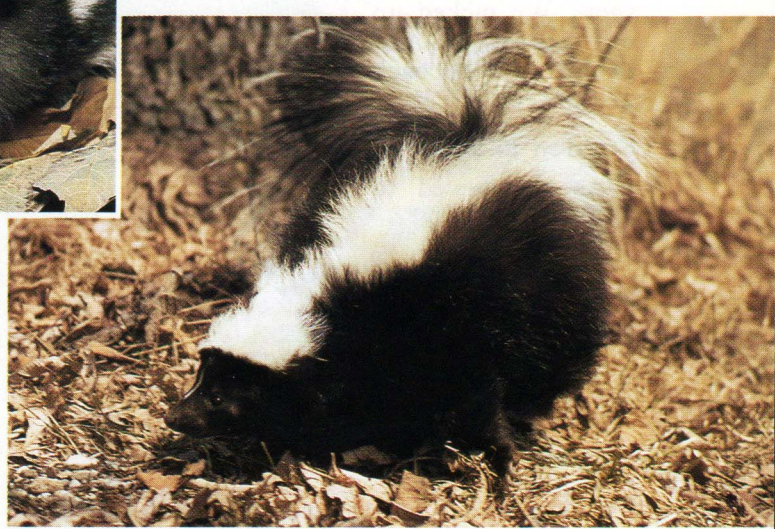
It should be noted that while we are here focusing on the common North American skunk, several similar animals inhabit Central and South America and Africa.

The African zorilla is so much like the North American skunk in behavior and appearance that many evolutionists marvel. They have no adequate way of explaining how the two similar animals could develop in such widely separate locations except to say it is "remarkable."

Not only do the two animals resemble each other in size, coloring and general habits, they even "independently developed" (according to evolutionists) the same kind of highly specialized weapon! Talk about a remote coincidence!

Evolutionists certainly deserve some kind of award for willingness to cling to their theory in the face of astonishing mathematical odds.





The spotted skunk (left and page 16) and the striped skunk (below) are two of the nine species in the Americas. (Photos: Peter Arnold Inc. — John R. MacGregor and Clyde H. Smith)

But let's look at the skunk's weapon a little more closely. It consists of a pair of scent glands imbedded in muscle tissue on the rear end. Many animals have similarly located glands, but only the skunk has glands that are able to send out a terrible-smelling spray capable of great accuracy in hitting a target at a distance of 10 feet (3 meters) or more.

Should any of the fluid get into an enemy's eyes, it is extremely painful, even temporarily blinding. Especially at close range, the smell is overwhelming and repulsive. And quite effective.

The scent is so powerful it can be smelled by humans up to one mile (1.6 kilometers) away and by some animals even farther away than that. And the spray can be repeated several times if necessary.

The theory of evolution is faced with a problem here. It must once again disregard great mathematical odds by declaring that those effectively operating scent glands came into existence suddenly. (Can you imagine the surprise of the first skunk to discover them?)

Or evolution must hold that those amazing scent glands developed gradually. But that requires blind faith, because there is no proof or adequate explanation to support the idea. How would the skunk have protected itself before these special glands developed?

The truth is, of course, that skunks are the way they are, scent glands and all, because the Creator God made them that way. No other explanation could make scents! □

Mountain Climbing-
More Than a School of Hard Rocks

By Michael Warren

Once you see the view from the top, you know why people climb mountains!

The wind rasped the snow and rock and numbed our fingers as the sun set over the ocean to the west.

Tom and I sat on a piece of granite at the summit enjoying the view. We ate peanuts, putting our mittens back on after each handful.

To the east the peaks were lit up in brilliant pink. Then they shone silver against the stars, which were mirrored in the lights of the city more than 9,000 feet (2,750 meters) below us. We put on face masks as the wind picked up and blew tiny flakes of ice across the summit.

As the temperature dropped, our toes drove us to action. We hopped down from our balcony seats, breaking through a crust of ice and into the powdery snow. We picked up our ice axes and made our way back to the tent.



Sudden silence

As we moved to the point where the mountain blocked the wind, we were instantly struck by the silence. The only sounds now were the crunching of snow under our boots and the whistling of the wind in the distance and the sound of our breath as we pushed toward camp.

We had dug a small platform not far below the summit for our tent. We were tired, but as we crawled into the small opening one at a time, we had to remove the gear and clothing that are essential for walking around outside.

While one of us stood outside in the cold, the other pulled and tugged at boots with frozen laces, gaiters, wool socks, silk socks, silk pants, wool pants, nylon pants, parkas, face masks, mittens and gloves.

With the final task of the day conquered, we crawled into our sleeping bags. The inside of the tent glowed green from our lights.

In the warmth of our bags we fell asleep almost instantly, only to be awakened with our tent painfully bright as the sun rose above a nearby peak. The dressing process started and in a little while we were back out in the snow.

This time we were melting snow on our stoves to have water for the first half of the day. In less than an hour the sun was turning the snow to slush and the fairy tale scene of rock, snow and ice blazed with the sun's glare. Off went the down parka, and on went the sunscreen and sunglasses.

Exploring the vertical dimension

The exciting world of mountain climbing brings to mind photos of unshaven men high in the Himalayas. And who

(Continued on page 23)



The only sounds were the crunching snow underfoot, the whistling of distant wind and our own breath.

Mountaineering is among the most thrilling experiences, both mentally and athletically, in the world.







The summit view is one you won't forget. The elements of ice, snow and rock combine to make the mountains a wonderland of contrasting color. Thomas Greider, center, rests on the summit of Mt. Whitney, 14,495 feet (4,418 meters), the highest peak in the continental United States. (Photos by Thomas Greider and Michael Warren)





IDEAS PLUS

Mail Yourself to a Friend

All of us love to get letters, but after we do, we're faced with a problem: We need to write back.

You've probably noticed that some people have the gift of writing entertaining and informative letters — the kind of letters people save for years. With a little thought and imagination, *your* letters can be changed from a simple listing of events to a real record of your life and personality. Your letters can be *you* on paper!

One way to liven up your letters is to enclose things that relate to something you've written in the letter. For instance, if you've been talking about a dress you've been making, enclose a small piece of the material.

Other things that add interest are pictures, drawings or souvenirs. Be creative. If it will fit in an envelope and isn't too heavy, send it!

If you write regularly to someone, it can be fun to tell a story in installments in your letters. Each letter can hold a new adventure for your characters. My friend and I used to exchange our own comic strips. Thinly disguised, we were the main characters. Each new strip contained our new escapades.

Recounting a typical day, from the time you get up until the time you go to bed, can be especially good for people you don't see often. Your grandmother, for example, would probably love to hear the kinds of activities you are involved in, the classes you take or what your friends are like. Describing a typical day can be a lot more interesting than simply listing what you do.

Don't think that every word you write has to be original, either. Enclose jokes, interesting quotations, funny signs you've come across, or passages from something you've read and enjoyed (or even disliked).

If the thought of filling two or three pages of paper keeps you from writing, why not use small notes or even postcards? It might be just the thing to brighten someone's day.

If you want to write interesting letters, make your life interesting. Learn to see the excitement and beauty of life. Learn to share your ideas, hopes and dreams and put them into your letters. It's this sharing and giving of yourself that makes an interesting letter.

There are many other ways to be creative in your letter writing. Use your imagination and you'll soon find yourself creating letters your friends and family will wait for eagerly and treasure for years.

— By Kathy Burch □





Protecting Your Sound Investment

You lean back in your favorite chair, ready for some great music. Your stereo's 15-band graphic equalizer and its spectrum analyzer wait to mold the sound to perfection. The jet-black 200-watt woofer glistens while the direct-drive turntable spins effortlessly.

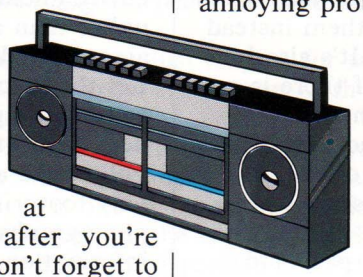
Then comes the music — and the frustration of the record playing the same thing over and over, punctuated by annoying clicks.

Agony.

Even the most sophisticated stereo system won't produce good music if it isn't properly cared for. Here are a few tips to help you keep your records and tapes sounding clean and clear no matter what kind of sound system you may have.

Illustrations by Bruce Hedges

• If left on an album cover, the plastic wrapping can cause a record to warp. Remove the wrapping as soon as you get a new album home from the store.



• Carefully clean records before you play them. There are several good record-cleaning products available at record stores. And after you're done with a record, don't forget to put it back in its dust jacket.

• Dust and fingerprints cause sound distortion. Handle a record only by the edges and use a dust cover on your stereo while the record is playing.

• Static also causes distortion. Use an anti-static spray occasionally to control this rather annoying problem.

• Before playing a record, check the needle and turntable for collected dust.

• Keep cassette tapes away from sunlight and heat.

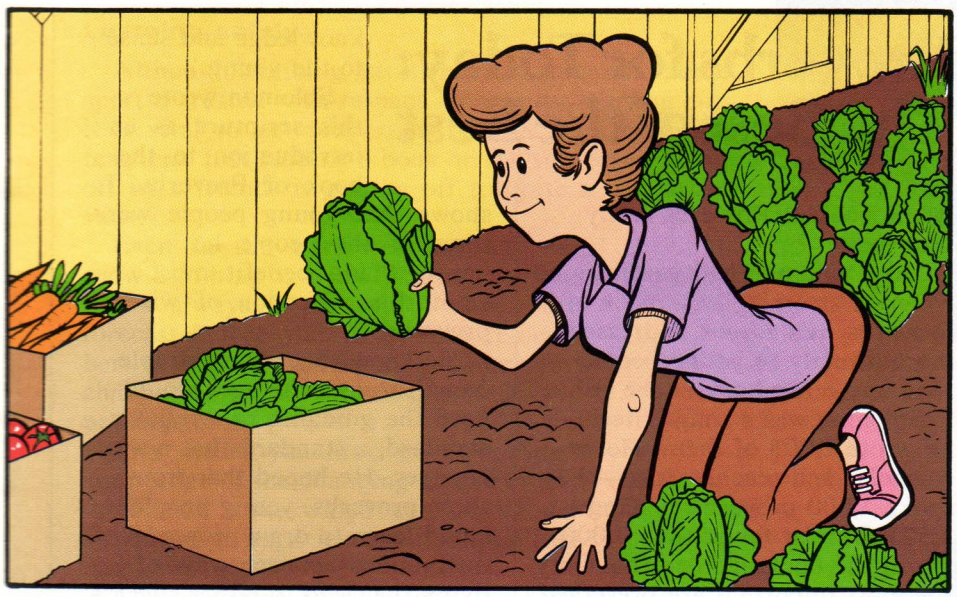
• Don't leave cassettes in a parked car for an extended period of time or in a turned-off tape player.

• Store cassettes upright to keep the tape from loosening on its spools and causing snarls and jams while playing.

• Keep tapes away from television sets, amplifiers and any other machines that generate magnetic fields. The magnetism can erase the recording.

• Clean the playback and recording heads on your cassette player about every 20 playing hours. Use denatured alcohol on a cotton swab or buy a cleaning kit from a record store.

Put these points into practice and the next time you sit down in front of your stereo, you'll get crisp, clean, clear music — not frustration. — *By Michael Warren* □



Mind Your Own Business

So you've been looking all over town for summer jobs and there just aren't any. Well, how about making your *own* job by starting your *own* business?

It's not as difficult as it may seem at first. Your business can be as simple as selling extra vegetables from your family's garden or more complex, such as manufacturing goods for sale. Here are some ways to find the summer business for you.

First, make a list of the things you like to do. The list might include baking, calligraphy, painting fences or making arts and crafts items.

Maybe you discovered a hidden talent when you took home economics or woodworking in school. You can use these talents to make and sell things like bread, cloth dolls or wooden step stools. The list is endless, so be creative.

Next, consider those chores you help out with at home, such as washing the family car, helping with the garden and general cleaning. After you've fulfilled your duties at home, you might see if any neighbors are willing to hire you to help them with some of these same things (after all, you *are* experienced).

Your older brothers and sisters, your parents and your friends may all have good ideas for you to consider. Be sure to tap these valuable sources.

After you have thought through all the possible ideas and decided which seem best, check to see if you need any special permits from your local government or if there are laws controlling your kind of business.

After you've decided to go ahead with your business, you'll need to find a way to let people know you have something to offer. You can post signs on community bulletin boards or put fliers on cars. Or you can drum up business by showing neighbors samples of your work.

After the money starts rolling in, ask for your parents' help in keeping track of it.

So instead of sitting around this summer just wishing you had a job, sit down and dream up a winning money-making idea you can put to work for you! — *By Cheryl Ebeling* □

Where Cars Dare Not Go

A hidden waterfall. An ancient cave. The top of the mountain. Places you can only get to in one way — on foot.

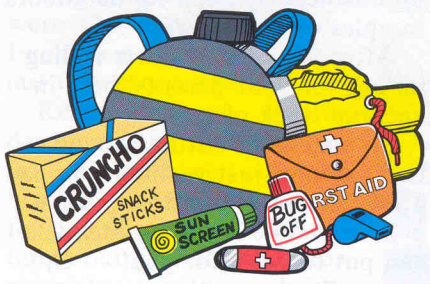
Hiking gives you a chance to notice details and pause to enjoy sights you couldn't possibly reach by car.

Nearly everyone knows how to walk, and hiking is nothing more than taking a long walk. But there are a few important things to remember about hiking to make your outdoor experience a memorable and fun time.

This most important rule for the outdoors applies to any hike of any length: Be prepared! Know what to expect and be ready for it. Could the weather change suddenly? If so, wear or take along appropriate clothing. Are the bugs out in force? Make sure you have some insect repellent with you. In sunny weather, carry some sunscreen. And don't forget your first-aid kit! The longer your hike is, the more equipment you'll need.

If you'll be out for several hours, bring a sack lunch in your day pack. Be certain you have plenty of water with you. Hiking requires the body to use lots of water.

Choose your footgear carefully. In many ways, your shoes are your most important piece of hiking equipment. They should be sturdy, comfortable and well-fitting. Shoes that don't fit properly can at the least make your hike miserable and at the worst seriously damage your feet.



Be careful when hiking over roots, rocks and other obstructions. It's safer and actually saves energy to step over them instead of on and off them. It's also best to stay on the trail if there is one. By doing so, you can prevent accidents and help preserve the beauty of the environment for those who will come after you.

Set a comfortable pace and allow enough time to reach your destination and have a while to enjoy it. Let the slower members of your group set the pace — don't go nonstop. Short, frequent rests are usually better than long, infrequent ones and can help prevent fatigue and sore muscles.

Finally, be nice to the environment. Few sights are uglier than a beautiful natural area marred by trash or graffiti. Let the place you visited be just as refreshing and clean for the next group that passes through. Follow the old adage, "Leave only footprints; take only photographs." (For more information on hiking and its cousin sport, backpacking, see "Get Ready for a Wilderness Adventure" on page 20 of last month's issue.) — *By Ed Stonick* □

Proverbs for Today: The Best of the Best

Is the book of Proverbs really "for today"?

King Solomon had you in mind when he assembled the book of Proverbs. It's a book addressed more directly to young people than any other book in the Bible.

Solomon was a songwriter — he wrote 1,005 of them. He was a scholar and teacher, too — he spoke 3,000 proverbs (I Kings 4:32). But far fewer than 3,000 are in the book of Proverbs. Only the most important are preserved there.

King Solomon sought out and studied all those wise sayings. From many sources, he selected only the most valuable ones (Ecclesiastes 12:9-10). God saw that only the choicest and most relevant sayings were recorded in the Bible.

This month's proverb gives one of the reasons all the proverbs were collected: "To give subtilty to the simple, to the young man knowledge and discretion" (Proverbs 1:4).

The Moffatt translation of the Bible puts it this way: "For imparting insight to the ignorant, knowledge and sense to the young."

Solomon wrote this scripture as an introduction to the book of Proverbs. It shows that young people were some of the people he hoped would benefit most from this collection of wise proverbs.

He knew that young people down through the ages would need the guidance of a reliable standard, a standard that never changes. He hoped that from these proverbs, young people could learn to draw proper distinctions between ways of living that lead to either success or failure.

That's why the book of Proverbs is for today. It reveals living laws of cause and effect that are totally up to date. The proverbs help young people find the way that will lead to success and avoid choices that produce failure.

Study the book of Proverbs for yourself. It's exciting to discover wise solutions to your day-to-day problems.

Just think. Of all that was ever read or written by the wisest person of all time, the best is right there in Proverbs. For you. For today. — *By Jim Roberts* □

Mountain Climbing

(Continued from page 18)

hasn't heard of the glorious ascent of Sir Edmund Hillary and the late Tenzing Norgay, the first two men to scale the world's highest peak, the awesome Mt. Everest?

But mountain climbing is not just a sport for the super athlete or the foolhardy stunt man with a death wish.

Mountaineering is an activity that can be enjoyed by people of almost any age and in most areas around the the world. It is one of the most thrilling and challenging experiences in the athletic world, but it can also be among the most profound mental sports as well.

Mountain climbing combines the skills of back-packing and hiking with the skills and technical equipment of rock and ice climbing. The knowledge of how to use a rope and safety equipment opens up a whole new dimension to hiking — the vertical dimension!

Learning safely

Although climbing has its hazards, it can be a safe sport if treated with respect. When just starting out, it is vital to get proper instruction from qualified teachers. Just reading a book on the subject or going off with friends is getting off to quite a dangerous start.

Even in the best weather, ice and snow climbing is a chilling experience.

It's always important to check the forecast before your trip. And remember, at high altitudes, the weather can change in a matter of minutes — always be prepared!

This means you must have thorough knowledge of the changing nature of ice, snow and rock, which can be gained only through experience with a qualified instructor.

Also, being prepared means you must not become separated from the essential equipment that enables you to survive the extremes of temperature and climate.

No mountaineer leaves his tent without carrying emergency gear, such as a first-aid kit, matches, space blanket, candles, knife, compass, whistle and much more. To be caught without these items, or without the knowledge of how to use them, could endanger your life.

The safety equipment used for mountain climbing has been developed over many years of experience. And it takes experience to use it all properly and safely.

The ice ax is one of the essential pieces of equipment. It is the most versatile tool as well. It can be used as a walking stick on the snow, for cutting steps in ice, for probing for crevasses, for anchoring the rope and many other things.

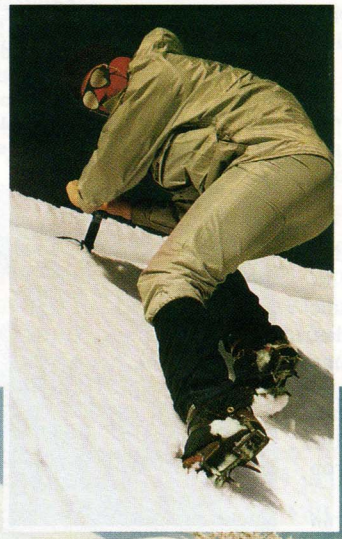
This vitally important tool, which looks something like a miner's pick, is something no ice climber is ever without.

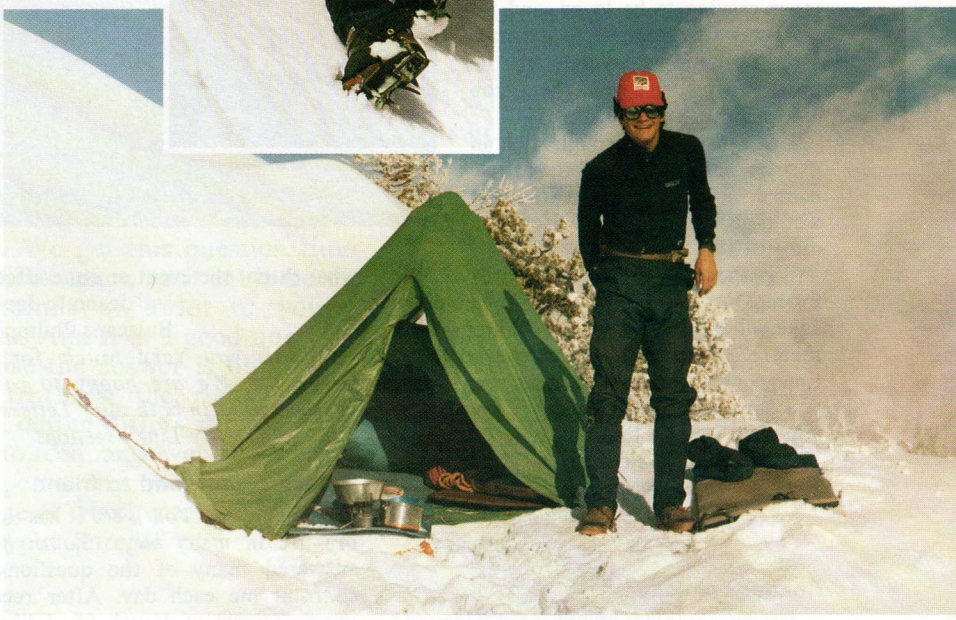
Another piece of equipment unique to climbing on ice and snow is the crampon. Crampons, also known as climbing irons, are large spikes that attach to the bottom of boots. It is obvious by looking at them that they provide an excellent grip on the snow and ice.

Learning (about) the ropes

But perhaps the equipment most associated with mountaineering is rope. You can always see it thrown over the shoulder of someone just off the mountain.

But the rope may not be used as you might think. During most climbs, no stress whatsoever is placed on it. It is used as a safety device to stop a fall.





Ice ax and crampons, shown at left, are fundamental tools of mountaineering. At high altitudes, a good tent and sleeping bag, below, are essential for a warm night's sleep.

Once you've learned how to use the safety equipment, and under expert guidance have conquered your first summit, you'll know there's no experience quite like it. No picture does it justice and no description is quite adequate.

You won't wonder anymore why people climb mountains — you'll know.

See you at the top! □

Letters

(Continued from inside front cover)

spending a couple days together she asked me to . . . Well, like most guys, the thought really went through my mind. I finally decided to tell her "no." I'm like any normal guy — I look at girls and thoughts go through my mind, but I have my standards and I stick to them.

I did think that there weren't any Cindys left, but after reading the article, I now know I made the right decision. As for you guys reading this — the article also stated that some girls compare your performance with others, so they can make fun of you with their friends. I feel that is a very good point, and a good reason to wait!

Name withheld
Michigan

I recently read an article in your magazine entitled "Are You Sure Everybody's Doing It?" It was about the problem of premarital sex among teenagers. And I would like to make something clear.

The young men that "Cindy" dated are not all there are. Most males are going through the same sort of problem. I mean, for males, it's different. We have the strong inner craving to be loved, and we try every way possible to get this. Even if it means trying with the girls who just use you, then drop and make fun of you.

I had just gone through such an experience before I read the article named above. A girl I thought would just use me and drop me, did just that.

But then the article cleared up a lot for me, but I still have a lot of questions. Like, when [do we become] "emotionally mature"? How will you know when the time comes? How will you know when you have found your "Cindy"? What do you do? I hope to find some answers. That's why I would like to subscribe to your *Youth 86* magazine.

Name withheld
Kentucky

Reader opinions

Before anything else, I would like to congratulate you for having such a tremendous and inspiring publication that appeals to the youth's enthusiasm. I am a 13-year-old lass who has just recently joined your magazine's herds of subscribers all around the globe. Since I am only a new subscriber, I haven't read much of your previous publications. Thanks to a friend, I was given this opportunity to be a monthly subscriber of *Youth 86*.

May I make a suggestion? If I may, I would like to suggest that you add a feature in your magazine where the youth can express their opinions about what is now happening in the world, whether about religion, politics or the social life, etc. I would appreciate it if you could and I'm sure many will because it gives us the chance to inform the general mass of the people concerned in that issue what are our opinions, ideas and reactions to what they have done or what extent the event or issue affects us.

Jeanette Jacinto
Bulacan, Philippines

Thank you very much for your suggestion. We are happy to consider such opinions in both our "Letters" and our "Reader By-Line" sections.





Right: Chris Patterson of Folcroft, Pennsylvania, took this picture of a gray squirrel on a neighborhood fence. Below: Erik Anderson found this chipmunk near his home in Grand Marais, Minnesota.

Passed from friend to friend

I really enjoy *Youth 86*. It has touched my life in many ways. *Youth 86* has answered many of the questions that confront me each day. After receiving my first issue of *Youth 86*, I liked the magazine so much that I showed all my friends. Now it's a habit to pass my *Youth 86* from friend to friend. Thanks for understanding teens the way you do.

Stacy Crane
Brook, Mississippi

We're glad all your friends like the magazine. We would be happy to send each of them a free one year subscription if your friends call or write to us.

Disappointed with February issue

Please keep the monthly issues of *Youth 86* coming! Enclosed is my renewal card. Thank you for all your efforts in making *Youth 86* such a fine magazine. I eagerly await each issue I receive. And usually I have hungrily read the magazine from cover to cover within 24 hours. Please keep up the good work especially, if possible, with articles about dating, resisting worldly temptations and doing good works.

I hope I am not being a pharisee or being prudish, but I was more than a little bit disappointed with the February edition of *Youth 86*. The article by Bernard W. Schnippert "Could You Be Growing Old Before Your Time?" was excellent. But the photo of the two young people who were posing and dressed in a very worldly fashion or manner seemed out of character to your magazine and articles. Why use worldly illustrations that can appeal to fleshly lusts to try to bring across a spiritual principle? We see enough of this in this present evil world.

Also, it might have been wise to have used a different example of good poetry on page 12. The poem "Carpool" is difficult to understand. Unless one reads it very carefully and several different times it can be easily misinterpreted. Those who casually read the poem just once (although the accompanying article warned against doing this) would have been left with a false impression as to the poem's true *good* meaning.

Thank you for all your efforts in striving to maintain high standards for *Youth 86*. You and your staff certainly deserve high marks for your good work in helping young people live happier, abundant, more God-pleasing lives.

Martin M. Braun
Lewisville, North Carolina

"Excellent Athletes"

I just received your March issue and it's great. I especially loved the article "Excellent Athletes and You." I'd like to ask you one thing. That is, please don't change your magazine one bit! Keep up the good work.

David Bonner
Crown Point, Louisiana

Dear Youth 86,

Practical Bible-based answers to the problems of growing up.

Q. My problem is a serious one. My family is not close. We all fight a lot among ourselves (especially Mom and Dad). We have tried counseling, but it only helps for a few days and then we are back to our normal selves.

A. We agree that your problem is serious, and a problem such as this — which includes many people and has many aspects that you did not mention — cannot be solved with a few brief words in a column such as this. But we can give you a place to start.

First, realize that facing this problem now can help you prepare to overcome other obstacles that will come up in your life — and that will give you an advantage in reaching your goals. What you need to do is make up your mind now that you will meet every problem head-on, even if it seems unsolvable, and that you won't give up.

This type of positive approach will be necessary often in your life, so go ahead and start developing it now. If you do, you will find yourself looking at the problems as challenges rather than walls. This in turn will give you more enthusiasm to solve them and to keep heading toward your goals.

Next, do your part. No, you can't change your brothers and sisters nor your parents if they will not change themselves. But you can change yourself.

And realize this: Even if you change for the better, but the others do not, and even if that means your overall family situation doesn't improve, still you can be a happier person in spite of the family problems. If you improve your character — your ability to get along with others, to be giving, kind and helpful, to do what is right — you will be happier. That is a fact of life.

Finally, use this bad experience as a springboard to success rather than as an anchor to weigh you down. The lessons you learn now, even if they are only lessons about how not to behave in a family, can be valuable ones to help you with your family when you are married and have children.

Your family problem can help your life in spite of itself, if you will just think about it in these terms. Lots and lots of people have come from bad families yet have gone on to have happy lives and happy families later on. You can too if you take a positive attitude and learn from your problem rather than letting it get you down.

Q. I am only 11 years old and I know this magazine is for teenagers, but I have a question I hope you will answer. How old do I have to be before I can date?

A. We get this question time and time again, so it must be on the minds of a lot of young people. And it is a good question because the answer is important. The truth is, the right age to begin dating differs slightly from teen to teen, and even if we knew you personally, we couldn't set the age at which you may date — only your parents can.

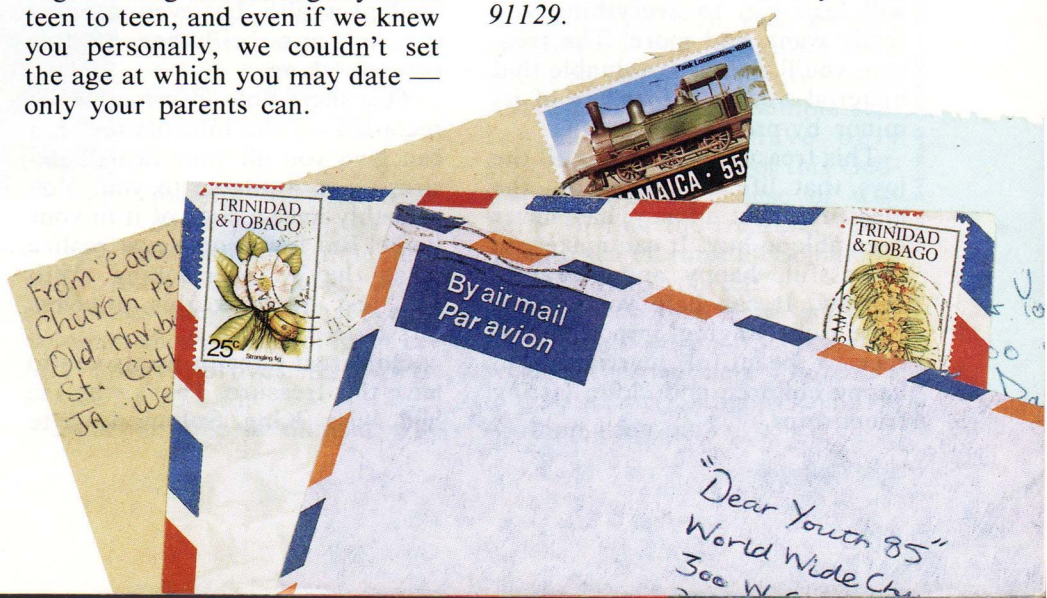
But we should tell you and your parents that these days some kids begin dating too soon and too seriously. This is bad, because dating too soon can thrust a person into a host of temptations and problems that a young person is not ready to handle.

That's why we would encourage your parents to provide you with fun group social activities, like family picnics and church outings, at least until you are well along into high school, perhaps even a senior. And when you start dating, we hope your parents will decide you should begin with group dates that include adults, rather than alone-together-at-the-movies type dates.

Why the emphasis on group dating? It can be more fun and it avoids a lot of the embarrassment and other problems of couple dating. For a fuller explanation, read "How About a Date?" in next month's issue.

Probably this approach sounds too strict to you now at your age, because since you asked the question, you are probably in a hurry to date. Still this approach will provide you with the proper opportunities at the proper time, and you won't regret having had to wait. □

We welcome your questions and will excerpt as many as possible. Sorry we can't answer them all. Answers are prepared by Bernard W. Schnippert, a minister of the Worldwide Church of God. Address your questions to "Dear Youth 86 *Column," 300 W. Green Street, Pasadena, California, 91129.*



HIDDEN TREASURE You Can Find!

By Richard A. Sedliacik

There's a treasure just waiting for you *to discover it!*

Have you ever dreamed about finding hidden treasure worth millions?

Treasure hunter Mel Fisher certainly has. And in July, 1985, his dream came true.

After 16 hard years of searching, he and his salvage crew finally found the wreckage of the Spanish galleon *Nuestra Senora de Atocha* off the coast of Florida. So far more than US$100 million worth of gold, silver and jewels have been recovered!

The undertaking was not without cost. Tragically, three lives were lost during the search, including Mr. Fisher's son. Millions of dollars were spent for high-tech equipment and for salaries as the search stretched on year after year.

Still, by finding the treasure, Mel Fisher became one of the "lucky" few. Hundreds of other treasure seekers have also put in years of sweat and sorrow, yet come up with little or nothing.

Treasure hunting is risky business. Still, the thought of finding a treasure chest filled with gold and silver and jewels draws many people to try it.



Photos: Randy Taylor — Sygma and Jeffrey Cardenas — Sygma

A treasure map for you!

But what if someone offered you an accurate, authentic treasure map pinpointing the way to find a treasure better than any treasure chest?

There is a treasure map that will lead you to everything you really want, and more! The treasure you'll find is so valuable that material wealth is just one of its minor by-products!

This treasure also brings all the joys that life can bring — the pleasures that money has never been able to buy. It can make you successful, happy and vibrantly healthy. It can help you experience a challenging, important career, a beautiful marriage and happy children and close, lasting friendships.

The treasure map was drawn up 3,000 years ago by a wealthy Middle Eastern king. This king was famous for his intelligence and savvy. He received his amazing discernment from the very Creator and Ruler of the entire universe.

This ancient king was said to be the wisest of all men. All of his visitors were impressed by his opulent wealth, but even more by the amazing brilliance of this powerful king.

This incredible information he recorded — the information that can give you all your heart's desires — is available to you. You probably have a copy of it in your home! But few people ever realize what they're overlooking. Will you just overlook this priceless gift too?

Our great Creator wants you to have this treasure. That's why He had wise King Solomon write down the way to receive it in a treasure house of wisdom and common sense — the book of Proverbs.

Solomon was blessed by God with incredible wealth so that gold was common around the palace and silver almost seemed worthless. He built great buildings and planted beautiful gardens. He had hundreds of servants and entertainers at his beck and call.

But Solomon was also given great wisdom by God, and he realized that *wisdom* was his most valuable possession!

Causes of happiness

"Happy is the man that findeth wisdom," Solomon wrote in Proverbs 3:13 (Authorized Version throughout). He went on to say it is better than silver or fine gold, and more precious than rubies.

Poetically calling wisdom a lady, he says, "And all the things thou canst desire are not to be compared unto her. Length of days is in her right hand; and in her left hand riches and honour. Her ways are ways of pleasantness, and all her paths are peace" (Proverbs 3:15-17).

By following the way Solomon describes as wisdom, we can have happiness, long life, riches and honor!

Solomon shows throughout the

book of Proverbs that there are things we can do to cause happiness. Along with these things, he points out the pitfalls and wrong turns we need to avoid. So what are some of those specific things we can do?

What you can do

Solomon points out one way that leads to wisdom in Proverbs 13:20. "He that walketh with wise men shall be wise: but a companion of fools shall be destroyed." By meeting and talking with people who are successful, we will be sparked to success ourselves.

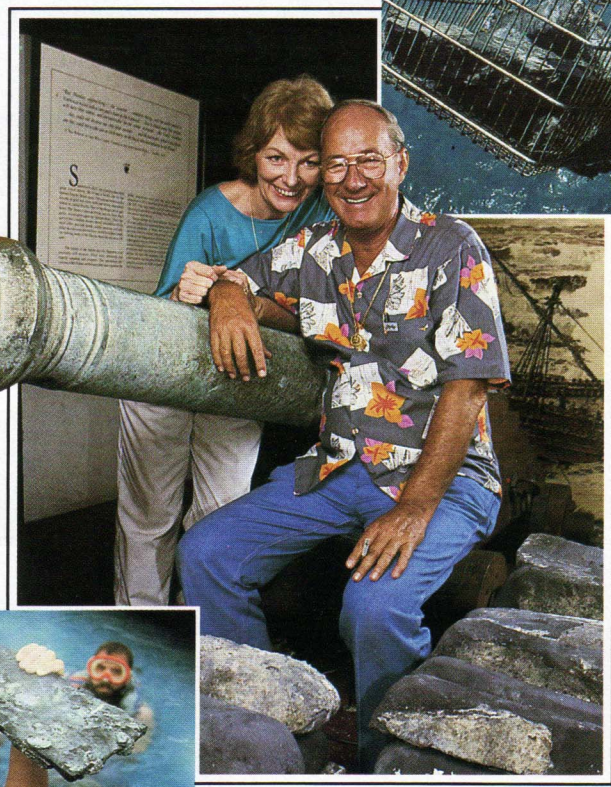
Wise, successful people help push each other to achieve more, so Solomon suggests searching for friends and counselors who will help sharpen us (Proverbs 27:17). Friends who are positively encouraging can make a tremendous difference!

And, speaking of friendship, Solomon knew that having few friends or unsatisfying friendships makes us unhappy. In the next issue of *Youth 86* there will be an article explaining how to build and strengthen friendships, including Solomon's advice.

Solomon also explained that to make decisions we will be happy we made, it is wise to seek advice and counsel (Proverbs 11:14, 15:22).

Sometimes what we think is a good decision is not necessarily the best course of action. That is why advice from our parents, teachers and others who are older than us is so important. In many cases they have gone through similar experiences and are more than willing to give us the guidance we need to help us avoid making mistakes that could prove costly.







After 16 hard years of searching, treasure hunter Mel Fisher (above) and his salvage crew finally found the *Nuestra Senora de Atocha* and her load of gold, silver and jewels. But there is greater treasure waiting for you!

Both in Solomon's time and today, many people do not work as hard as they can. That's why Solomon showed that diligent effort always proves its worth (Proverbs 10:4-5).

Someone who is diligent will become the leader directing the rest of the workers (Proverbs 12:24). Those who work hard and with zeal will be recognized. They will eventually be given higher pay and greater responsibility because they have become trusted, valuable assets to their employers!

If you are working at a summer job or already have steady employment, be the kind of employee who increases production.

When the time comes for raises and promotions, this is the person who will be remembered. Hard work is essential for financial security, and this can help free you from a lot of the worries that make many people miserable.

Solomon learned many other things about money and its relationship to happiness.

He saw that wealth didn't automatically make a person happy if it was used the wrong way. So he gave important advice about using our money in a way that will add to our happiness.

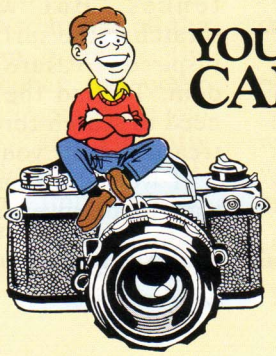
You'll want to read yourself what he wrote about giving (Proverbs 3:9-10, 28:27) and borrowing (Proverbs 22:7).

Condensed power

As we have seen, each proverb condenses the meaning and power of thousands of words into just a few short and simple sentences. But we have only scratched the surface of this God-inspired treasure house of wisdom. To find the treasure, you'll need to search through Solomon's treasure map yourself.

If you do, you'll be on your way to discovering the priceless wisdom that will help you have a long, successful, happy and rewarding life! □





YOUTH ON CAMERA

Photographer Henry C. "Hank" Fuhrman took a picture of these jennies (female donkeys) at a neighbor's place when he lived in Harrison, Arkansas. Hank, age 15, now lives in Athens, Texas.

Before You Leave

(Continued from page 10)

in keeping yourself healthy. Create your own exercise program and stick to it. This is easiest if you find a friend interested in the same thing.

With the proper exercise, you will not only feel and look better, you will also think and remember things better — and this can help you on the job or in continuing your education. Check with an authority who can tell you what kind and how much is best for you.

Develop yourself! Whether you're working full time or continuing your education full time, it's important to continue to learn and develop yourself. If you're going to technical school or college, it will take good study habits. If you didn't develop them in high school, ask your counselor to suggest a good book on study habits and start using them now.

If you're not going on with formal education, it'll be harder, but you'll be able to set your own course of study. By developing your mind and skills, you can be a more valuable employee and a better person. Prod yourself just as if you were in school: Give yourself deadlines and don't wait until the last minute.

Self-development includes hobbies, reading and helping others. It is a lifelong process — don't let yourself stagnate just because you're out of school.

Contact! After you leave home, do not cut off your contact with parents, friends and relatives. Call or write your parents to say hello (and not just when you need money!). Send your little sister or brother a T-shirt. See about visiting your family for a weekend if possible.

When you're away from home, you'll find you really appreciate getting letters. In order to receive them, you need to write them, so don't forget your friends. Your letters can help them, and help yourself too.

If you've moved away from your hometown, be sure to make new friends. Social life is an important part of a balanced life, and can help you improve yourself if you pick the right friends. But don't get caught in the trap of making "partying" your life.

Do not forget God when you leave home. He can help get you through difficult situations, adjust to new surroundings or make new friends. Church is a great place to meet friends of like mind.

Remember, no one wants you to succeed more than God does. Keep in contact with Him through prayer and studying His Word — the Bible. God is there for you, if you go to Him.

These years are a time for growth, opportunity and independence. It is up to you to make them successful. Improve yourself, get involved in a balanced mix of uplifting things and you'll become a successful, well-rounded person.

Go for it! □

Curiosities

(Continued from page 13)

works together in harmony.

History. No matter where you live, there is probably a history museum of some kind nearby. It may be the home of a famous person, a fort, a battlefield site, a docked ship or even a complete village. These museums collect things that show how life may have been in another time or recreate a famous event.

Some history museums look like complete towns. In Williamsburg, Virginia, part of the city is an outdoor history museum that shows the crafts and folk art of the 1700s.

Local people dress and act like the early colonists. They bind books, make candles, wigs and silver objects and build furniture. This helps visitors feel as if they were living back in that time.

Check out what life in your community was like decades or hundreds of years ago by visiting a local history museum.

Art. The best samples of various artists' paintings, drawings, sculptures or other artwork are displayed here.

Pick out a few paintings and study them. Try to see what the artist saw or felt about the subject in his painting. Notice the date, the name of the artist and the title of the painting.

Wax. Here wax figures of famous people are on display. The most famous one is Madame Tussaud's Wax Museum in London, England, but you will find such museums near many heavily traveled tourist areas.

Special Interests. A baseball lover would want to visit the Baseball Hall of Fame in Cooperstown, New York. American football has a similar museum in Canton, Ohio, and hockey in Eveleth, Minnesota.

The Air and Space Museum in Washington, D.C., tells the complete story of air travel and space flights ranging from the first airplane flown by the Wright brothers to the equipment and space suits used by the astronauts to land on the moon.

There are airplane exhibits in many other places, too, such as the Aviation Museum at Gander, Newfoundland.

In Duluth, Minnesota, the Maritime Museum has fascinating displays about shipping on the Great Lakes. The story of the sunken ship *Edmund Fitzgerald* is told in detail.

In Regina, Saskatchewan, the RCMP (Royal Canadian Mounted Police) Museum displays the memorabilia of the organization said to "always get its man."

Then there are museums for those with interests in cartooning, circuses, antique cars, dolls, glass, trolley cars and clocks.

Learn about what museums you can visit in your area. If your family plans a vacation trip, check to see what museums you could see along the way. Many charge no admission price.

Don't miss a chance to see the many unusual things you can learn about. You'll always leave a museum saying, "I didn't know that!" □

Coming Attractions

...IN FUTURE ISSUES

How About a Date?

This different approach to dating has a lot of advantages.



After You've Made Mistakes . . .

Are past mistakes dragging you down? Do you wish you could have a fresh start?

Swing Your Partner.

Folk dancing — it's a hobby of worldwide proportions.

Speaking of Careers . . .

An interview with a computer programer.



Make Your Memory Work!

Does your memory sometimes fail you?

The Outlandish Opossum.

A look at America's strange marsupial.

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MR-MRS DAVID A BRAUN
5656 S INDIANA AVE
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