

Youth 86

December

VOL. VI, NO. 10

Contents:

Circulation 258,000

By the Way... When Friends Let You Down	1
"That's Not Your Money!"	3
Sexual Abuse: Don't Be a Victim	5
News That Affects You	7
Speaking of Careers: An Apple From a Teacher	10
The Test Panic Zone	11
Take the Initiative!	13
Joey, the Captivating Kangaroo	14
What's It Like to Be a Teen in Spain?	16
Ideas Plus	18
Dear Youth 86	21
Does God Believe in Fun?	22
"Where Did I Read That?" Annual Subject Index	25

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1892-1986

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Published by the Worldwide Church of God
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Youth 86 is published monthly (except combined June-July and October-November issues) by the Worldwide Church of God, 300 W. Green St., Pasadena, Calif., 91123. Sent free upon request. Copyright © 1986 Worldwide Church of God. All rights reserved. Printed in U.S.A. Entered as second-class mail at the Manila Central Post Office on Feb. 10, 1984. The publishers assume no responsibility for return of unsolicited artwork, photographs or manuscripts.

ADDRESS ALL COMMUNICATIONS TO THE YOUTH 86 ADDRESS NEAREST YOU.

United States: 300 W. Green St., Pasadena, Calif., 91123. For literature requests you may call toll-free 1-800-423-4444; in Alaska call 818-304-6111 collect.

Canada: P.O. Box 44, Station A, Vancouver, B.C. V6C 2M2. For literature requests you may call toll-free 1-800-663-2345.

Mexico: Institución Ambassador, Apartado Postal 5-595, 06500, México D.F.

Colombia: Apartado Aéreo 11430, Bogotá 1, D.E.

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COVER: Kangaroos are fascinating creatures! This setup shot taken at the San Diego, California, Zoo illustrates the article "Joey, the Captivating Kangaroo," starting on page 14. Photo by Hal Finch.

Letters

"My parents surprised me"

My parents have to work all day and I'm alone a lot. We recently moved and I met a girl the same age as me and we became good friends. She has a brother much, much older. I started going with him about a month after I became friends with my friend.

After that I started to smoke, not only tobacco, but other things also. I started to drink pretty heavy also. I also started to go to bed with my boyfriend.

There wasn't anyone to tell, to say, "Hey, I've screwed up and I don't know what to do," so I tried to kill myself. My teacher at school found out about my boyfriend and told my mother at a PTA meeting.

So she came down real hard on me... She now knows what I have done and has stopped me. I can talk to her now.

I just want to tell everyone PLEASE STOP NOW! Try talking to your parents. It was the last thing I would have done, but when I did, my parents really surprised me. They actually understood.

Name Withheld
Arizona

"He Did It for Dad"

I was moved to write to *Youth 86* when I read the article "He Did It for Dad" on "Reader By-Line," April *Youth 86*... I read that article... more than three weeks after my father's death.

That day was June 22nd, the very day the Worldwide Church of God in Trinidad held Sports Day at the National Stadium in Port-of-Spain. I took part in the 100 meters race for men... I won the race without knowing that my father had died a few hours earlier... I found out when I returned home after the Sports Day.

I did not take his death too sadly though. This is because he will have a chance for salvation and once I overcome in this life, I won't let him down. I know also that I can do so for the sake of the heavenly Father who is concerned about our welfare (overall). And we cannot let Him down in any way.

Please let me use this opportunity to pledge my continued support for your outgoing concern for the teens. And like Mr. Tkach, please continue to follow the footsteps of Mr. Herbert W. Armstrong who left behind him a mighty powerful legacy.

Jeffrey M. Joseph
Pepper Village, Trinidad

By the Way...

When Friends Let You Down

By Dexter H. Faulkner

What can you do when friends become enemies?

Every week we get letters from readers that say something like this:

"Dear *Youth 86*: I used to have friends, but they don't like me anymore. They all call me names. I still like them, but they don't like me.

"Every day I go from table to table and sometimes they accept me, sometimes they don't. What can I do to make my 'friends' stop treating me like an enemy?"

I can sympathize with you. This problem is not just faced by teenagers.

Even in the adult world, we have to deal with people who don't want to be our friends, either from the start, or after a friendship has already been established.

What's the cause?

There are many reasons friends become enemies.

Do you make better grades than the guy who doesn't like you?

Are you considered prettier than the girl who used to be your best friend? How about your house — is it bigger and nicer than your schoolmates'?

If jealousy and envy are the reasons your friends have become

your enemies, those friends probably lack confidence and feel insecure.

They need friends, but are too self-conscious to let anyone they think is "better" get too close to them.

Another cause could be hurt feelings. Try to think back to see if at some time you caused them pain.

Did you insult them accidentally? Could you have hurt their feelings by gossiping about

need of education. However, chances are, you will not be able to educate him or her. He or she needs to realize that God created each of us for a good reason, and none of us were accidents on God's part!

Misunderstandings

A simple misunderstanding could be the problem. Maybe your ex-friend thinks you gave him or her a dirty look, but actually, the sun was in your eyes!



them? Usually, harmful gossip gets back to those it's about — and it's often exaggerated.

Prejudice against your nationality or race is also a possible reason.

In this case, the individual is in

Have you or your friends changed in some way? If you have gotten involved in some bad habits they don't approve of, they may not want to associate with you.

Or, if they are indulging in

Photo by Nathan Faulkner

Be friendly. Regardless of others' antics, continue to be friendly. Smile and speak when you see them, but don't push yourself on them.

some questionable activities they know you wouldn't approve of, they may drop you as part of their group. If you're the problem — change. If they are, you're better off without them.

What can you do?

Once we know why someone has become our enemy, we should be able to better deal with the problem.

Whatever the reason,

Instead of worrying about our problems with "friends" too much, we can spend time developing our talents and job skills. (Photo by Nathan Faulkner)

how do you handle someone who obviously doesn't want to be your friend any longer?

Some people suggest we do what's done in the movies: Get even, get revenge or just hate back.

However, there is a better way. Here are a few suggestions on how to help change an enemy into a friend.

1. Be friendly. Regardless of others' antics, *continue* to be friendly. Smile and speak when you see them, but don't push yourself on them.

2. Talk to him (or her). Go right up to your ex-friend, just the two of you (you might embarrass the person in a group and make matters worse), and ask what you have done that he or she doesn't like.

Tell your ex-friend that you want to straighten out any problems between you.

3. Think about his or her good qualities. Don't just dwell on what he has done to you or what's wrong with her. Be positive and

consider the things he is better at than you. Compliment her sincerely when she excels at something.

4. Pray for your enemies. Matthew 5:44 says, "Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which



despitefully use you, and persecute you."

God says this because it's no big deal for us to love those who love us back. But it is an especially difficult, and therefore character-building, deed for us to love our enemies.

Build other friendships

Although we must love our enemies, we shouldn't worry about our problems with them all the time.

We should use our time and efforts in more constructive ways,

such as building other friendships, developing our skills and helping other people.

Realize that sometimes you may be looking to the wrong crowd for friends. Ask yourself why you want to be friends with the people who hurt you so much. Is it because they are the most popular kids in school? If so, that doesn't necessarily mean they'd make the best friends for you.

Look around. You may find other people who are being shunned just as you are. And you can be sure they'd like a friend as much as you would. Perhaps you might find some common interests and strike up some friendships that turn your attention away from those who seem to hate you.

If the teens who are giving you trouble see that their reactions don't bother you anymore, they'll probably leave you alone. Hassling you will no longer be any fun for them. And even if they don't quit, it probably won't hurt so much if you have other friends to turn to.

And, another thing to consider. A lot of successful people started out by using much of their time developing their talents and skills while they were your age.

A person who has set a goal and is working diligently to achieve it has little time to worry about "friends" who aren't friendly.

Realize that not everyone is going to like us in this world. This will be especially true if we are trying to do what's right in God's sight. Regardless, we must do all that we can to maintain peace. □



'That's Not Your Money!'

By Joseph W. Tkach

What if you found a box full of \$100 bills?

GET! That one little word seems to sum up the fundamental nature of man. "There's a little larceny in us all!" one sage of human behavior put it.

It's amazing how the prospect of getting something, especially getting something for nothing, can change a person's whole perspec-

tive, attitude and conduct. In like manner, so can the prospect of losing something one already possesses.

An incident in my childhood, when I was about 11 years old, really brought that lesson home to me.

Raising pigeons

I had developed the hobby of raising pigeons in the backyard of our Chicago, Illinois, home. I think

Illustration by Kim Passey

at that time I probably had about 50 pairs, mostly rollers and homing pigeons.

It was about 1937. I used to visit the neighborhood businesses to collect their empty cigar boxes to use as nesting boxes for the birds. When I returned home one afternoon with my arms full of cigar boxes, I was in for one of the biggest surprises of my life.

I went to the loft and began tearing the lids off the boxes. When I picked up the third or fourth box in my stack, the one under it popped wide open. I couldn't believe what I saw inside. The box was literally stuffed with hundred dollar bills!

When the initial shock wore off, I began counting. The box contained US\$12,000 in hundred dollar bills. My little heart was pounding so hard I thought the neighbors could hear it.

What to do? I sealed the box and buried it deep in the hundred pound feed sack. I hardly slept that night, pondering how to spend that money.

For the next two days I couldn't concentrate in school. I just sat and stared out the window, trying to figure out the best way to begin using those hundreds.

I knew I couldn't just walk in a store with a hundred dollar bill without raising all kinds of questions. I realized nobody would believe an 11-year-old would lawfully be carrying around that kind of money.

Especially not in 1937. I finally concluded I'd have to get my dad involved.

That evening after dinner I told my dad the story about finding the money.

"Well, what are you going to do with it?" He asked the question rather patiently. I was a little surprised that he didn't seem as excited as I did.

I quickly told him how I thought he could pay off the mortgage on the house (we owed about \$4,500 on the \$6,500 purchase price), buy a new car, get Mom new furniture and kitchen gear and get new clothes for the family . . .

My father didn't let me finish.

"What's the matter with you?" he boomed. "That's not your money! You're going to take it back!"

"But I don't know where I got it," I pleaded. "I don't know which one gave it to me."

"You're going to find out."

We walked to each store where I had asked for boxes. He would wait outside while I went in. He told me I wouldn't have to say anything — that they would remember me.

"That's him!"

Finally, at the last business I could remember having gone to, one of the owners saw me across the store and started shouting, "That's him! That's him! That's the boy!"

As it turned out, one of the two brothers who owned the combination ice cream parlor, liquor market and delicatessen had been accusing the other

of stealing the money, which was their entire savings.

Like many others, they had come to distrust banks since the crash of 1929. That missing cigar box was their bank. Of course, the brother hadn't stolen it; he'd just accidentally given it to me.

You can imagine how happy the accused brother was to see me with that box. He set me on the counter, called over all the customers to tell them what happened. He gave me a hundred dollar bill, and told me to bring in my friends anytime for free ice cream for the rest of my life!

No \$12,000 gift

would have been worth more than what my father taught me that day. What seems right is not always right. Good judgment is based upon the law of God, not on what one may selfishly want to get for himself.

The way of God is not the way of GET. It is a way not natural to man — the way of GIVE. Jesus Christ lived that way of give during His human lifetime on the earth.

It is the way that produces happiness, peace and joy. It is the way of life that God has revealed to mankind in His Word, the Holy Bible. And it is the way that will be restored to the earth when Jesus Christ returns to establish the Kingdom of God. *Youth 86* is committed to proclaiming that way of life, and that coming Kingdom. □

I couldn't believe what I saw inside. The box was literally stuffed with hundred dollar bills!



SEXUAL ABUSE

Don't Be a Victim

By Sheila Graham

Steps you can take to avoid — or end — sexual abuse.

I'm scared. I'm frightened for you kids out there. I read your letters and ache with your problems and right now I'm depressed.

I thought the pressure on teens in my generation was bad enough, but it's worse in yours.

"Instant Gratification Isn't Fast Enough," read the picket sign carried by a teenager in a cartoon. That seems to be today's motto. But why pick on teenagers, when adults are living the same way.

Once upon a time it was considered wrong or at least frowned upon to have sex outside of marriage, and abortions were illegal and dangerous. Some people did it anyway, but at least it was not condoned.

Those who had big plans in mind for their futures were careful to control their physical urges and wait for marriage. It paid off not to have any so-called skeletons in your closet.

But today, even adults have more pressure on them to throw aside conventions and go for whatever feels good. Important, long-time relationships, both among families and friends, are tossed aside, destroyed for the pleasures of the moment.

Anything goes, it seems. Sex before marriage and sex among marrieds with those they're not married to. Sex among those of the same sex is out in the open,

abuse started, you just know it's being done to you. Others remember all too well.

"I'm a 15-year-old female. When I was 14 I was molested by my father for several months. Seven months ago it ended, but I still cry myself to sleep at night. I also have an emotional problem.

"I still get nervous when he's around me. I used to fear him, but then the fear turned to hate. I never felt so much hate for one person. I know one of the Ten Commandments says, 'Honor thy mother and father,' but how can I honor someone who has raped me physically and mentally?"

This young woman wrote to us anonymously, asking for an article to be written to help her and others.

Kids, I'd like to tell you that all adults are your friends — that they've always got your

best interests in mind. But most of you already have enough street smarts to know better.

We've all seen the newspaper articles, the warnings on television, the colorful books illustrated to explain to little children how to say no to adults. It's sick-

We've all seen the newspaper articles, the TV warnings, the colorful books explaining to children how to say no to adults. Sexual abuse is not uncommon.

being pushed as normal conduct between consenting adults. What's next?

Some of you young people already know. And, tragically, it's nothing new to you — you're the victims. For many of you, you can't remember when sexual

ening to think about, but that's the world we live in. Sexual abuse is not uncommon. Tragically, many young people today are being molested sexually. You are not alone.

The trauma of sexual abuse

Why don't you put a stop to it? You know why. Some of you are protecting people who are abusing you because you fear the consequences of telling.

Maybe they're close friends of the family or relatives — maybe, as in this young woman's case, even parents or stepparents. Maybe you truly love and care about them and you don't want to hurt them.

It's too bad they don't feel the same way about you — or the others they've abused or will abuse in the future. For many of these people, it doesn't stop with one child or teenager. Once they

doesn't mean others have the right to take advantage of that deep-felt desire to be loved and cared for. You may have asked for some affection, but you didn't ask for abuse.

What is sexual abuse? It comes in many forms. It can be someone exposing his or her sexual organs to you or asking you to expose your body. It can be touching or fondling you in sexual areas of your body or forcing you to touch him or her in the same way.

It can be a passionate kind of kissing or holding that makes you feel uncomfortable. Encouraging you to look at pornographic material is sometimes done to condition your mind for what follows. And, of course, sexual intercourse in any form or fashion.

Make it stop

People who take advantage of you in this way are stealing your self-esteem, warping your emotions and perverting your first sexual experiences. They need to be stopped.

How can you stop them? Tell your parents about any sexual abuse or

go to another. Whatever you do, don't stop until you find someone who will act to help you.

Your future happiness and success in life are at stake. You can't let sexual abuse go on without suffering severe emotional and sometimes physical damage.

Don't be fooled by people who say they are doing what they are doing to you because they care for you. They may even describe your relationship as a "special" friendship.

If they truly loved and cared for you, they would care about your future. They would want to make sure you will have a happy marriage and successful family life. They would be protecting you from abuse, not abusing you.

Others may threaten to harm you or someone you care about if you tell. These type of people need to be reported to the police, and as soon as possible, before they can carry out their threats.

You are important. Your future life is important, too important to be ruined by the selfish, irresponsible desires of others.

What about those of you who have friends who've told you they are being sexually abused? What can you do about it?

Have them read this article. Encourage them to go to someone immediately — again, a parent, a trusted counselor or minister. Offer to go with them if that will help. Tell them keeping quiet about sexual abuse often means further abuse and lasting bad feelings about yourself.

You need to talk to someone or you will find it almost impossible to get over the anger and confusion you feel. And unless and until abusers are reported, they can't get the help they need to stop hurting people.

Right now, get a pen or pencil and write down on a piece of paper — the corner of this page will do — the date you are going to get help. Let it be today. Don't be a victim any longer. □

**Child Abductor
Care Facility,
ally Assaulted**

**Nursery School Owner
Guilty of Molestations**

Gender held in child abuse

**Molesting of child
alleged
Child abuse
trial marked by
mothers' tears**

**es Find
al Abuse
children
widespread**

**Children made alert
to possible
sexual abuse**

**Many young people today
are being molested
sexually. If you are a
victim, you are not alone.**

begin, they find it almost impossible to stop — even when they want to.

Another reason for not trying to put a stop to the problem is that you may feel guilty. You may feel you asked for it somehow. The person who is hurting you may even claim it is your fault.

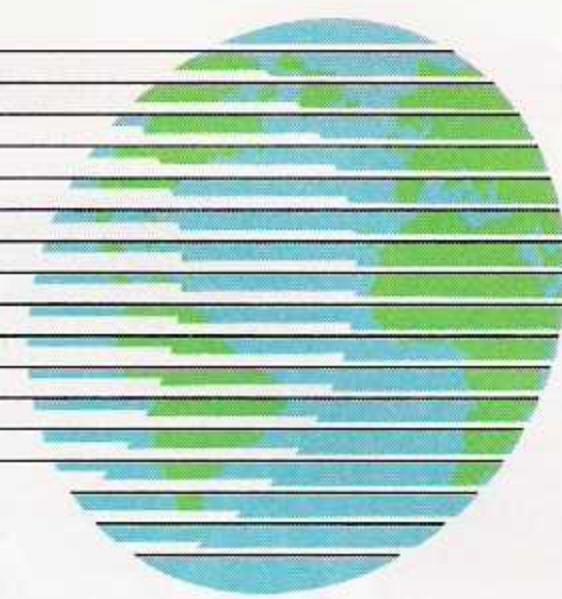
That's ridiculous. All of us need love and attention — no matter what age we are. That's just part of being human. That

attempt at it. If one of your parents is the abuser, tell the other parent. If your parents won't help you, and, unfortunately, this can be the case sometimes, go to a counselor you trust at school or your minister.

If one person won't help you,

NEWS

THAT
AFFECTS
YOU



JPL/NASA

Planning a Place in Space

A permanently manned space station may be launched in the middle of the next decade, according to the U.S. National Aeronautics and Space Administration (NASA). The station will be used for space research and eventually even as a port for manned space flights to the moon and Mars, NASA officials say.

Several possible designs for this home-above-home are already under way. All of them use modular elements that can be transported into orbit by the space shuttle. The space shuttle will be the "truck" that carries the

basic building blocks of the station, crews and supplies.

Originally scheduled to begin in 1992, the program will be delayed because of the *Challenger* explosion last January. It may take dozens of shuttle trips to bring all the pieces necessary to assemble the orbiting station.

The station is designed so it can grow in size indefinitely, as funds allow. Pieces can be connected like a set of building blocks. From six to eight astronauts would be housed in each module. New crews will be brought up from earth regularly, keeping the station manned at all times as the others return to earth.

Using the station as a lab, scientists could conduct experiments and make products such as new metal alloys that can be mixed only in zero gravity.

Artist's concept of a space shuttle docking with a five-module space station. Large solar cell panels supply electricity for the station, its experiments, manufacturing units, telescopes and the umbrella-shaped communications antenna.

A station already in orbit would be the ideal place to begin a long space journey, which might require a spaceship much larger than those now in use. The parts for this kind of spacecraft could be delivered by the space shuttle and assembled at the station.

Even further into the future, but certainly in

planners' dreams, are space colonies.

Unfortunately, space stations and space colonies would probably be controlled by earthly politics and international rivalries.

Indeed, problems on this planet will not be solved by colonizing another. But the future is not as bleak as some believe, either. To see what the future will eventually hold, write for the free book *The Wonderful World Tomorrow — What It Will Be Like*. Earth's problems will be solved — but not quite the way scientists are planning. ■

Masters of the TV Toy Shows

Television is being invaded. The invaders are monsters, muscle men, pastel-colored bears and

beautiful, deadly warrior women — and most of them are not much larger than your hand.

It's the invasion of TV toy shows — television



Illustration by Ken Tunell

cartoon shows created to advertise toys. *Voltron, Defender of the Universe* is one example. Long popular in Japan, this cartoon series is now exported to the United States with the accompanying toys. The program has been so successful that production of the toys can hardly keep up with demand.

The U.S. Federal Communications Commission (FCC) banned product-based programs in 1969 because they are "designed primarily to promote the sale of a sponsor's product, rather than to serve the public by either entertaining or informing it."

But the FCC changed its stand in 1985, approving airing of product-based programs. CBS, one of the top three American television networks, argued that children's educational programming needs are adequately served by public and cable television, which do not need commercial sponsors.

But most U.S. TV stations are funded by advertisers, and most

sponsors of children's shows want to sell toys. With toy-based series, toy companies get exposure of their products, and the stations get popular programming for little expense.

A group called Action for Children's Television is trying to fight these shows through a petition asking that the programs be labeled as commercials. They claim the shows encourage youngsters to want the toys.

Children can't tell the difference between these shows and others, suggests Dr. Jerome Singer, director of the Family Television Research and Consultation Center at Yale University.

If it works in TV, try the movies too. *The Care Bears Movie*, produced for theater distribution at the low cost (for movies) of US\$4 million, grossed such an astounding amount — US\$23 million — that "now all the toy companies are making movies for the kids," says Carole MacGillvray, president of marketing for Kenner Parker Toys Inc. ■

Unclear Results for Eyesight Surgery

"Radial keratotomy really works," proclaims a radio advertisement, alerting the suspicious that maybe it doesn't. It does seem unlikely that cutting your eye could improve your eyesight.

But sometimes it does, at least for a while, and some eye surgeons are promoting the procedure.

Others are criticizing it.

In radial keratotomy, surgeons use diamond-tipped scalpels to make spokelike cuts in the corneas of their patients' eyes, changing the shape of the corneas to try to improve the eyes' focus. The procedure takes 20 minutes, but costs about US\$1,500.

Some Soviet surgeons



L. Greg Smith

have been making the operation almost routine, putting patients on conveyer belts to get them through the various steps faster. Russian and Japanese scientists are working on even greater automation, with some steps being performed by robots and lasers.

In the United States, almost 200,000 have already had the operation. New surgical procedures, unlike new drugs, do not need governmental approval in the United States.

Does radial keratotomy really work? For many patients, yes (although the long-term effects are not known). But about 25 percent of the patients

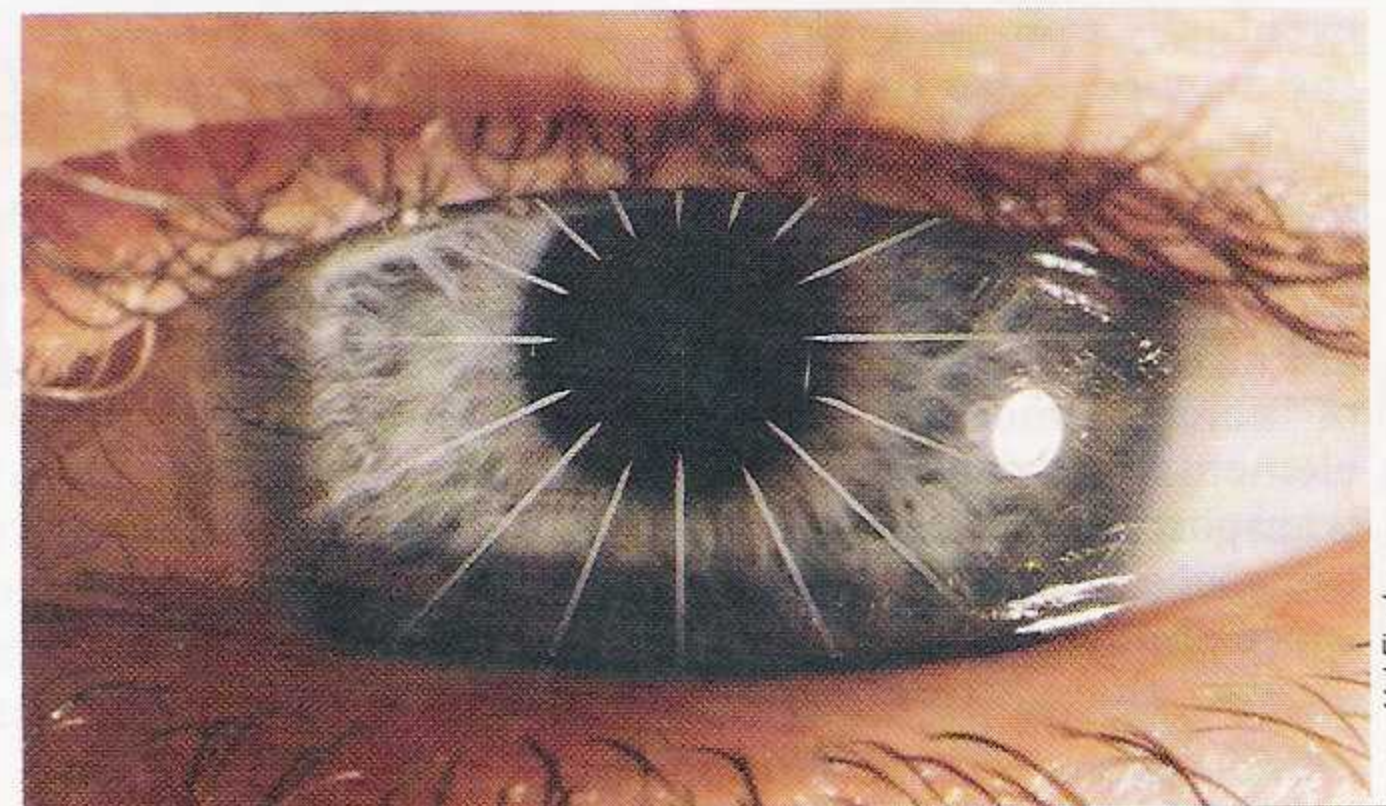
have not been satisfied. Complaints have included still defective vision, overcorrection, rapidly changing vision, light sensitivity, glare and other problems. Corneas may take as long as two years to completely heal. Many patients have had to resume wearing glasses anyway. Extremely poor eyesight is rarely completely corrected.

Even some doctors who promote the procedure refuse to do it on teenagers. Younger people's corneas don't respond as well to the treatment, and their vision is still changing.

The long-term effects of the surgery are not known. Critics claim that the cuts, even after healing, make the cornea weaker and susceptible to accidental breaking.

Dr. Walter Stark, professor of ophthalmology at Johns Hopkins University, calls the surgery potentially dangerous and somewhat unpredictable. He warns that he is seeing more people with serious complications after the surgery. ■

Above illustrations show the normal focus of an eye, the misplaced focus of a nearsighted eye, and how surgeons attempt to correct the focus by flattening the cornea. Photo below shows the spoke-like pattern of the corneal cuts.



Hal Finch

TRENDS

TO TALK ABOUT

Fitness vs. Fatness.

Today's teens, on the average, work less than teens of earlier years, and the work they do isn't as physically demanding. They have more leisure time and more opportunities for eating.

A new report shows that American teens spend an average of 25 hours a week watching television,

which leads to more eating and less exercise.

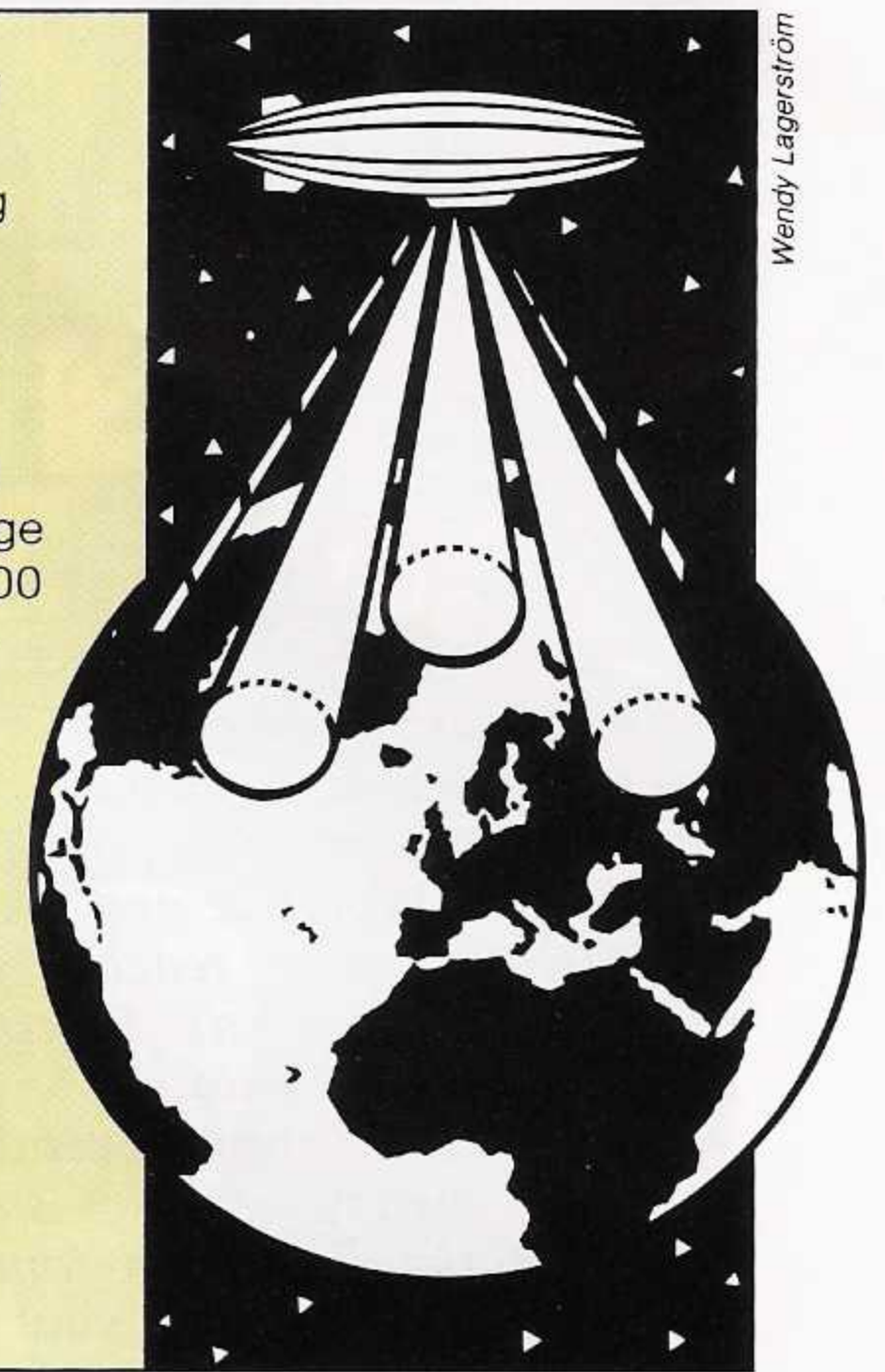
To counter this, some schools are now changing their physical education programs from traditional sports to programs that emphasize exercise for health.

The Blimp Goes High-tech. Even though it's about 100 years old, the blimp is being con-

sidered for a new part of today's U.S. Navy. The Navy has proposed using the lighter-than-air machines to give early warning of attacks on its ships.

Packed with advanced electronic gear, its vantage point of 10,000 feet (3,000 meters) up could allow a blimp to give several more minutes of warning time before an attack on the ships below.

The blimp's biggest problem: its very low-tech image. But one Navy official feels that's now a problem of the past: "We've definitely gotten past the giggle factor." ■



Wendy Lagerström

Computers That Take Out the Trash

If you were staying at the new University of Michigan Hospital in Ann Arbor, your food and linen would be carried by a robot. The hospital staff now includes 17 robots that carry regular loads of supplies.

The "robocarriers," made in Switzerland, are modified versions of robots already being used in Germany and Switzerland. They look like long, stainless steel boxes with yellow bumpers, and can carry up to 800 pounds (360 kilograms) each. They travel on special radio-controlled pathways, work 18 hours a day and don't take coffee breaks.

The robots are programmed to take out the trash, take away dirty dishes and deliver heavy

loads and routine hospital needs.

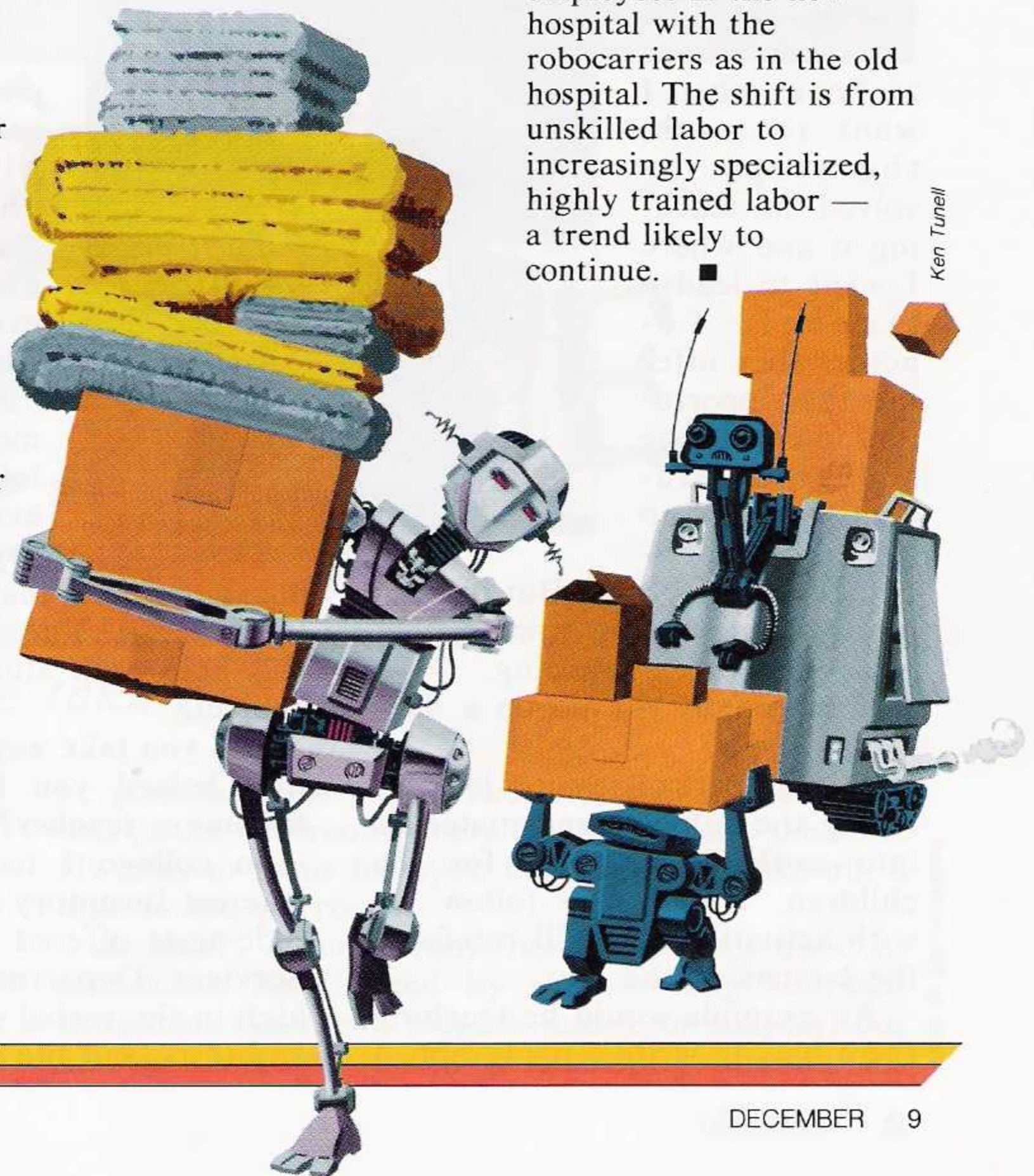
They are almost totally self-sufficient. When their batteries are low, they drive to a barn and plug themselves in for a recharge. They drive through their own mini-carwash, and, when requested by human hospital staff using special terminals on each hospital floor, deliver drugs or supplies to any floor of the hospital using their own elevator. Most patients won't see them, though, for they are restricted to service areas.

As new hospitals are built in high-tech nations, designers will consider using robocarriers. Automated machinery is already being used by about 30 hospitals in the

United States for such things as delivery of mail and laboratory specimens — even some surgical procedures.

Concern has arisen that the robocarriers will replace human workers. But Robert MacKenzie,

the design coordinator for the hospital's robots, said, "Employee numbers are not going down; but [employees] are shifting from direct menial labor to other areas of need." He said that there would be the same number of employees in the new hospital with the robocarriers as in the old hospital. The shift is from unskilled labor to increasingly specialized, highly trained labor — a trend likely to continue. ■



Ken Tunell

Speaking of Careers . . .

An Apple From a Teacher

By Andrew Burdette

Kathleen Mohr has been teaching on the elementary level for the past seven years. She has taught in both public and private schools, and now teaches first grade at Imperial Schools, Pasadena, California.

Mrs. Mohr enjoys reading, music, a variety of team sports and spending time with family.

Question: When did you first become interested in teaching?

Mrs. Mohr: I first became interested in sixth grade. At that time, I remember wanting to be a foreign language teacher.

What interests you most about teaching?

It is a nice combination of working with people and being task oriented. As a teacher, I have to know what I want to teach, the steps involved in teaching it and where I want to lead a student. Together they offer me the opportunity to encourage and guide students to work up to their potential. It is a lofty goal. But if I can motivate a student toward that goal, it is very rewarding.

What might you do on a day-to-day basis?

A large part of my job is organizing the subjects and materials into workable amounts for the children. I will also follow up with activities that will reinforce the lessons of the day.

An example would be teaching them how to write a paragraph. I

have to divide the lesson into sentence structuring, capitalization, punctuation, theme and content. I work on each part individually, and at the same time help them to see the end result will be a paragraph.

I must also monitor the children's progress through grading and evaluating. Then, if necessary, I will teach the lesson again if they didn't fully learn it the first time.

A teacher has to be creative and flexible with the students and keep in mind that he or she is teaching the lesson for mastery.

What do you consider to be your greatest challenge in teaching?

Meeting the individual needs of a child in the class. In today's school systems, with 25 to 35 children in a classroom, you're going to have many special needs.

Teaching is more than giving information. For example, teaching verbs does

not guarantee that a child will learn verbs. You have to check and help each student learn the subject.

Did you take any aptitude tests that helped you in deciding to become a teacher?

In college I took the Strong Interest Inventory as well as aptitude tests offered by the Career Services Department. I scored high in the verbal sections of several tests, and the Interest Inven-

tory showed that I was more inclined to be a teacher.

What is necessary to become a public schools teacher?

Although requirements vary, all states [in the United States] have established credentialing programs that prepare candidates to teach in public schools. Your guidance counselor can give you more details for your area.

Each state usually has a test of basic skills. There is also the National Teachers Examination, and many states require speech and language proficiency tests to ensure literacy.

What recommendations do you have for someone thinking about a career in teaching?

Talk to your parents, teachers and friends about your personality and aptitudes. Then, as early as possible, become involved in a service situation where you can try teaching.

When I was in sixth grade, the teacher let our class work with the kindergarten. I knew then that I would enjoy being a teacher.

Next, you have to prepare yourself academically. That involves a liberal arts orientation in high school and in your first two years of college. Then check out the legal requirements and specifications for certification and credentialing. Stay up-to-date and counsel with an adviser. This will help you comfortably get into a teaching job. □

Job outlook

If the number of new college graduates prepared to teach in elementary school remains at current levels, there may be more openings than qualified applicants after the mid-1980s.

Employment in kindergarten and elementary school teaching is expected to increase faster than the average for all occupations, primarily because of rising enrollments continuing through 1995. Additional positions also are expected because of lower pupil-teacher ratios.

Source: *Occupational Outlook Handbook*, U.S. Department of Labor, 1984-85 edition.



Photo by Warren Watson



Photo by G.A. Belluche Jr.

The TEST PANIC ZONE

By Michael McAlister and Michael Warren

How can you avoid the incoherent thinking and terror that come when you face taking a test?

The place is a white house on Maple Street. The time is 7:39 a.m. on a Monday.

Case in point: George Windgate, a high school student, is just waking up after a short night of inadequate sleep.

Stumbling out of bed in the darkness of his room,

he glances at his clock. Then he staggers down the hall to the bathroom where he slumps onto the sink. He tries to focus his eyes, but can only make out a blur in the mirror.

Suddenly a voice from the past pierces his consciousness. Still dazed by the morning slumber, little does George Windgate realize or suspect, but his life is about to be permanently altered; his

perspective forever changed. George Windgate is about to enter . . . the Test Panic Zone.

A voice from the past

"Remember to study chapters 11 through 26 over the weekend. There will be a test on Monday," his English teacher had said. Instantly George is wide awake.

George Windgate, 15 years old, has just entered a new dimension. A dimension without rhyme or reason, without thought or purpose, the dimension of incoherent thinking, of anxiety and terror. George Windgate is up to his neck in . . . the Test Panic Zone.

George Windgate is afraid. Afraid, not that the test will be unfair, but that it will be fair — all too fair.

Arriving at the class, he realizes his own distraught condition and tries to motivate himself with an impassioned pep talk. "OK, George, relax. Get it together, man. You listened in class. You took notes. You just didn't study."

Fighting to stay calm, he begins browsing through the exam. A lump forms in his throat. It's a jungle: 12 pages of true/false, short answer, multiple choice. Uncontrollably he begins moaning out loud. Heads turn to stare.

After 40 minutes, George is finishing page 2. This must be a nightmare — I must be dreaming, George thinks to himself. And then, noticing the clock, he panics and scrambles on to page 3. But with each passing moment he becomes more and more aware of the passing time. Each tick of the clock becomes louder and louder, and more disturbing. Tick . . . TICK . . . TICK!

"What's happening to me? I can't think! I can't think!" Then the dismissal bell sounds. It's over.

George Windgate, in deep shock, collapses into a quivering pile. But let it be known to all that George Windgate has been one of the lucky ones. With a few months of therapy, he'll be as good as new. He'll live to tell his story.

Many have never returned . . .

Avoiding the Test Panic Zone

By now, the lessons from the dilemma of George Windgate are obvious. We need to study now, ahead of time, for sometime soon it could be our turn.

Soon this dimension might await us.

We can take steps now to avoid the Test Panic Zone. One good way to avoid the danger is to use what's known as the SQ4R* method (that's: Survey-Question-Read-Recite-Write-Review). Here's how it works:

Survey. To avoid becoming lost, don't just read in order to complete an assignment, but first look for such signposts as chapter titles, subheadings, words in bold type, charts, lists and so on.

Question. Then turn statements like your subheadings into questions. For example, "Thorndike's Law of Effect" becomes, "What is Thorndike's law? How did he discover it?" This helps you understand the main ideas of the chapter.

Read. Read to answer your questions. This is reading for comprehension and reading for note taking — not speed reading. Remember to read carefully whatever answers the questions you have made, and spend less time with less important material.

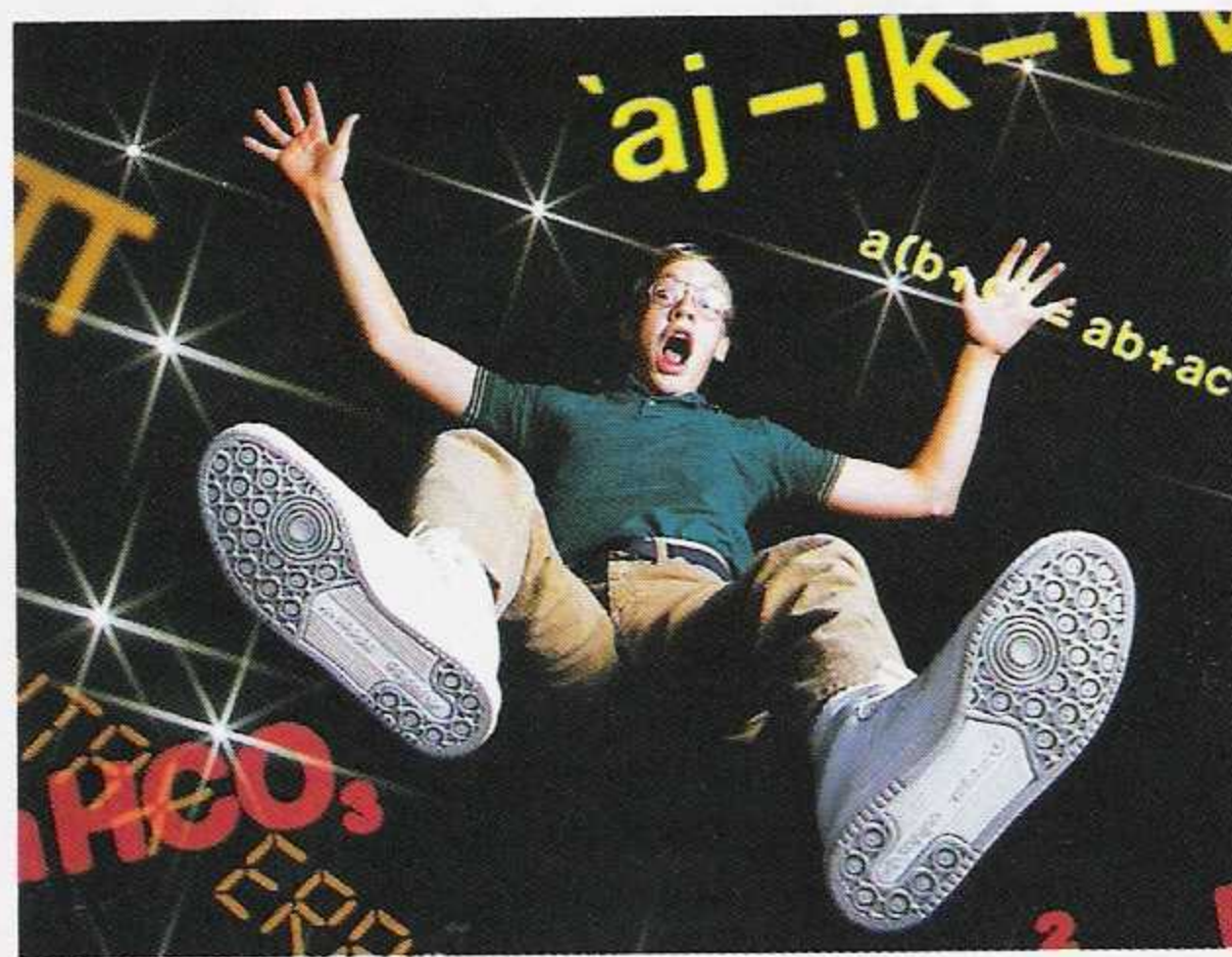
Recite. Once you have found the answers, repeat them in your own words. Be careful to think the answer through as though it were an examination you were taking. If necessary, go back over your text a second time and try again.

Write. Write the answer in your notebook across from the question you have written in your margin. Be sure your answer is written in your own words, exactly the way you would answer it on a real test. Take time to develop your answer thoroughly.

Review. Review is the final stage in studying. You should review for about five to 10 minutes immediately after each chapter. Then go over your questions again the day before the test, and you'll save yourself the trouble of rereading the chapter for a second and third time.

Now if you combine these questions with those you've made up from your class notes, you will have nearly all the answers to your next test before you even see the questions.

So the next time you think, "I'll study tomorrow," remember what happened to George Windgate, because out there, somewhere, awaiting each of us, lurks . . . the Test Panic Zone! □



**George Windgate, 15,
has just entered a new
dimension of terror . . . the
Test Panic Zone!**



*SQ4R is the study method of Donald Smith's *Learning to Learn*, New York: Harcourt, Brace & World, Inc., 1961, which is an adaptation of SQ3R, a study procedure first described by Francis P. Robinson in *Effective Study*, New York: Harper & Brothers, 1946.

Take the Initiative!

By Chris Marlow

You saw it needed to be done, so you did it.

Darrell looked up from where he had his nose stuck in a book and noticed an older gentleman trying to flag down cars as they passed by.

What's that guy trying to do? Darrell thought.

Just then, Darrell glanced down to see the older man's cane in the middle of the street. The man hobbled some 20 yards (nearly 20 meters) for it.

"Hey, hey," the man yelled in an attempt to keep the passing cars from running over it.

But the next car that went by rolled over the top of the cane, sending it another 50 yards back down the road where the man had just come from. The man's crushed look hurt Darrell deeply.

The man turned back around to again hobble after his cane. But Darrell had already stopped what he was doing and was running after it himself.

One car stopped long enough for Darrell to pick up the cane and return it to the older gentleman. The surprised man thanked Darrell for helping him.

Moral of the story

Darrell had just applied a principle so simple, it almost passes us by as we move about our busy day. The principle is this: When you see something needs to be done, do it.

There's no time for hesitation. It's a matter of recognizing a need, then simply taking care of it. Some may call it taking the initiative.

Doing something that needs to

be done doesn't require a spectacular act. Even taking a dirty glass from a living room table and returning it to the kitchen sink fulfills the principle.

Little acts of service like these can mean so much to Dad and Mom as well. For Dad, it might mean fixing him a cup of coffee while he's outside working.

For Mom, it may mean setting the table while she's cooking, then cleaning up after. It may take a little sacrifice on your part, but Mom will appreciate it.

Let me share with you a true story of when I was a young, but serious, baseball card collector. I must have been around 8 years old and had ac-

The man's cane had been run over and moved by several cars before Darrell was able to grab it and return it to him. (Photo by Hal Finch)

quired the unhealthy habit of leaving my cards scattered all over the living room floor. Each time I returned from the outdoors, my cards were neatly bagged away in this old, worn grocery sack.

I noticed my mom picked up after me a lot that summer. It was something that needed to be

done, so I left it for her to do. I felt guilty about this after a while.

One day it happened again, and the guilt proved too much. I decided to do something about it. Walking outside, I began picking my neighbor's dandelions from his yard, hoping he wouldn't mind. To me they were flowers. I didn't know dandelions were common yard weeds.

After gathering a dozen or so, I placed them in a small glass of water on the kitchen table. Later, I heard my mom's voice.

"Who put this glass of dandelions on my kitchen table?" she said.

When she realized I did it and my good intent behind it, she squeezed me tight as only a mother can do.

"Oh, thank you," she said. "But we had better get a bigger glass for them. They're ready to fall out of that one."

Indeed, the glass I found was much too small. Exchanging glasses, they looked so beautiful



sitting in the middle of the table. I was so proud. I saw it needed to be done . . .

Receive a good feeling

You've noticed by now that
(Continued on page 24)

Joey, The Captivating Kangaroo

By Lynn Marshall

These homeless kangaroos would have captured your heart, too!

From the unique and beautiful land “down under” comes an animal equally exotic — the Australian kangaroo!

People have always been captivated by them, especially by their fascinating appearance. When the first live one was exhibited in England in the 1790s, a pamphlet explained that “to enumerate its extraordinary qualities would far exceed the common limits of a public notice.”

In 1770, when Captain James Cook sent his men ashore to look for food in the unknown Australian bush, they were goggle-eyed to see this amazing animal.

They asked the natives about this extraordinary creature, but the natives just spread their hands, shrugged their shoulders and murmured “kangaroo.” Freely translated that means something on the order of, “it would be hopeless to try to tell you.”

When I was growing up in Australia, my backyard was made up of mountains, valleys and meadows filled with all kinds of wild animals and birds. Over the years we had many types of pets, but the most delightful and best loved of all was the Australian grey kangaroo — the country’s national symbol.

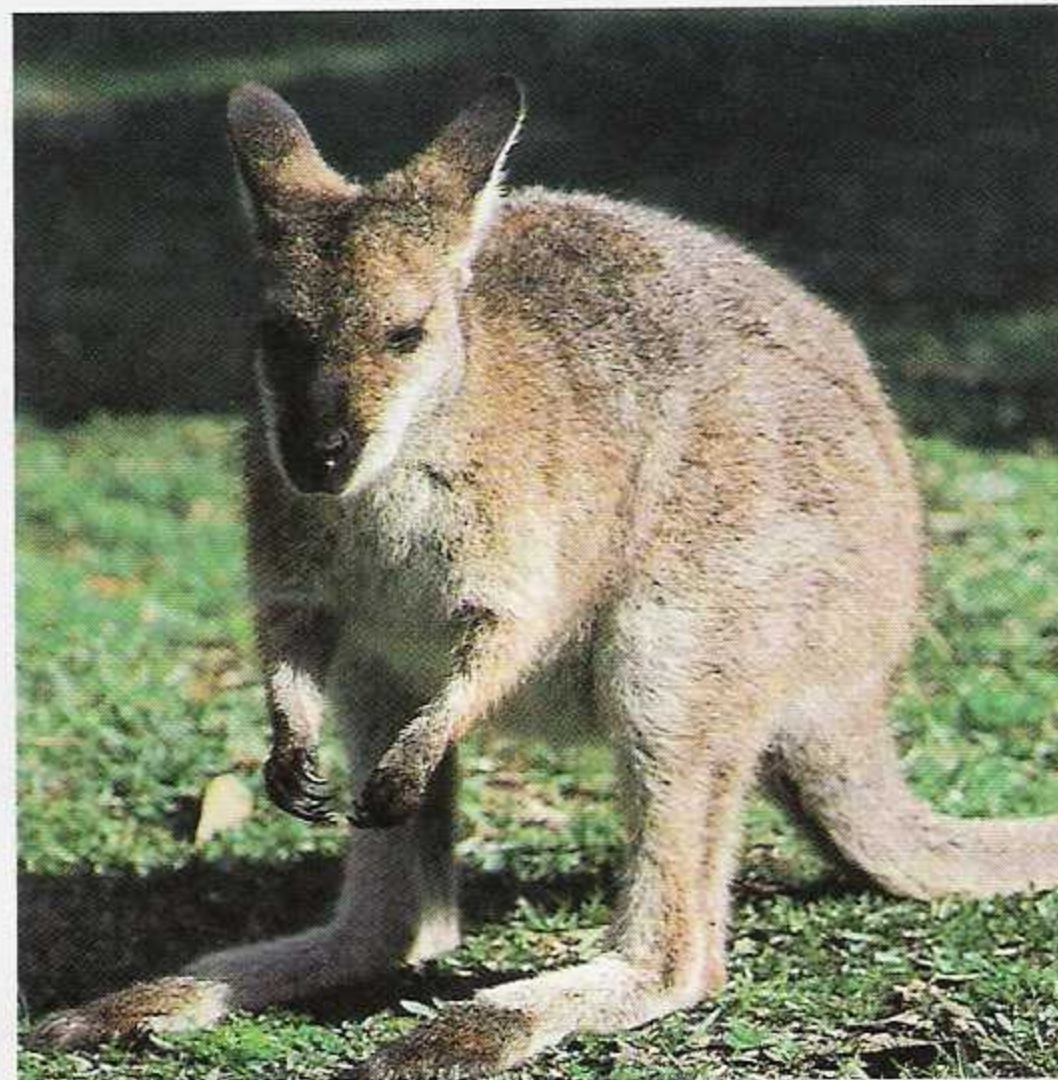
Adopting homeless kangaroos

It is enchanting to have a kangaroo as a pet. They always attracted much attention from visitors.

There is something absolutely captivating about kangaroos’ gentle manner along with their exotic appearance. They have the biggest, softest eyes; a twinkly little nose; a graceful neck like a deer; beautiful fur; two little front “hands”; a delicately shaped head; large muscular hind legs that look like

they are on long, flat skis; a tail thick as a python and to top it all off the female has a fur-lined pocket from which her little offspring pokes his head, as if looking out of a window. It’s a pose that is every photographer’s delight.

Over the years we had many kangaroos as pets and they were all adorable. These were homeless, abandoned young “Joeys.”



Sometimes a neighbor would give us one; sometimes my father would find one and arrive home on horseback with it tucked inside his shirt, nestling trustingly against his hairy chest.

One thing was sure, no matter how they arrived: There was always great excitement to have another Joey in the family. We found them all to be affectionate. They would put their arms around your waist and give a big hug.

Caring for Joey

The little ones had to be handled gently. They were extremely hard to rear. They slept in impro-

vised mother's pouches lined with warm material. We would use an old corn sack, make a small slit across the middle of the front for a window, cut out the top piece, then hold it out for Joey to jump in. He would dive in headfirst, do some acrobatics and come up with his little face sticking out of the window. We couldn't help but laugh at this.

When bedtime came, we just called and held the bag open for him to jump in and then hung it by a fireplace for warmth. When they were older, they would be locked up at night, protected from harm in a wire-netting run. They were left to roam free in the daytime and they seldom strayed far from the house.

Young kangaroos were fed on a baby's bottle, which after a while they



Left: In a photo from her teens, the author feeds a pet kangaroo while one of the cattle dogs stands by. (Photo courtesy the author) Top: A young Joey peeks out of mother's pouch. (Photos: Nathan Faulkner and Hal Finch)

There was always great excitement to have another Joey in the family.

with the cats and wouldn't strike out at them. Besides his bottle or dish of milk and the pick of the best grasses, Joey also loved to hold a piece of bread in his hands and nibble daintily on it.

Kangaroos are trusting as pets. Whenever they would hear wild dogs barking off in the distance, they would come hopping hurriedly out of their pen, jump through the window or door and sit alongside us for protection while quivering all over. Our own cattle dogs were quite friendly with them and the Jokeys often teased and played with them.

They were good companions and wherever we went they would follow us if they could, even when we were on horseback.

They usually stayed around the house until about 18 months of age, then would leave for the company of their own kind.

We once reared a Joey that had a crooked tail. He grew up and though he left us to join a mob of kangaroos in the wild, he didn't forget

all about us.

When we rode around our paddocks in sight of a mob of kangaroos, if he was there, he would stay and wait for us while the others would hop off to hide in the timber.

Although we thought up fancy names for them like Punchinello, Aloysius or Anastasia, it always ended up just plain Joey.

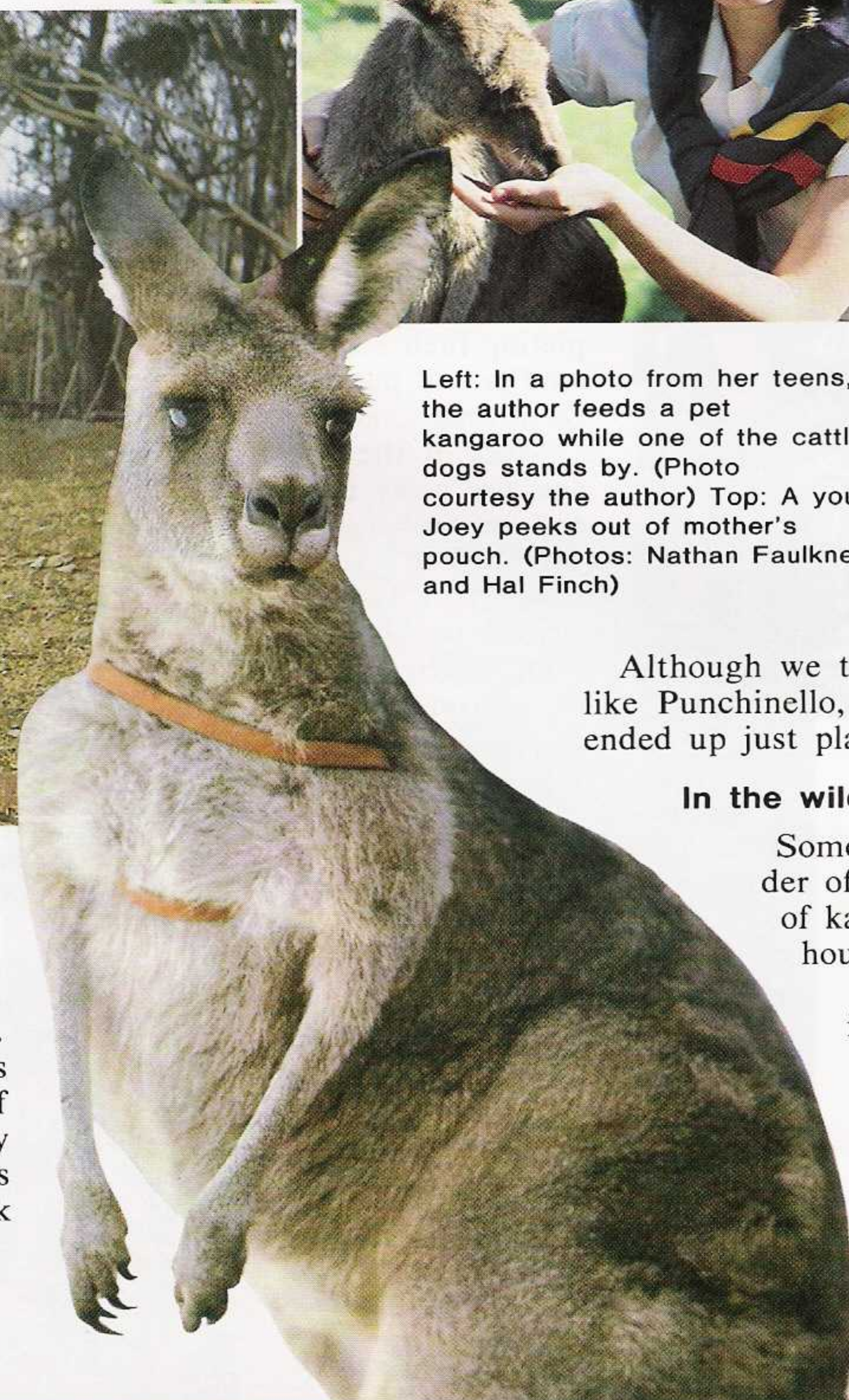
In the wild

Some days after school I would wander off from the house and find a mob of kangaroos and sometimes watch for hours.

I would often see them together in groups from five to 50. They play a game similar to tag, but their favorite sport is boxing, which they glory in, standing up on their hind legs to challenge

(Continued on page 24)

would hold by themselves. We had to prepare a special milk formula for them. The older ones would feed out of dishes and they were always happy to drink



What is the first thing that comes to your mind when you hear the word *Spain*?

Perhaps bulls, matadors, shouts of "olé" and applause. What about guitars strumming on a clear night in Andalusia, or a sunny day on the tourist-filled beaches?

Spain is all of this and much more. Let's take a trip through the country and learn what life is like for young people here.

Spain is on the southwestern edge of Europe and has a population of about 39 million. Its central regions are mostly plains, while the rest of the country is basically mountainous.

Most of the people live on the coasts where the industrial and tourist areas are. The warm and sunny climate is perhaps the main incentive for many young people (among the 40 million tourists) to visit Spain each year.

Much to see and do

A teen can be skiing in the morning in the Sierra Nevada range, which has snow almost all year! Later that afternoon, he or she can be savoring a swim in the warm blue waters of the beautiful Costa del Sol (Coast of the Sun).

But everyone who comes to Spain finds that there is something more profound and beautiful than the sun. That discovery is the friendly, open people with their interesting customs and delicious foods.

During the spring and summer there are many popular feasts. With these occasions, the town public squares are decorated with wreaths and colorful lights and become places for dancing at sunset. Groups of teens can be seen becoming acquainted along with their parents who also enjoy the



What's It Like to Be a Teen in SPAIN?

By Pedro Rufian and Pedro Caro

¡Olé! Come join us on a trip to discover España and its young people.

dance. This is the usual way to start dating, and this is allowed only for those who are engaged (or close to it).

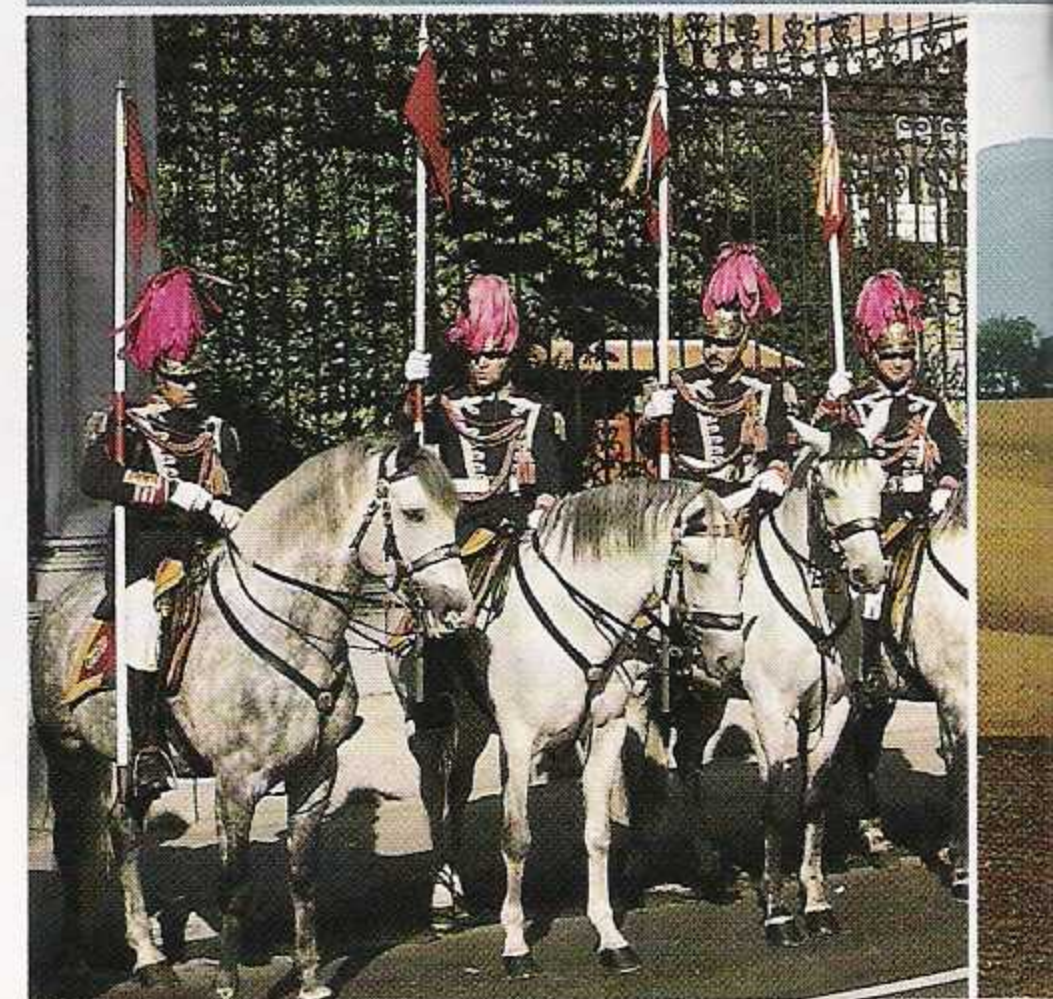
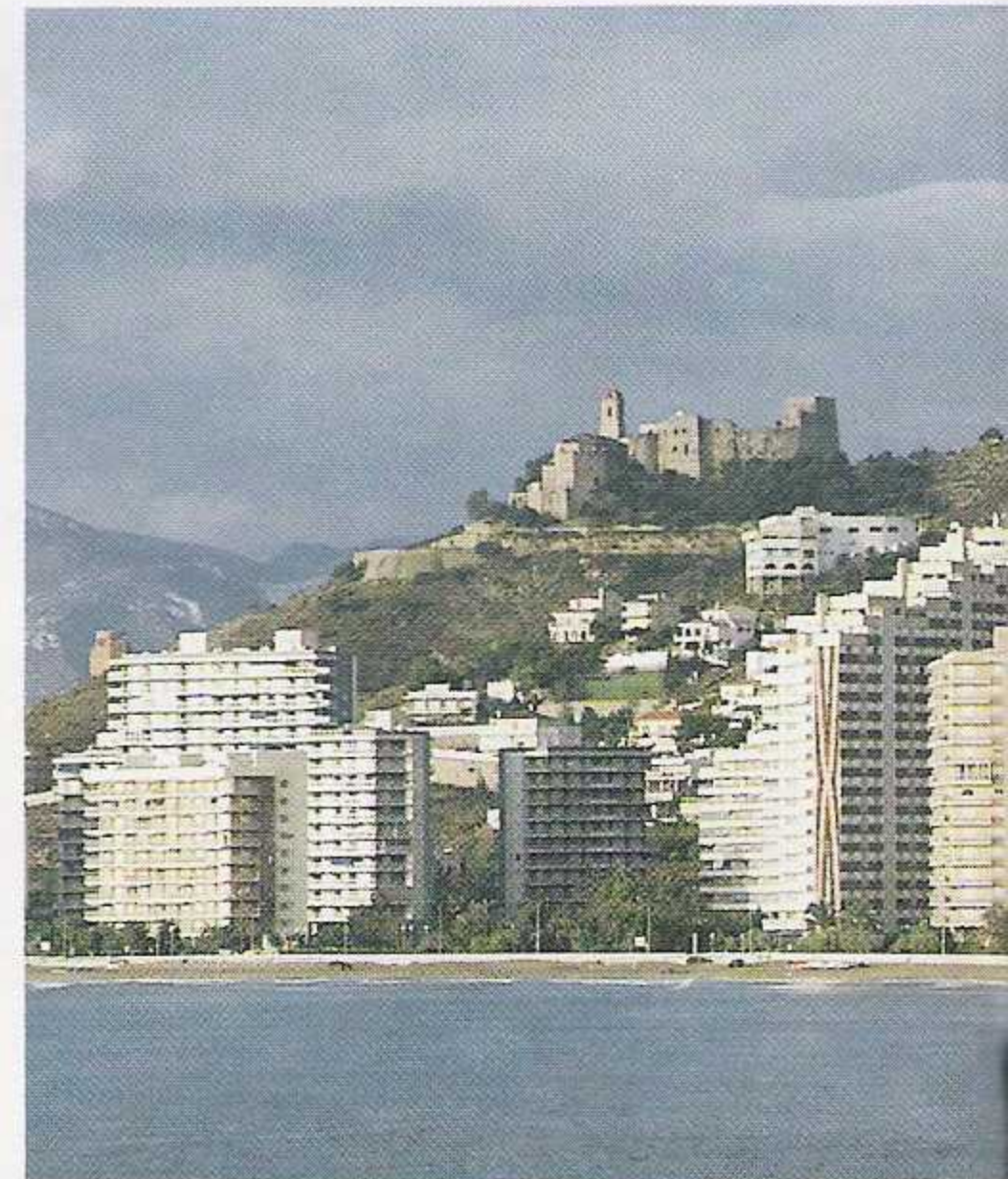
Beach parties, discotheques and excursions in the beautiful mountains and parks are other teen activities during the summer. Realizing this, many look forward to their reward since these activities can only be enjoyed after successfully completing their school studies and passing their final exams.

Most of the exams are essay type and comprehensive. The grading system is similar to the British or U.S. in using letter grades, but also one of these grades is for conduct, which is highly regarded by parents.

During summer vacation, the family visits grandparents who

often live in the smaller towns or villages where they were born. The grandparents always have stories to tell about how they met, fell in love and how much they now love each other.

Blending the traditional and modern: (this page, clockwise from top) seaside Cullera (photo by G.A. Belluche Jr.); rolling hills (photo by Wm. Floyd Holdman — Photo Bank); a colorful horse guard; (above) Spanish dancers in Madrid (photos by Ron Johnson — Photo Bank).



The grandchildren enjoy these stories at the dinner table. Here they also find the typical food of the country that is made with love, and not with the haste found so much in the city.

Historic castles

Teens can learn Spanish history through its many attractive castles and ancient squares. At the Prado Museum of Madrid, they can appreciate some of the world's most famous paintings including the works of Spanish painters such as Velazquez, Goya or Picasso.

Spain is also the birthplace of widely known writers. Cervantes, who lived about the time of Shakespeare, gave the Spanish language strength and vitality. In his book, *Don Quixote*, he created the adventurous, impulsive, yet enterprising Spanish character that still lives on today.

Spain is a melting pot of races, languages and cultures. Many peoples have crossed over the

Strait of Gibraltar. From history we know that the people of Carthage, who had established themselves in North Africa, reached the vicinity of Rome by crossing through Spain.

From northern Europe, other tribes also arrived into the Iberian Peninsula. Some established themselves there and intermarried with the natives. The Galicians of northwest Spain are Celtic descendants along with the Iberians who make up the major ethnic group of this country.

Which person or persons can you say left the greatest mark on Spanish history? Without doubt, two are the Catholic King Ferdinand of Castile and Queen Isabel of Aragon. They unified Spain and

gave support to Christopher Columbus's expedition to the New World, America.

By unifying Spain, Isabel and Ferdinand strengthened the Roman Catholic Church, and Spain remains one of the most Catholic countries of Europe.

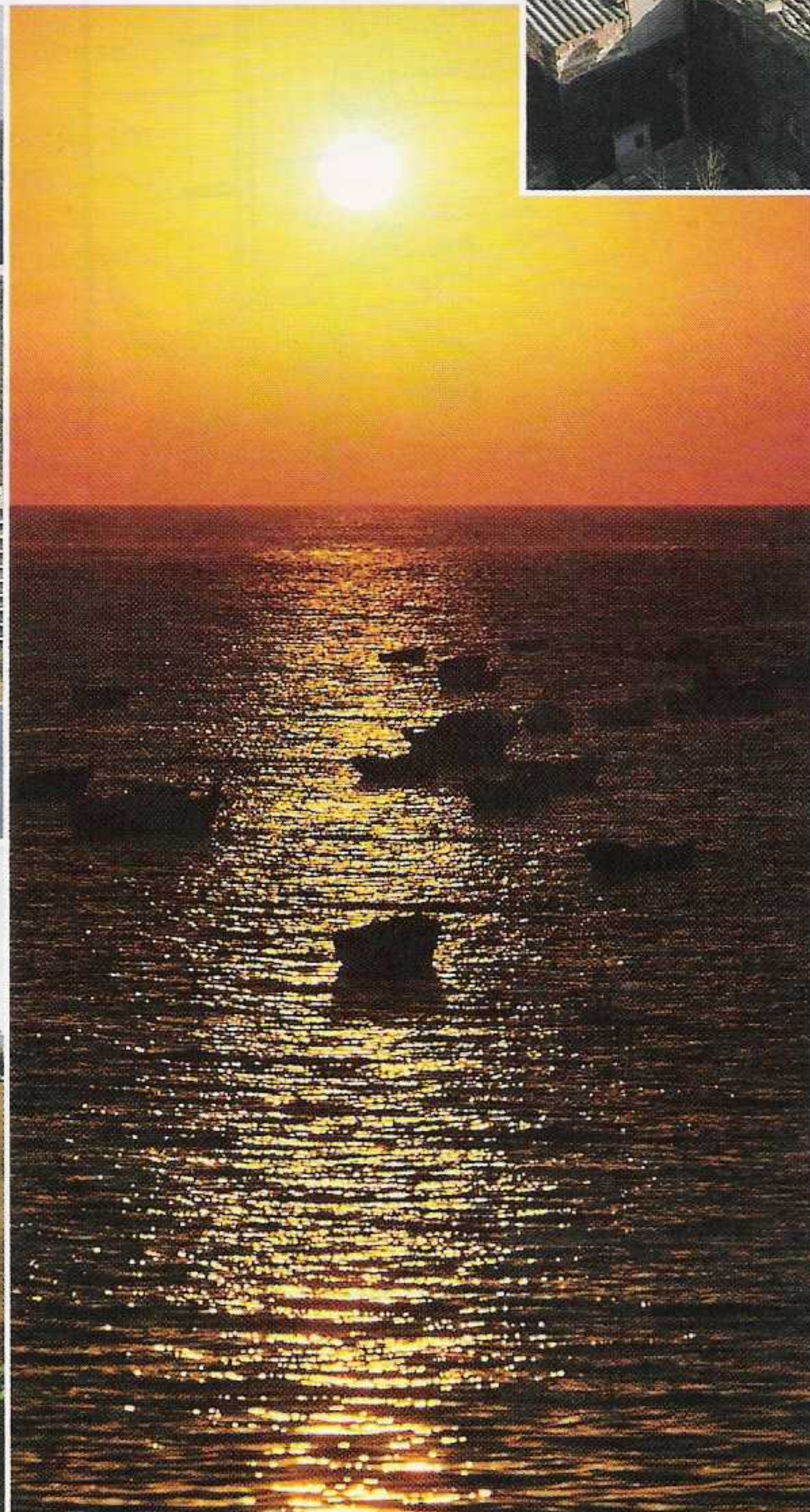
A typical Spanish teen

From history, we can learn much, but let's also learn about what life is like for the typical teen today. Juan, for example, is a teen of an Andalusian family of which many can be found in the more densely populated and industrialized areas of Spain.

Madrid



Roof tops (left) in the mellow glow of the Spanish sun (photo by G.A. Belluche Jr.); fishing boats off the coast of Cadiz (photo by Ron Johnson — Photo Bank).



and Barcelona are large cities with subways as well as buses for public transportation. Even though each family has its own automobile, sometimes it is more convenient to use public transportation and avoid the traffic jams of the large cities. Juan, however, would not be able to obtain his driver's license until he becomes 18. At 16, he could get his motorcycle license.

When Juan's family is on summer vacation in Andalusia, they can rediscover the old custom of taking a siesta. Between 2:30 and 4:30 p.m., all Andalusia sinks into a deep sleep without activity. All kinds of stores and businesses close; the traffic hardly moves in the streets.

Another tradition enjoyed by the family is lunch that lasts more than an hour. Here the father can teach a particular lesson
(Continued on page 24)

IDEAS PLUS

The Night Arachibutyrophobia Struck

John has a real problem. He doesn't know how or when the problem started or what to do about it, but he recognizes it as a problem. John has what is known as arachibutyrophobia. This is not the dreaded disease it may sound like. Arachibutyrophobia is the fear of peanut butter sticking to the roof of your mouth.

Phobias are interesting. A phobia is an exaggerated fear of something. There is a name for the fear of almost anything you can think of.

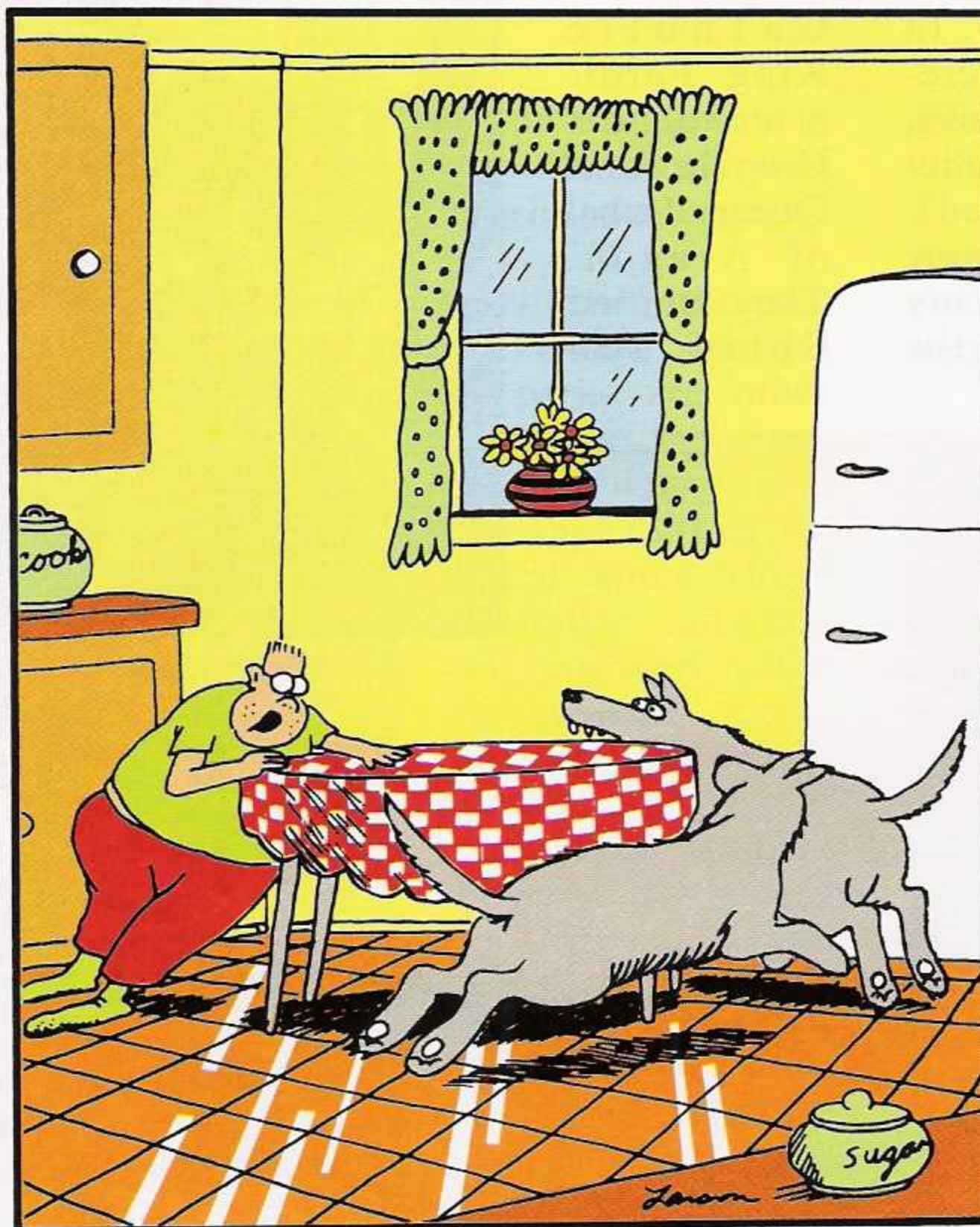
Phobias plague more of us than you would imagine. An estimated 14 million adults in the United States alone suffer from at least one phobia. I suffer from a mild case of claustrophobia. I don't fear elevators or closets or small rooms, rather, I don't like the back seat of a small, two-door car. I'm rather tall so I don't fit well into the back seat anyway. I feel penned in, there is no easy escape — I can't just open a door and get out.

Silly, isn't it? Or is it? Phobics usually don't know why they are afraid and they recognize there's nothing to be afraid of. But they are still frightened.

What about you? Do you have a phobia? Do you have a secret fear of, well, anything?

Are you afraid to talk in

public? You suffer from lalophobia. Arachnophobics, musophobics and ailurophobics are afraid of, respectively, spiders, mice and cats.



Luposlipaphobia: The fear of being pursued by timber wolves around a kitchen table while wearing socks on a newly waxed floor.

Did you know some people suffer from androphobia — fear of men? Some fear crowds (ochlophobia) while others fear being alone (autophobia or monophobia).

Most of us don't suffer from phagophobia (fear of eating) or from neophobia (fear of new things, like clothes and gifts).

Sometimes, though, our parents or employers may think we have ergophobia — fear of work. Our teachers may think we have bibliophobia (fear of books) or even sophophobia (fear of learning).

Some of you probably have the same philosophy on life as former U.S. President Franklin D. Roosevelt. He said: "There is

nothing to fear but fear itself." There is a name for that kind of fear also: It's called phobophobia!

— By Rick Shallenberger □

Sick as a Dog?

You've probably heard the expression "sick as a dog" used to describe an illness someone has had. Veterinarians are now warning that we can get sick from our dog — or cat, hamster, bird or whatever.

Most people don't suspect that their pets could pose a health risk. However, animals can transmit a number of diseases to people. With certain exceptions, like rabies, these illnesses are

usually not life threatening, but they still can make you quite ill.

Puppies can be infected with roundworms, which can cause intestinal distress and diarrhea in people. Dogs and cats can spread ringworm, which causes a red, itchy rash in humans. Rabbits, chickens and turtles can carry salmonella, a type of bacteria that causes food poisoning.

So what do we do now — give Fido, Fluffy and Tweety away? No, not necessarily. For all the fun, learning and companionship pets provide, they're worth having around. In one lab study, the mere presence of a dog lowered blood pressure and stress levels in children. Another report showed that people recovering from heart attacks did better if they had pets. Furthermore, by taking a few precautions, we can avoid being infected by our pets.

Here are precautions veterinarians suggest:

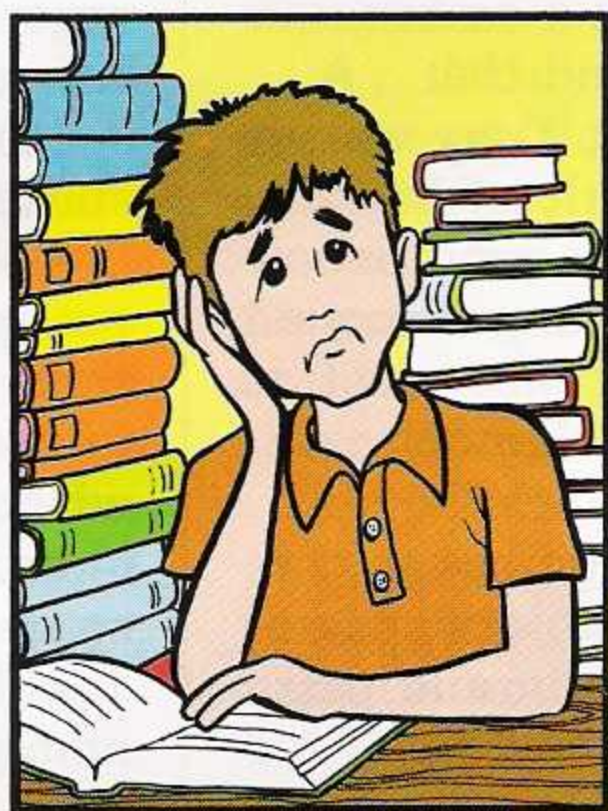
- Wash your hands after touching animals.
- Don't sleep with your pet.
- Change cat litter daily. Use gloves while doing so.
- Promptly clean up after pets outdoors, to avoid soil contamination.
- Avoid strange dogs and cats. Don't feed wild animals or try to make house pets out of them.
- Have puppies and kittens immunized against animal diseases.
- Take prompt care of sick pets. See a veterinarian if their illness lasts more than a few days.
- If you are ever bitten by an animal, let someone know immediately, so that the animal can be captured and tested for rabies. Also wash the wound and see a doctor or report the incident to health officials. — *By Ed Stonick* □



How Fast Can You Read This?

It's term paper time again and there's a stack of books a mile high (well, maybe that's a slight exaggeration) on your desk. You have to read them all and write your paper — by next week!

If only you could read faster. Well, you can! Here are four suggestions on how to improve your reading speed.



First, cut out all distractions. That means no television in the background, no radio, tapes or records playing.



Try to find a place away from noisy family members, ringing phones, barking dogs and so on.

Get comfortable, make sure you have good lighting and get started.

Next, here are three techniques experts use to increase reading speed.

That first book is about 1,000 pages long, and looks so boring. Now what? Use a technique called previewing. Read the first two paragraphs of the section you need (and you probably won't need all 1,000 pages). Read the first sentence of the next paragraphs. Now read the entire last two paragraphs.

This should give you a good overview of the material. If you find something of interest for your paper, mark your place and go back later for the details. You might want to make some notes to yourself so you'll remember what you thought was important.

The next book looks interesting and a lot easier to read. Besides, you know from looking in the index that it covers exactly what you need for your paper. Try skimming the material. Move your eyes quickly along each line, picking up key words. Skimming takes about half the time it would take to read every word, and

though you'll only have about a 50 percent comprehension rate, you'll have a good general idea of the material.

Clustering is the last technique. Clustering gives you better comprehension along with speed, by teaching you to look at groups of words instead of one word at a time. This takes practice, but you

can pick it up in about a week if you work on it 15 minutes a day. Practice by first reading something using the clustering technique, then going back and rereading it to see what you've missed. Soon you'll be understanding as much in less time.

Of course, there will be some things that you still want to read word for word. Some things should be read word for word in order to get the full meaning. But these suggestions should send you on your way to faster reading. And a term paper turned in on time. — *By Kathy Burch* □



As they rounded the curve on the twisting canyon road, Tony and his friend knew something was wrong.

with just a little necking. The prison term for the guy who stole the car began with his first theft of something perhaps as small as a cassette tape. And that accident Tony was in

began with one bottle of beer. Since tragedy begins with one small step in the wrong direction, why take that step?

Listen to King Solomon's advice: "Enter not into the path of the wicked, and go not in the way of evil men. Avoid it, pass not by it, turn from it, and pass away" (Proverbs 4:14-15, Authorized Version).

To avoid that first ill-advised step, you need a determined ability to say no. It takes courage — far more courage than just going along with someone who dares you to start down a road that ends up in the wrong place. Nobody ever fell over a cliff from a safe distance away. You can only fall from the edge.

Tony was lucky this time. His friend wasn't. Did Tony learn his lesson? "Avoid it, pass not by it, turn from it, and pass away."

— By Jim Roberts □

Proverbs for Today: The Cliff's Edge

Tony was lucky this time.

At least it looked like luck. He came out of the accident with just a sprained wrist and a few cuts. Tony's friend was not so fortunate. He lay critically injured.

It had seemed harmless when they took off in the car. They soon entered a canyon area full of twisting turns. Tony thought they should slow down, but it was fun feeling the forces fling him back and forth.

All it took was one sharp curve with loose gravel from a rock slide. The car careened over an embankment. They were fortunate the car came to rest upside down without bursting into flames.

"I didn't think it would turn out this way," Tony lamented. It had sounded like fun at the time to drink a few beers and go for a ride. Tony thought about how much better things would be if that evening's "fun" hadn't started.

What causes tragic things to happen? Often, they begin with a single bad decision that mushrooms. The pregnancy for that sophomore at school started

comes from the Greek word *pantomimos*, meaning "imitator of all."

Marcel Marceau's name is almost always associated with mime — and anyone who has seen him perform watched the air around Mr. Marceau become anything from a park bench to a train.

You can do the same! Maybe not with the perfection Mr. Marceau has achieved after more than 40 years of professional practice, but you can do it for fun and entertainment.

Here are a few steps to get started:

- Watch for mime performances in your area. From this, you can have something to imitate. Then you can practice what you learned for school or church shows, talent contests and so on.

- Play charades. There are many varieties of this game. One is to act out titles of books, movies and television shows word by word — silently — getting your team to be able to guess the name. Haven't played it? Ask your parents! They'd probably love to play this game with you and your friends.

- Practice with props, such as doors, walls, tables, chairs, jump ropes and any others you might

like to use in an act,

and then try

to copy the

same action

without

them. It

may be a bit

difficult at

first, but in a

short time, you'll

have it down pat.

Having a friend join you will help you make it look as real as possible from the audience's point of view. Practicing in front of a mirror also helps you get another view.

With time and practice, you may find yourself with a new hobby... and a way to speak without using words. — By David H. Evans □



Speechless

It's fun. It's fascinating. It's challenging. It's something you can learn.

We've probably all seen it in shows, movies or school plays. It dates back to ancient civilizations, and is still popular today.

Pantomime — the art of expression without words —

Dear Youth 86,

Practical Bible-based answers to the problems of growing up.

Q. My dad remarried not long ago. My problem is that now my dad shows more attention to his new wife and to my stepbrothers than he does to me. This makes me feel unloved and unwanted.

A. We understand how you feel, but we think your dad probably loves you and wants you as much as ever, even if you don't feel like he does right now.

If your father is neglecting you a bit, it could be that he is merely trying to focus his attention for now on the new members of his family (your stepmom and stepbrothers) so they will know that they are wanted and loved. In doing so, he may be unconsciously neglecting you. If so, it is no doubt unintentional and will probably shift back around when he feels the new members respond well to him.

On the other hand, maybe your dad is giving everyone attention, but — compared with the time when you had him all for yourself — it just seems like you are being ignored. If so, try to understand that your dad has responsibilities to everybody now, and not just you.

Either way, we suggest that you talk with him about your feelings. Be sure to pick a time when he is not rushed or troubled by some problem. And when you do talk to him, listen carefully to his answer and see if it is one of the possibilities stated here.

Most likely your talk will help both him and you deal with the many problems a new family faces upon remarriage of a parent. Problems such as these are common to such changes as a new marriage and can be solved with time and understanding.

Q. I am not a teenager, but am a mother of several teenage girls. I've

read your articles saying premarital sex is wrong and I agree. But in this world I think that boys sometimes feel this applies to girls only — that is, that they are bad if they do it — but not to them. It is a double standard.

A. You are undoubtedly correct. A double standard does exist in the minds of many in our world today. They condemn girls for promiscuity, but chuckle at or at least tolerate the boys doing these things.

Therefore let all teens, both girls and boys, read this and think about it. Premarital sex is harmful and a sin. It is a sin for both girls and guys in equal degree. And it absolutely is harmful to both sexes.

This magazine has spent dozens of pages listing the reasons this is so, and we cannot reprint them all here. But any young man who feels that he can engage in premarital sex less wrongfully or with less harm psychologically than a girl is kidding himself and is dead wrong. Common sense tells us that, if anything, since man is often the aggressor, the male is the most to blame.

Perhaps this one statement won't set straight this misconception completely, but we hope it will be a start.

Q. Recently I was shocked to hear that a study was

done on some of the songs produced by a few of my favorite rock groups.

According to an article I read, when the songs were played backward, it was found that some of them said horrible things. Do you believe this is true?

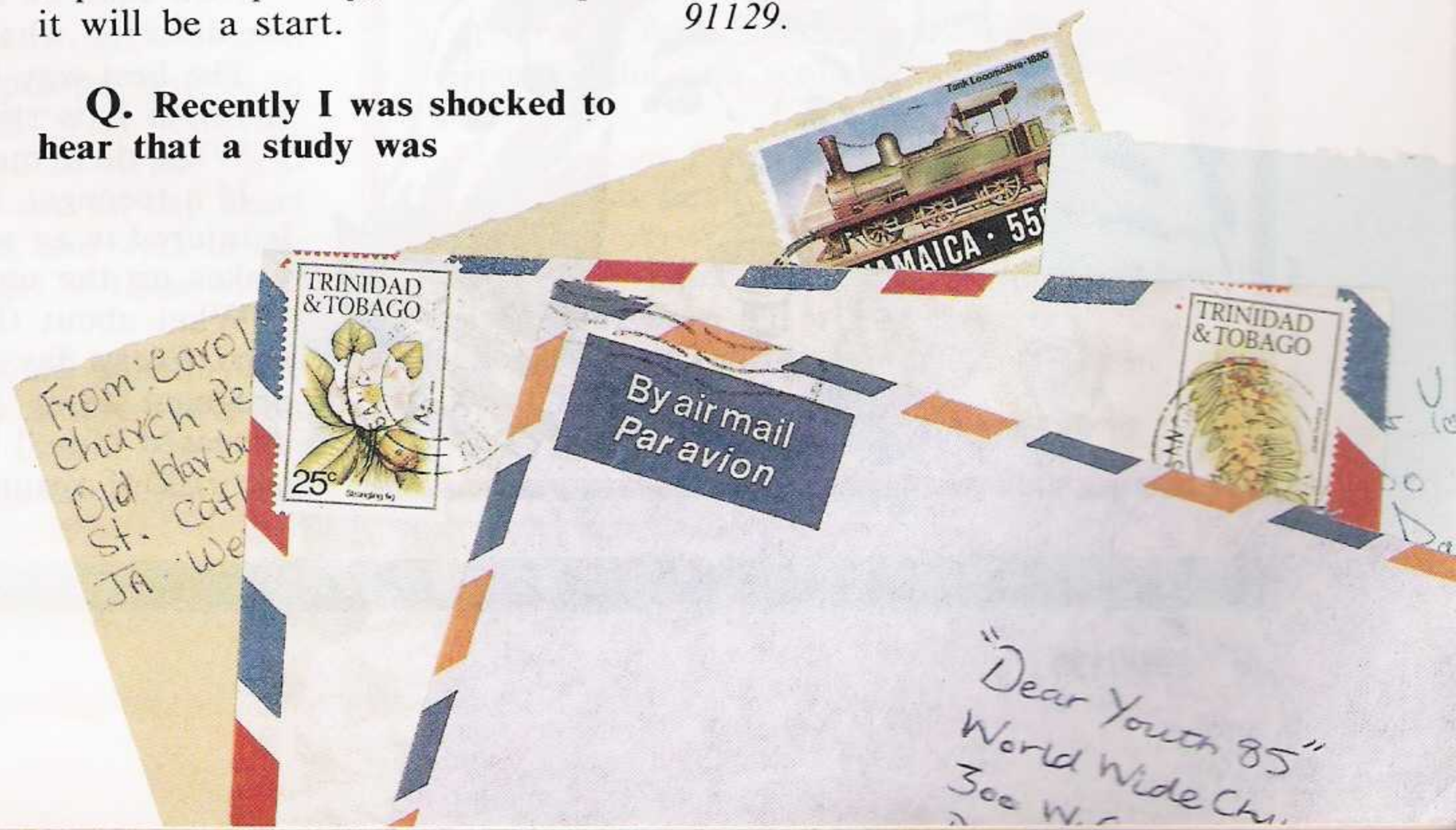
A. It may be true. I certainly would not be surprised to find that it is. On the other hand, the real damage done by some songs is not from playing them backward, but playing them forward!

The point is that even if these songs do contain such reverse lyrics, the words in some songs played forward (and therefore with the words clearly understood) are so shocking that they simply should not be played at all. It is this very thing that has spurred some parents to try to get songs censored or at least rated, or to have warnings put on their covers.

It is not possible to discuss the pros or cons of various types of music here. Other articles in this magazine have done this in depth.

But anyone who really believes that he or she can listen to hour after hour of songs that speak of sexual promiscuity and violence, but yet not be affected by them, is naive. □

We welcome your questions and will excerpt as many as possible. Sorry we can't answer them all. Answers are prepared by Bernard W. Schnippert, a minister of the Worldwide Church of God. Address your questions to "Dear Youth 86," 300 W. Green Street, Pasadena, California, 91129.



Does God believe in

"I didn't know
that was in the
BIBLE"

FUN?

Last summer I had the chance to spend a month with a group of teens at summer camp. Among other things, I instructed them in the sport of golf.

At the first class I told them, "Let me say at the start, golf is really a lot of fun."

A few of them rolled their eyes. Obviously, they were prepared to be thoroughly bored. Others took a wait-and-see approach. I can safely say, most of them didn't think they would enjoy the game.

By the end of the second class a few campers said, "You know, I thought golf was going to be a really dumb game — but, hey, this is fun!"

Now you may be wondering if our column this month is an advertisement for golf — if I can find some way of making golf a biblical sport.

No, this is not an advertisement for golf. And golf was not played in Bible times.

But it is an advertisement for fun.

And fun *is* found in the Bible — though many don't seem to realize it.

I got into a discussion with several of the campers one day about what fun is. We had a lot of ideas. But many had to admit that at camp they were learning a lot of things they hadn't thought would be fun, but that were turning out to be fun after all.

Many people think anyone living by the princi-

ples found in the Bible couldn't have any real fun.

For some reason, many think the Bible is a book for — well, for "Bible times." But the Bible is God's instruction book for living — even in the 20th century. And, believe it or not, the great Creator God who designed the vast universe and all that is in it, would like for you to have fun.

What is fun?

But what is fun? Many people have the idea fun is the thrill of something daring and adventuresome. Living on the edge. Driving at high speeds. Feeling the thrill of the unknown, of "forbidden fruit."

But is that really fun? You have all heard many tragic stories of young people who tried to have such "fun." Maybe someone in your school was killed or permanently injured because of wanting to experience the "fun" of driving too fast.

Many young people are lured into smoking cigarettes at age 12 or 14 because an older kid has convinced them how much "fun" it is.

The "fun" of alcohol, marijuana or cocaine can lead to injury, prison or death.

One of the most shocking deaths of 1986 was the cocaine-related death of basketball star, Len Bias. Apparently this young man was not an habitual drug user. But for some reason, the temptation — the lure of "fun" — became too great to resist.

Maybe it was even his first time. But that one experience ended the life of a young man with a bright future. What might have been "fun" for a few moments ended in tragedy.

Now that we've looked at what it's not, how can we describe what is fun?

The best way I know to define the word is: "Fun is fun if it is still fun the next day."

What do I mean?

If a teenager has too much alcohol to drink and is injured in an accident, was it fun? Or if he or she wakes up the next day with a splitting headache?

What about those who believe premarital sex is fun? Every day thousands of teenage girls become pregnant from premarital sexual relations. What appeared "fun," becomes deep sorrow. There is also the risk of sexually transmissible diseases.





So is sex outside of marriage fun? Not for millions who have paid the penalty of unwanted pregnancy, disease or even death — not to mention the mental anguish, guilt and ruined reputations that come from breaking God's law.

So you can see why I define fun as something you don't regret the next day, week or month.

God is not some sort of harsh being sitting way out there in the universe delighting in making young people miserable. When God

created human beings on the earth, He had already made a wonderful environment for them.

God made beautiful flowers, exciting animals, majestic mountains and rushing streams — all for man to appreciate, enjoy, maintain and improve.

What the Bible says about fun

When Jesus Christ lived on earth, He came for many purposes: to set an example for us, to start His New Testament Church, to show how to fulfill God's laws and even to die for man's sins that we might be forgiven.

But did you know this? In John 10:10, Jesus said, "I am come that they might have life, and that they might have it more abundantly" (Authorized Version throughout).

Among the last words He left with His disciples were, "These things have I spoken unto you, that my joy might remain in you, and that your joy might be full" (John 15:11).

That doesn't sound as though Christ was against fun, does it? It was His desire for mankind to have prosperity, happiness — and fun!

One of those 12 disciples later wrote, "I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth" (III John 2).

God inspired wise king Solomon to write, "Rejoice, O young man, in thy youth; and let thy heart cheer thee in the days of thy youth, and walk in the ways of thine heart, and in the sight of thine eyes" (Ecclesiastes 11:9).

The young years of your life should be enjoyable ones. But they will only be fun if each day when you wake up, what you did yesterday is still fun.

The verse we just read in Ecclesiastes doesn't end

where we stopped. The next part of the verse contains a warning, "But know thou, that for all these things God will bring thee into judgment."

You are responsible for your actions. You may indeed get away with speeding down the highway one time — but if you keep it up, sooner or later you will pay a dear penalty. It could be your life.

You might kid yourself that smoking doesn't harm you. But if you continue, you are almost certain to have respiratory problems, maybe even cancer, as a result.

You may think only a small percentage of those who "enjoy" an occasional cocaine high will die. It doesn't matter what the odds are if you are the one who gets hurt.

We realize a vast majority of young people who read *Youth 86* are not into the wrong kinds of "fun" we have been talking about in this article. We applaud you and appreciate you.

God's way of fun lasts. On and on.

Remember this article next time one of the group says, "Let's go have some fun!" Before you jump in, ask yourself, "If I go, if I do it, will I still think it was fun in the morning?"

Think about it! — By Ronald D. Kelly □

It's in the Bible

John 10:10 — Jesus Christ explains that one of the reasons He came to the earth was so we could have abundant, happy, fun lives.

John 15:11 — Christ told His closest friends that He wanted them to be full of joy (true, lasting happiness).

III John 2 — John followed Christ's example in wanting others to have prosperity and health.

Ecclesiastes 11:9 — God inspired wise King Solomon to tell young people to rejoice and enjoy life, but to always remember God's guidelines that show us how to avoid doing things that hurt ourselves and others.

A Quick Quiz About Fun

1. True or false: Solomon said that since you're responsible for your actions, it's best not to have any fun.
2. Did Jesus Christ have fun? _____
3. "Fun is fun if it is _____"
4. True or false: The best kind of fun will last only a short time, but will be exciting.
Bonus: What fun things are you planning?

Answers: 1. False 2. Yes (John 15:11) 3. still fun the next day 4. False

Initiative!

(Continued from page 13)

performing such small acts as picking up around the house helps someone else out. For instance, putting your own dirty dishes in the kitchen helps Mom out. But did you ever think about how it helps you out as well?

Here are two more reasons for doing what you see needs to be done. First of all, did you notice how you feel after you've done something helpful?

Picking up after yourself, fixing Dad a cup of coffee and lending your brother a helping hand with raking the leaves are all ways that help you feel better about yourself. You don't have that guilty feeling that comes from not doing what you know you could have done.

Even picking litter off the sidewalk gives you that good feeling that you did what was right. It makes you feel useful and purposeful to give someone else a hand — even if they don't know who did it for them!

Second, doing little favors places you in good stead with other people.

For example, if you've done your chores for that week — taken out the trash, helped your dad work on the car — you'll more likely receive a yes answer to any requests you might have.

Say you wish to spend the night at a friend's house this weekend. Only you know you haven't lifted a finger to help your mom with chores all week. Not only is your request less likely to be granted, but you lack the confidence to ask.

On the other hand, if you helped out around the house, picked up after yourself and did other things that needed to be done, you not only have the confidence to ask for the favor, but your parents are more likely to grant it.

So the next time Mom asks who did the dishes — just give a simple reply.

"I saw they needed to be done, so I did them." □

Teen in SPAIN

(Continued from page 17)

by talking with his wife and children about the events of the day. In Spain, the family takes first priority and the concept of time is a relative matter of importance, although this is being lessened today by industrialization.

For Juan, Spain has a whole diversity of typical foods. Almost every region has its own particular dish. For example, the *paella Valenciana* is famous all over the world. The *gazpacho Andaluz*, originated by the Andalusian people, is a tasty, cold soup made of vegetables. This is often eaten to ease the hot southern summers.

Along with its food, each region has its own wine. A teen in Spain can drink wine without any legal prohibitions, except in pubs, where he must be at least 16 years of age.

How many languages do you think there are in Spain? Juan knows how to speak Castilian, the official language of all Spain, and also Catalan. This he learned in Catalonia since he went there as a young child. Even though these two are the most spoken languages in that country, Gallego, which is similar to Portuguese, and Euskara are also spoken.

Today, after 10 years of democracy, Spain is a modern state composed of 17 self-governing communities, with the central government in Madrid. Teens, such as Juan, have access to free, required education up to the age of 16. The universities are open to anyone after that age, and financial aid is available.

Juan, as well as all the male teens of Spain, will have to go through military service for one year. But he can apply for conscientious objector status as provided for in the constitution. An alternative will be given to him to serve in the civil service for 18 months.

History, customs, peoples, sun, music and much more make up this country that we have just begun to discover — Spain. □

The Kangaroo

(Continued from page 15)

all around.

Some naturalists in their observations have been rather amazed to see how closely they observe a rhythm of rounds and rests even when boxing for hours. And they aren't fighting to win, just for the sport of it. In an age where there is deliberate hurt in sports, perhaps they have a lesson for us.

Fascinating features

A newborn kangaroo is only the size of a bee and you could easily fit two of them into a teaspoon.

The tiny "hands" are the only part of the baby that is fully developed. They are just strong enough for it to grip its mother's fur and hitch its way toward her pouch. This is in the first few minutes of life.

When it arrives in the pouch, it finds a nipple and spends the next few months clinging to it while it develops.

Though it starts life so tiny, a full grown kangaroo can commonly weigh up to 200 pounds (90 kilograms) and stand almost as tall as a man!

A mother kangaroo almost always has a baby in the pouch as they are prolific breeders. This amazing reproductive ability allows them to bounce back from adversity.

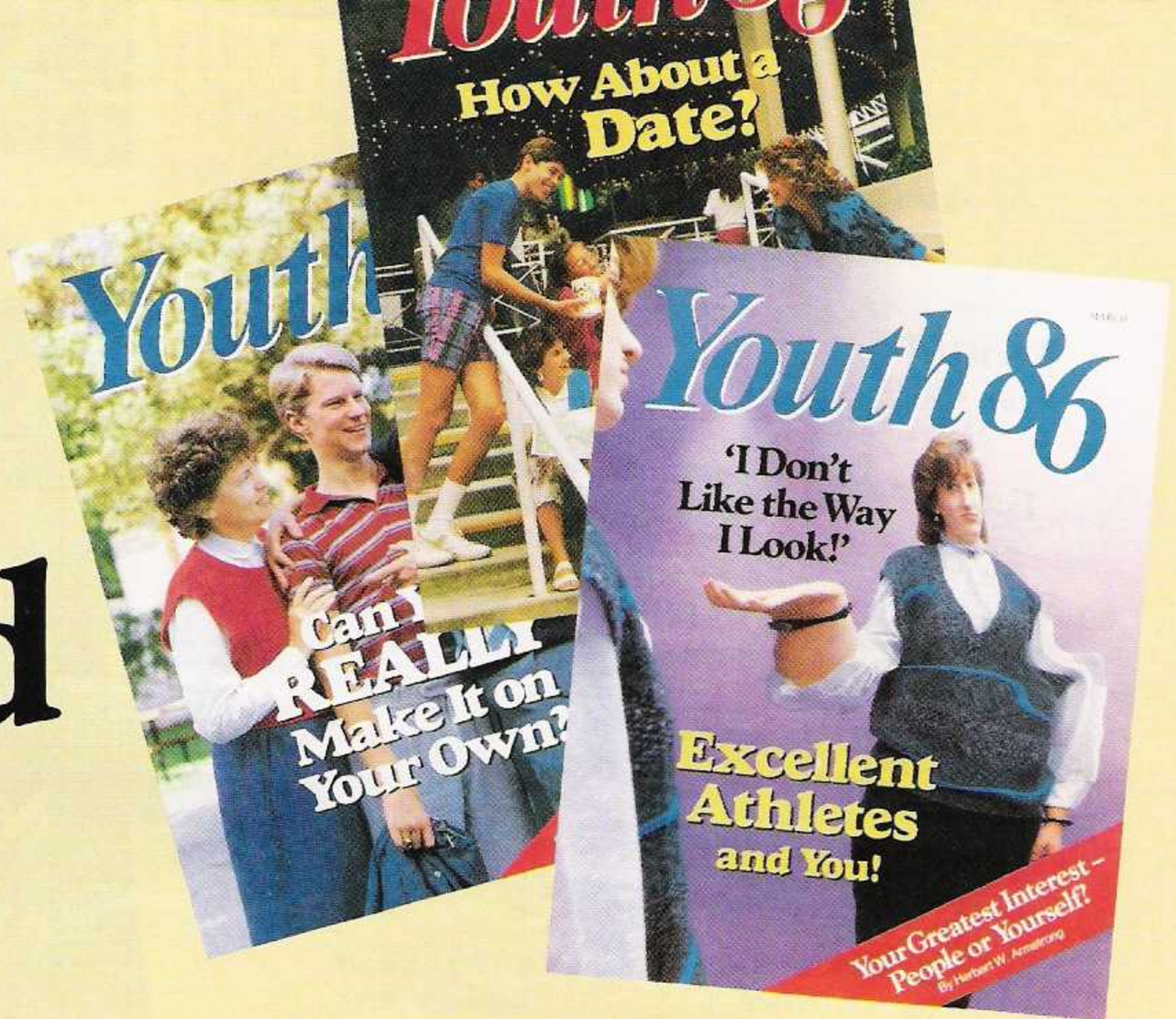
As they grew to maturity, we would see less and less of our pet kangaroos. There would be great excitement when one returned to the back door for a drink of milk after a long absence. "Joey's here" or "Joey's home" would be the shout.

But Joey wouldn't stay long — just a visit to say hello. Soon his visits became fewer and further between till at last we saw him no more, our Joey having hopped off with its mob back to the bush and pastures new.

We would miss our kangaroo, but it was better so. Later another lovable little one needing nurturing would come along to win our hearts. □

Annual Subject Index

Where Did I Read That?



Subject	Title	Author	Issue	Page No.
Advice	Teen Bible Study: "What Do You Think?"	Richard A. Sedliacik	March	21
Aerobies	Farther Than Man Has Thrown Before		March	8
Aircraft Flying	Emergency at 8,000 Feet!	Michael Snyder	April	16
Alaska	North to the Future	Susan M. Vaught	August	14
Alcohol	"Where Did You Learn to Drink Like That?"	Donald D. Schroeder	May	2
	Too Young to Die	Ghislain Ringuette	May	3
	"If They're Lucky, They'll Get Caught"		May	8
	Questions That Could Save a Life		May	9
	Dear <i>Youth 86</i>	Bernard W. Schnippert	May	23
	Dear <i>Youth 86</i>	Bernard W. Schnippert	September	23
Ancient Rome	What Was It Like to Be a Teen in Ancient Rome?	Penelope A. Goudie	September	13
Angels	Teen Bible Study: The Real Star Wars	Richard A. Sedliacik	February	21
Anger	Teen Bible Study: How to Keep Your Cool	Richard A. Sedliacik	January	21
Animals	Which Animals Form a Band?		March	20
	Will the Tiger Survive?		August	8
	The Skunk's Side of the Story	Clayton Steep	August	16
	The Outlandish Opossum: America's Strange Marsupial	Brian Summers	September	16
	Joey, the Captivating Kangaroo	Lynn Marshall	December	14
Appreciation	"Thank You — I Appreciate It!"	Paul E. Troike	March	10
Armstrong, Herbert W.	Personal: In Remembrance	Dexter H. Faulkner	April	1
	Tribute: Herbert W. Armstrong, 1892-1986, "A Friend of Young People"		April	3
Australia	The Mood of Teens Down Under	Robert C. Taylor	February	8
	Teens Down Under in Bundaberg	Debra J. Villiers	March	16
Automobiles	The Automobile Turns 100	Maria C. Stahl	January	9
	What a Car Costs	Lowell Wagner Jr.	January	18
	Oh, No! A Flat Tire!	Lowell Wagner Jr.	April	18
Backpacking	Get Ready for a Wilderness Adventure!	Ed Stonick	June-July	20
Benjamin Franklin	How Poor Richard Got on the \$100 Bill	Rod Sedliacik	February	18
Berlin Wall	25 Years With the Wall		September	7
Bickering	By the Way . . . Words Can Hurt	Dexter H. Faulkner	June-July	1
Biometrics	Looking Into the Future of Locks		Oct.-Nov.	7
Blame	Dear <i>Youth 86</i>	Bernard W. Schnippert	January	23
Boredom	Things to Do When There's Nothing to Do	Kathy Burch	June-July	21
Boring Personality	Dear <i>Youth 86</i>	Bernard W. Schnippert	September	23
Braces	Brace Yourself to Smile	Wilma Vernich	May	18
Brothers and Sisters	Reader By-Line: A Brother's Point of View	Jason Palser	Oct.-Nov.	26
Budgeting	Patch the Leaks in Your Wallet	Mike Bennett	June-July	5
Bumblebees	The Secret World of the Bumble	Penelope Goudie	June-July	18
Career and Money	Are You Ready for Tomorrow's Jobs?		March	7
Career Poll	What's Ahead for You?		May	7

Mountaineering

Defuse Your Stress Bomb!

Be What You Want to Be!
By Joseph W. Burch

Mountaineering is among the most thrilling experiences, both mentally and athletically, in the world.

Youth & 86

Your Future Is NOW!

Your Incredible Human Potential
By Herbert W. Armstrong

TRENDS TO TALK ABOUT

Electronic Headbands

Electronic headbands that monitor heart rate and breathing are being used by athletes and fitness enthusiasts. The headbands are made of a flexible material and are worn around the forehead. They can be used to monitor heart rate and breathing during exercise. The headbands are also used to monitor heart rate and breathing during sleep. The headbands are also used to monitor heart rate and breathing during meditation.

A World of Fire and Ice

Fire and ice are two of the most powerful forces in nature. Fire is a source of energy and light, while ice is a source of water and life. Fire and ice are also used in many different ways. Fire is used for cooking, heating, and power. Ice is used for cooling, storage, and transportation. Fire and ice are also used in many different ways.

The wind rapped the snow and named our fingers as the ocean to the west. Tom and I sat on a piece of granite at the summit enjoying the view. We ate peanuts, putting our mittens back on after each handful. Then they shone silver against the stars, which were mirrored in the light of the city more than 9,000 feet (2,750 meters) below us. We put on face masks as the wind picked up and blew tiny flakes of ice across the summit.

As the temperature dropped, our mittens were dropped in a snowdrift. We hopped down from our ledge, one at a time, breaking through a crust of ice through a crack in the snow. We reached our ice axes and made our way back to the tent.

Sudden silence. As we moved to the point where the mountain blocked the wind, we were instantly struck by the silence. The only sounds now were the crackling of snow under our boots and the whistling of the wind in the distance and the sound of our breath as we pushed toward camp.

We had dug a small platform not far below the summit for our tent. We were tired, but as we crawled into the tent and closed the door, we were relieved to find a small opening in the tent to breathe the fresh air outside.

While one of us stood outside in the cold, the other pulled and tugged at boots with frozen laces, gaiters, wool socks, silk socks, silk pants, wool pants, nylon pants, parka, face mask, mittens and gloves, nylon pants, parka, face mask, mittens and gloves, nylon pants, parka, face mask, mittens and gloves.

With the final task of the day completed, we crawled into our sleeping bags. The inside of the tent glowed green from our lights. We fell asleep almost in the warmth of our bags.



Subject	Title	Author	Issue	Page No.
Cartoons	Masters of the TV Toy Shows		December	7
Ceramics	Something to Get Fired Up About!	Zenda Cloninger	Oct.-Nov.	14
Cerebral Palsy	Reader By-Line: "Locked Inside a Slightly Slower Body"	Marc Strasdin	September	26
Character	Which Is Your Greatest Interest — People or Yourself?	Herbert W. Armstrong	March	1
Cities	Supercities of the Year 2000		August	9
Clothing	Dress for Less	Kathy Burch	August	11
Clumsiness	Oops!	Kathy Burch	April	11
Communication	When You Speak, Does Anybody Listen?	Jeff Zhorne	January	5
Computer Programing	Dear Youth 86	Bernard W. Schnippert	March	23
Contact Lenses	Speaking of Careers . . . Taking the Byte Out of Computers	Andrew Burdette	September	10
Contentment	Contact Worries		April	9
Conversation	Proverbs for Today: Good Advice for Mike	Jim Roberts	Oct.-Nov.	22
Counsel	Tips for Talking	Ed Stonick	Oct.-Nov.	20
Counterfeiting	Proverbs for Today: The Well That Never Runs Dry	Jim Roberts	January	20
Crack Cocaine	Foiling the Funny-Money Makers		May	7
Cycling	Lowdown on a Deadly High	William L. Johnson and Larry W. Haworth	September	8
	Cycling in Paradise	Lowell Wagner Jr.	Oct.-Nov.	18
Cycling Safety	The Case of the Invisible Cyclist	Robert C. Taylor	March	18
Dancing	Saturday Night Trauma — or — A Night of Dazzling Dance	Bernard W. Schnippert	April	13
Dating	Dear Youth 86	Bernard W. Schnippert	January	23
	Dear Youth 86	Bernard W. Schnippert	April	23
	What's Your Dating Rating?	Robert C. Taylor	May	11
	Dear Youth 86	Bernard W. Schnippert	May	23
	Dear Youth 86	Bernard W. Schnippert	August	25
	How About a Date?	Alan Dean	September	5
	Dear Youth 86	Bernard W. Schnippert	Oct.-Nov.	23
Decisions	Think Twice	Victor Kubik	May	5
	Proverbs for Today: The Cliff's Edge	Jim Roberts	December	20
Diets	What's Your Diet IQ?	Becky Bennett	June-July	10
Diligence	Proverbs for Today: "Jobless" Bob	Jim Roberts	May	19
	Proverbs for Today: Don't Slack Off!	Jim Roberts	June-July	22
Disneyland	Mickey Goes to France		May	9
Domesday Book	Video Update for 900-Year-Old Book		August	7
Dragonflies	How Do You Make a Dragon Fly?	Victor Kubik	Oct.-Nov.	16
Drawings	Young Artist	Glenn Bartlett	April	27
Drugs	Fighting Drugs a New Way		March	8
Drunk Driving Device	Can't Fool Your Car		September	9
Earthquakes	Are You Ready for an Earthquake?	Lowell Wagner Jr.	February	7

Subject	Title	Author	Issue	Page No.
Education	Prepare Now to Be What You Want to Be!	Joseph W. Tkach	Oct.-Nov.	3
Electronic Dictionary	Habla Espanol?		April	9
Embarrassment	A: Open Mouth B: Insert Foot	Kathy Burch	September	21
Encouragement	"I Didn't Know That Was in the Bible:" "I Need Some Encouragement"	Ronald D. Kelly	Oct.-Nov.	24
	Proverbs for Today: An Encouraging Word	Jim Roberts	September	22
Endurance	"We've Got to Keep Going!"	Wendy Styer	August	5
English Nanny	Reader By-Line: An English Nanny	Cheryl Doncheck	January	24
Entertaining	How to Get a Party Rolling!	Norman and Pamela Shoaf	February	10
Evolution	"Should I Be Studying This?"	Colleen Dixon	January	11
Eye	Unclear Results for Eyesight Surgery		December	8
Family	Family Conflict: What You Can Do About It	Ronald D. Kelly	January	3
	Dear Youth 86	Bernard W. Schnippert	April	23
	Dear Youth 86	Bernard W. Schnippert	December	21
Family of God	"Why Am I Here?"	Bernard W. Schnippert	March	3
Family Fights	Dear Youth 86	Bernard W. Schnippert	August	25
Fast Food	Fast Food Changes Its Pace		June-July	8
Fear	Face to Face With Fear! or — "There's a Lion on the Softball Field!"	Wesley B. Webster	January	16
	The Night Arachibutyrophobia Struck	Rick L. Shallenberger	December	18
Flower Arranging	Floral Art	Lynn Marshall	May	16
Folk Dancing	Swing Your Partner!	Stuart Tweedie	September	18
Forgiveness	"Why Was I So Mean?"	Julie Fricke	April	10
	Meet Mean King Manasseh	Clayton Steep	September	2
Friendship	"I Didn't Know That Was in the Bible:" How Can I Make More Friends?	Ronald D. Kelly	September	24
	By the Way . . . When Friends Let You Down	Dexter H. Faulkner	December	1
Fun	"I Didn't Know That Was in the Bible:" "Does God Believe in Fun?"	Ronald D. Kelly	December	22
Future Plans	Future Plans Survey Results		September	9
Goal Card	What a Card		March	9
Goals	By the Way . . . Who Cares?	Dexter H. Faulkner	January	28
Group Dating	Group Dating Ideas		September	6
Growing Up	Could You Be Growing Old Before Your Time?	Bernard W. Schnippert	February	5
Hair Care	Let's Hear It for Your Hair!	Wilma Vernich	March	18
Hair Length	Dear Youth 86	Bernard W. Schnippert	April	23
	Dear Youth 86	Bernard W. Schnippert	June-July	25
Hamburgers	Build a Better Burger	Lowell Wagner Jr.	September	20
Health	Teen Bible Study: What Shape Are You In?	Richard A. Sedliacik	April	21
Hero Survey	Who Are Your Heroes?		February	9
Heroes	He's a One Man Army! The Private Life of a Real Hero	John Ross Schroeder	February	3
Hiccups	Down With the Hiccups	Melody Faulkner	February	18
Hiking	Where Cars Dare Not Go	Ed Stonick	August	22
History	Enter the Time Machine — Back to the Future	Henry C. Sturcke	March	11
Honesty	Teen Bible Study: Let's Be Honest!	Richard A. Sedliacik	May	21
	Dear Youth 86	Bernard W. Schnippert	May	23
	"That's Not Your Money!"	Joseph W. Tkach	December	3
Horoscopes	Dear Youth 86	Bernard W. Schnippert	Oct.-Nov.	23
House in a Box	House in a Box?		Oct.-Nov.	9
Human Potential	You Won't Believe It! Where This World Has Come Just in My Own Lifetime	Herbert W. Armstrong	January	1
	Your Human Potential Is Incredibly Greater Than You Have Realized	Herbert W. Armstrong	February	1
Humor	Comical Waggishness 101	Alan Dean	May	18
Initiative	Take the Initiative!	Chris Marlow	December	13
Ireland	Teens on the Emerald Isle	Joanne Cooper	May	13
Italy	What's It Like to Be a Teen in Italy?	Ford Burden	February	13
Japan	Reader By-Line: An American's View of School Life in Japan	Rachel Knight	March	24
	Where It's Hard to Get a License . . . But Easy to Get a Car		June-July	8
Jewelry	Make Your Jewelry Shine	Kerri Miles	Oct.-Nov.	20
Jobs	Why Teens Lose Their Jobs	Rick L. Shallenberger	June-July	20
	Mind Your Own Business	Cheryl Ebeling	August	21
Jogging	High-Tech Tennies		May	9
Kangaroo	Joey, the Captivating Kangaroo	Lynn Marshall	December	14

Subject	Title	Author	Issue	Page No.
Kilts	Comeback for the Kilt		June-July	9
King Mswati III	Meet the World's Youngest King		September	7
Leadership	Make Things Happen!	George M. Kackos	June-July	3
Learning	Keep on Asking!	A reader from Iran	April	27
Leaving Home	Before You Leave Home	Gail Singleton	August	10
Lockers	No More Lockers		Oct.-Nov.	9
Loneliness	Are You Feeling Lonely?	Kathy Burch	April	19
Map of Europe	Where in the World . . .		May	20
Mauritius	What's It Like to Be a Teen in Mauritius?	Shalini Sooknah	June-July	16
Memory	"What Was Your Name Again?" You Can Make Your Memory Work!	Wilma Vernich Karen Meeker	January September	19 11
Mistakes	By the Way . . . Signed: "Learning From My Mistakes" By the Way . . . "What After You've Made Mistakes?"	Dexter H. Faulkner Dexter H. Faulkner	August September	1 1
Mountaineering	Mountain Climbing — More Than a School of Hard Rocks	Michael Warren	August	18
Museums	Curiosities on Display	Victor Kubik	August	13
Music	Rock 'n' Roll a Bye Baby? Dear <i>Youth 86</i>		September December	9 21
Neatness	I Hope My Mother Doesn't Read This	Bernard W. Schnippert Colleen Dixon	December January	21 18
News	Do You Have the News Blues?	Lowell Wagner Jr.	August	3
Notetaking	Upgrade Your Notes	Alisa Ferdig	February	20
Opossum	The Outlandish Opossum: America's Strange Marsupial	Brian Summers	September	16
Overcoming Fear	You Can Do It!	Kathy Burch	February	20
Pantomime	Speechless	David H. Evans	December	20
Parents	Did Your Mother Ride a Motorcycle?	Kerri Miles	June-July	22
Patience	Teen Bible Study: What's Your Hurry?	Richard A. Sedliacik	June-July	23
Perseverance	Reader By-Line: A Call Home From Camp By the Way . . . When the Going Gets Tough	M. Colleen Neff Dexter H. Faulkner	June-July Oct.-Nov.	26 1
Personal Appearance	"I Don't Like the Way I Look"	Penelope Goudie	March	5
Personal Relations	Proverbs for Today: Don't Let the Gate Slam Shut	Jim Roberts	February	19
Pete Rose	Reader By-Line: He Did It for Dad	Jason Suchanek	April	26
Pets	Sick as a Dog?	Ed Stonick	December	18
Photo Captions	Fillaballoon Winners		June-July	27
Photography	What Makes a Picture Perfect?	Michael Warren	Oct.-Nov.	21
Plants	Space-age Plants for Your Home	Cheryl Ebeling	March	19
Plastic Trash	Plastics in Ocean Threaten Wildlife		Oct.-Nov.	8
Poetry	You Can Create Songs Without Music	Barri Armitage	February	11
Population	A Young Planet		August	9
Prayer	Are You Getting a Busy Signal?	Neville Fraser	Oct.-Nov.	5
Pregnancy	The Perils of Teen Pregnancy		August	7
Premarital Sex	Dear <i>Youth 86</i> Dear <i>Youth 86</i>	Bernard W. Schnippert Bernard W. Schnippert	March December	23 21
Procrastination	By the Way . . . What Are You Putting Off?	Dexter H. Faulkner	March	28
Proverbs	Proverbs for Today: The Best of the Best Hidden Treasure You Can Find	Jim Roberts Richard A. Sedliacik	August August	22 26
Quitting School	Thinking of Quitting School? Read This First	Kim Wenzel	Oct.-Nov.	4
Recipes	It's Snack Time!		January	13
Relations With Parents	By the Way . . . Let's Talk About It Dear <i>Youth 86</i>	Dexter H. Faulkner Bernard W. Schnippert	February June-July	28 25
Responsibility	Proverbs for Today: The 10,000-Pound Teacher	Jim Roberts	April	20
Robots	Keeping Count of Robots Computers That Take Out the Trash		Oct.-Nov. December	9 9
Rudeness	"Waddy a Want?"	Valerie Brown	May	24
Running Away	Reader By-Line: Doubled Trouble	A reader from Missouri	June-July	26
Seat Belts	The "Life Belt"		August	9
Self-control	Excellent Athletes	Larry Neff	March	13
Sexual Abuse	Sexual Abuse: Don't Be a Victim	Sheila Graham	December	5
Shoplifting	The High Price of Shoplifting		Oct.-Nov.	8
Skiing	And Sandra Screamed Past . . .	Michael Warren	January	10
Skunk	The Skunk's Side of the Story	Clayton Steep	August	16
Skywriting	Skytyper		August	9
Smoking	You Don't Smoke? It Still Costs You Students Get SASSy About Smoking	Lowell Wagner Jr.	February April	8 8
Snack Foods	Mmm, Mmm, Mini-Pizzas!	Maria Stahl	April	18



Subject	Title	Author	Issue	Page No.
Space Junk	An Orbiting Junkyard		April	9
Space Station	Planning a Place in Space		December	7
Space Travel	108 Minutes That Changed the World		April	7
Spain	What's It Like to Be a Teen in Spain?	Pedro Rufian and Pedro Caro	December	16
Spiders	The Spider's Side of the Story	Wilma Vernich	February	16
Statue of Liberty	She Still Stands Tall		June-July	7
Stereo Care	Protecting Your Sound Investment	Michael Warren	August	20
Steroids	Teens and Steroids: A Dangerous Game		Oct.-Nov.	7
Stress	Defuse Your Stress Bomb	Maria Stahl	Oct.-Nov.	11
Studying	The Test Panic Zone	Michael McAlister and Michael Warren	December	11
Success	How Fast Can You Read This?	Kathy Burch	December	19
Summit Meeting	By the Way... "I Can't" Never Will!	Dexter H. Faulkner	May	1
	Teen Reporter's First Assignment: When Two Presidents Meet	Neal H. Hogberg	May	10
Synthetic Drugs	Chemical Roulette	Robert C. Taylor	January	8
Tardiness	No More Sleeping Late		May	9
Teachernaut	Countdown to the First Teachernaut	Lowell Wagner Jr.	January	7
Teachers	Reader By-Line: "Now I Understand"	Minette Burks	February	27
Teaching	Speaking of Careers... An Apple From a Teacher	Andrew Burdette	December	10
Telephone	Dear Youth 86	Bernard W. Schnippert	September	23
Temper	Proverbs for Today: The Walls Come Tumbling Down	Jim Roberts	March	20
Tiger	Will the Tiger Survive?		August	8
Time Management	Are You Running Out of Time?	Alex Peck	September	22
Toxic Waste	A Problem That Can't Be Buried		April	8
Underwater Sports	Discover the Underwater World	Susan Thomas	June-July	14
Uranus	A World of Fire and Ice		June-July	9
Vacation Safety	Ouch-Free Fun!	Donald D. Schroeder	June-July	11
Vocabulary	Words are Power!	Peter Moore	Oct.-Nov.	10
Water Safety	Before You Take the Plunge...	Peter Ditzel	June-July	12
Words	Test Your Proximity	Robert Taylor	September	20
Worrying	What Worries You?	Bernard W. Schnippert	September	3
Writing	"I Don't Know What to Write!"	Kathy Burch	Oct.-Nov.	22
Writing Letters	Mail Yourself to a Friend	Kathy Burch	August	20
Wrong Friends	Dear Youth 86	Bernard W. Schnippert	June-July	25
Year-Round School	Wrong Time of Year		August	8

Coming Attractions

...IN FUTURE ISSUES

Make the Most of Your Space.

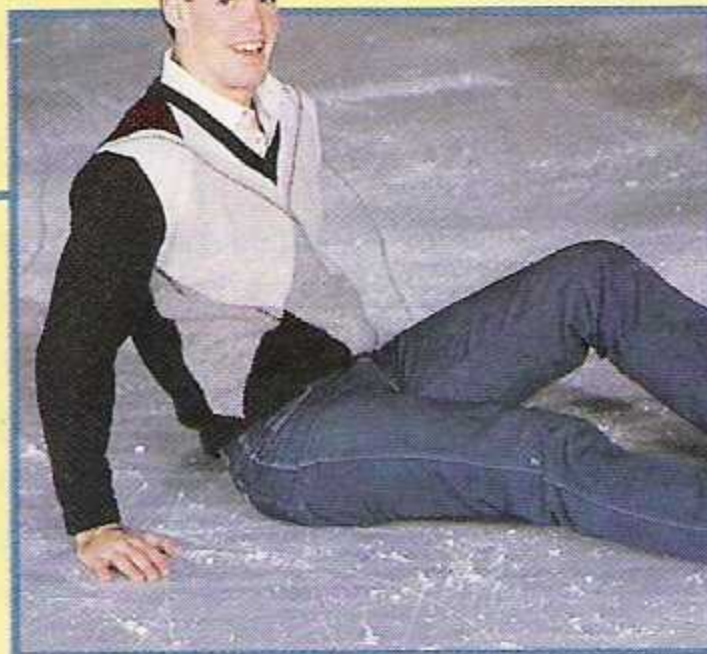
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