

Overcoming...PREPARING NOW TO BE A KING!

Back in my early days with the Church of God ... Rod Meredith had written a series of articles that were inspiring to teenager in the church – a great *checklist of qualities* to develop & hold onto through life ... Nobody wants to appear before the throne of Christ to discuss “things we missed” in our development ... These articles provide lists & a framework where we can evaluate our growth in our Christian walk as we *Prepare To Be A King*.

There are at least **SEVEN AREAS of life** which need special development if you are to be qualified for Ruler ship under Jesus Christ. **Study them. Develop them.**

Jesus Christ promised: "And he that **OVERCOMES** and Keeps my works unto the end, to him will I give **power over the nations**: and He shall **RULE** them with a rod of iron..." (**Rev. 2:26-27**).

Again, He said: "To him that **OVERCOMES** will I grant to sit with me in my throne... (**Rev. 3:21**). Sharing His throne, of course, would include sharing in the ruling.

Jesus said, a nobleman went into a far country to receive for himself a kingdom and then return. Calling ten of his servants, he gave them ten minas. A mina is a unit of money worth about three months wages for an average worker.



The Parable of the Ten Pounds

Luk 19:11-27 Now as they heard these things, He spoke another parable, because He was near Jerusalem and because they thought the kingdom of God would appear immediately. Luk 19:12 Therefore He said: "A certain nobleman went into a far country to receive for himself a kingdom and to return.

Luk 19:13 So he called ten of his servants, delivered to them ten pounds, and said to them, 'Do business till I come.'

Luk 19:14 But his citizens hated him, and sent a delegation after him, saying, 'We will not have this man to reign over us.'

Luk 19:15 "And so it was that when he returned, **having received the kingdom**, he then commanded these servants, to whom he had given the money, to be called to him, that he might know how much every man had gained by trading.

Luk 19:16 Then came the first, saying, 'Master, your pound has earned ten pounds.'

Luk 19:17 And he said to him, '**Well done, good servant; because you were faithful in a very little, have authority over ten cities.**'

Luk 19:18 And the second came, saying, 'Master, your pound has earned five pounds.'

Luk 19:19 Likewise he said to him, '**You also be over five cities.**'

Luk 19:20 "Then another came, saying, 'Master, here is your pound, which I have kept put away in a handkerchief.

Luk 19:21 For I feared you, because you are an austere man. You collect what you did not deposit, and reap what you did not sow.'

Luk 19:22 And he said to him, 'Out of your own mouth I will judge you, you wicked servant. You knew that I was an austere man, collecting what I did not deposit and reaping what I did not sow.'

Luk 19:23 Why then did you not put my money in the bank, that at my coming I might have collected it with interest?'

Luk 19:24 "And he said to those who stood by, 'Take the pound from him, and give it to him who has ten pounds.'

Luk 19:25 (But they said to him, 'Master, he has ten pounds.')

Luk 19:26 'For I say to you, that to everyone who has will be given; and from him who does not have, even what he has will be taken away from him.'

Luk 19:27 But bring here those enemies of mine, who did not want me to reign over them, and slay them before me.' "

Prepare Now to be a King!

1. Seven "keys" to **Mental Mastery!**
2. The seven laws of **Radiant Health**
3. Build the **Personality** of a King!
4. Build the **Character** of a King!
5. Be a **loving** King in your Family Kingdom!
6. How to build **Leadership**
7. Tap the **power of Almighty God!**



1. Seven "keys" to **Mental Mastery!**

I. Alertness and Discernment - The first quality is awareness of people, things and attitudes. That's the mark of a real leader. He is ALERT. He is fully AWAKE and thinking. **Mat 22:18** But Jesus **perceived** their wickedness, and said, "Why do you test Me, you hypocrites?"

II. Education and Knowledge - Nearly every future king is educated and tutored to prepare him for the wide-ranging responsibilities which await him. **Dan 1:4** – Daniel & others were selected “to serve in the king's palace, and whom they might teach the language and literature of the Chaldeans”. **Acts 7:22**- Stephen tells “Moses was learned in all the wisdom of the Egyptians, and was mighty in words and deeds.

III. Understanding, Vision and BIG mindedness - Understanding is the grasp not only of information and facts, but of their relationship to each other and their MEANING. Vision is the ability to foresee events or situations even before they happen & to express what an organization seeks to become. Sometimes we need small changes for small

benefits and other times we need to see BIG changes for BIG benefits. **Num 13:30** Then Caleb quieted the people before Moses, and said, "Let us go up at once and take possession (*of the Promised Land*), for we are well able to overcome it."

IV. Wisdom and Resourcefulness - Wisdom is the faculty of making sound decisions. The **fear of the Lord** is the beginning of wisdom... (**Prov. 9:10**). Resourcefulness is the capacity to solve emergencies & to come up with wise alternatives.

V. Faith, Hope and Courage - A positive frame of mind — coupled with faith and courage — is what often "separates the men from the boys" in times of trial and test. "Thy servant (*David*) slew both the lion and the bear: and this uncircumcised Philistine shall be as one of them, seeing he hath defied the armies of the living God" (**I Sam 17:36**).

VI. Mental Discipline and Persistence - Develop the HABIT Of ruling over your thoughts and emotions. Discipline yourself to get up on time in the morning, to get to work on time, to work hard and grow on the job. "If thou faint in the day of adversity, thy strength is small" (**Prov. 24:10**)

VII. Loyalty and Service - To the very end of His physical life, Jesus Christ was totally loyal to God the Father — even unto DEATH. He never argued or questioned His Father's will. He said: "Not my will, but thine, be done" (**Luke 22:42**).

2. The seven laws of **Radiant Health**

- 1) **Food and Fasting**
- 2) **Cleanliness and Dress**
- 3) **Sunshine and Fresh Air**
- 4) **Exercise**
- 5) **Sleep and Rest**
- 6) **Try to Avoid Bodily Injury**
- 7) **Build a POSITIVE Mental Attitude** - "A merry heart doeth good like a medicine: but a broken spirit drieth the bones" (**Prov. 17:22**).

What makes centenarians different?

- Good genes
- Sense of humor
- Healthy attitude
- Realistic expectations
- Perspective: knowing what's important
- Even temperament, generating less stress
- Ability to find joy and purpose in life



3. Build the **Personality** of a King!

I. Develop an Outgoing Interest and Warmth for Others

II. Build Zest and Humor into Your Life

III. Learn to be Patient, Compassionate and Modest - "But when He saw the multitudes, he was moved with compassion on them..." (**Matt. 9:36**)

IV. Be Strong, Confident and Courageous - when they had called the apostles, & BEATEN them, they COMMANDED them they should not speak in the name of Jesus, and let them go" **Acts 5:40**

V. Enthusiasm, Drive and PURPOSE

4. Build the Character of a King!

I. **Humility & the Fear of God** - "When pride comes, then comes shame" (**Prov. 11:2**)



II. **GOD'S Standard of Right and Wrong** - "There is a way which seems right to a man, but the end thereof are the ways of DEATH" (**Prov. 14:12**)

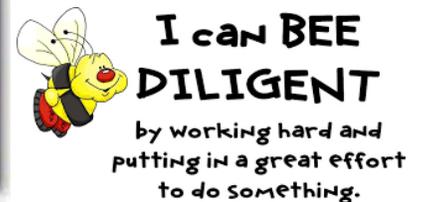
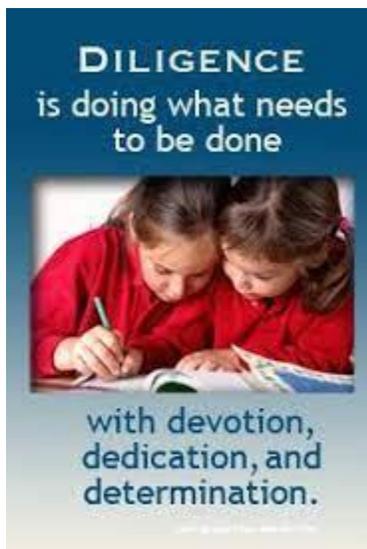
III. **Practice Wise and Impartial Judgment** - "These things also belong to the wise. It is not good to have respect of persons in judgment" (**Prov. 24:23**)

IV. **Exercise Strength and Determination** - **1Cor 16:13** Be on your guard; stand firm in the faith; be courageous; be strong.

V. **Practice Patience and Mercy** - **James 2:13** For judgment is without mercy to the one who has shown no mercy. Mercy triumphs over judgment.

(see Breakout Subject: **Forgiveness**)

VI. **Practice Diligence and Self-Discipline** - "The hand of the diligent shall bear rule: but the slothful shall be under tribute" (**Prov. 12:24**)



VII. **Have LOVE for God and Fellowman** - "By this shall all men know that ye are my disciples, if ye have LOVE one to another" (**John 13:35**)

love

3 Types of **Forgiveness** ... “better words” to identify a complex concept

(Dr Stephen Marmer, UCLA Med School)

1. **Exoneration** (clean slate - full forgiveness)

- wiping the slate entirely clean and restoring a relationship to the full state of innocence it had before the harmful actions took place

3 Situations for Exoneration

- the harmful action was a genuine accident with no fault
- the offender is a child or someone who didn't understand the hurt inflicted
- the person who hurt you is **truly sorry**, takes **full responsibility** (without excuses) for what they did, **asks forgiveness**, and gives you confidence that they will **not** knowingly **repeat** their bad action in the future

Psa 103:12 as far as the east is from the west, so far has he removed our transgressions from us.

2. **Forbearance** (patient self-control; restraint, tolerance)

- applies when the offender makes a partial apology or mingles their expression of sorrow with blame that you somehow caused them to behave badly. An apology is offered but it's not what you had hoped for and may not even be fully authentic



- Cease dwelling on the particular offense, do away with grudges and fantasies of revenge, but retain a degree of watchfulness.
- using forbearance you are able to maintain ties to people who, while far from perfect, are still important to you - allows relationship to continue

Mat 18:21-22 Then Peter came to Jesus and asked, "Lord, how many times shall I **forgive** my brother or sister who sins against me? Up to seven times?"

Mat 18:22 Jesus answered, "I tell you, not seven times, but seventy-seven times.

Gal 6:7 Do not be deceived, **God is not mocked**; for whatever a man sows, that he will also reap.

3. **Release** (let go of the burden - so you can continue life)

- when the person who hurt you doesn't even acknowledge that they've done anything wrong or gives an obviously insincere apology eg. Abuse, betrayal
- Release does **not exonerate** the offender. **Nor does it require forbearance**. It doesn't even demand that you continue the relationship. But it does ask that instead of continuing to define much of your life in terms of the **hurt done**, you **release** your bad **feelings** and your preoccupation with the negative things that have happened to you.
- **Release** does something that is **critically important**: it allows you to **let go of the burden**, the "silent tax" that is weighing you down and eating away at your chance for happiness. **If you do not release the pain and anger** and move past dwelling on old hurts and betrayals, you will be allowing the ones who hurt you to live, rent free, in your mind, reliving forever the persecution that the original incident started.



5. Be a **loving** King in your **Family Kingdom!**

I. **Make Family STUDY a Habit**

II. **Make Family Prayer a Habit**

III. **Make Family WORK and CHORES a Profitable Habit**

IV. **Make Family FELLOWSHIP a Habit**

V. **Make Family PLAY and OUTINGS a Habit**

VI. **Family TRAINING and DISCIPLINE are Indispensable**

VII. **Build Family LOYALTY and LOVE**

6. How to build **Leadership**

1. **The Desire to SERVE Comes First** - "For whosoever exalts himself shall be abased; and he that humbles himself shall be exalted" (**Luke 14:11**)
2. **There Must Be Vision, Imagination and a GOAL**
3. **A Leader Must LEAD and DECIDE**
4. **Comradeship and Delegation**
5. **Character and Integrity**

7. Tap the **power of Almighty God!**

I. **You Need the Proper FEAR of GOD** - "The FEAR of the Lord is the beginning of knowledge: but fools despise wisdom and instruction" (**Proverbs 1:7**)

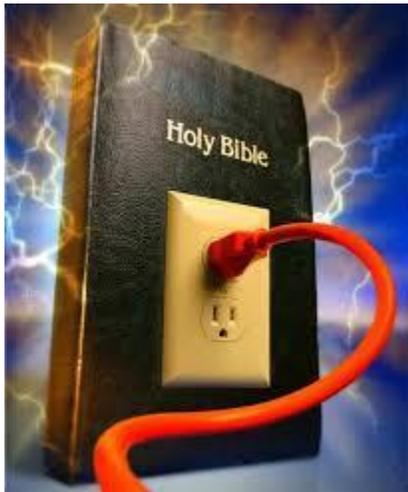
"All the inhabitants of the earth are reputed as nothing, and He [God] doeth according to His will in the army of heaven, and among the inhabitants of the earth: and none can stay His hand, or say unto Him, what doest thou?... Now I Nebuchadnezzar praise and extol and honor the king of heaven, all whose works are truth, and His ways judgment: and those that walk in pride He is able to ABASE" (**Daniel 4:35, 37**)

II. **You Need to WALK With God** - "LIVE by every word of God" (**Luke 4:4**)

"And why call ye me Lord, Lord and do not the things which I say?" (**Luke 6:46**)

"These are the generations of Noah: Noah was a just man and perfect in his generations, and Noah WALKED WITH GOD" (**Genesis 6:9**).

Genesis 17:1 "And when Abram was ninety years old and nine, the Lord appeared to Abram and said unto him, I am the Almighty God; WALK before me [or "with" me], and be thou perfect"



III. **You Need to EXERCISE God's POWER**

Notice Jesus' instruction just after His resurrection from the dead: "And these SIGNS shall follow them that believe: in my name shall they cast out devils; they shall speak with new tongues; they shall take up serpents; and IF they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they SHALL recover" (Mark 16:17-18).

Keep Growing!

2Pe 3:18 but **grow** in the grace and knowledge of our Lord and Savior Jesus Christ. To **Him** be the glory both now and forever

1Ti 4:15 Meditate on (ESV – Practice) these things; give yourself entirely to them, that your **progress** may be evident to all.

2Co 13:5-6 **Examine yourselves** as to whether you are in the faith. **Test yourselves**. Do you not know yourselves, that Jesus Christ is in you?—unless indeed you are disqualified. 2Co 13:6 But I trust that you will **know** that we are not disqualified.

What Does the Lord Require?

Mic 6:6-8 With what shall I come before the LORD, And bow myself before the High God? Shall I come before Him with burnt offerings, With calves a year old?

Mic 6:7 Will the LORD be pleased with thousands of rams, Ten thousand rivers of oil? Shall I give my firstborn for my transgression, The fruit of my body for the sin of my soul?

Mic 6:8 He has shown you, O man, what is good; And what does the LORD require of you But to do justly, To love mercy, And to walk humbly with your God?

