



SABBATH KEEPING YOUTH

A Newsletter by The Church of God International

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Online Bible Quizzes

Test your Bible knowledge online. When you finish reading the Bible lesson in the SKY Newsletter, visit the SKY website. There you will find a quiz you can take about the Bible lesson. See how much you have learned.

www.cgi.org/sky

No Doubts Luke 24:36-49

Jesus, the Son of God, had many friends during the time he walked on the earth. His death caused much sadness and a feeling of loss among them. Even though Jesus' friends did not see His powerful resurrection, many of them saw Him afterwards. Each of them had a different reaction to His being alive.

Mary Magdalene encountered Jesus very soon after His resurrection. At first she thought He was the gardener. But when Jesus said her name, she recognized his tender voice. Filled with awe and excitement, she ran to tell the disciples! The disciples were all behind locked doors when Jesus suddenly appeared in the middle of the room. Jesus immediately calmed their fear by saying "Peace be with you?" he showed them the scars in His hands and side. Needless to say, they were more than happy to see Jesus.

Thomas, one of the disciples, was missing when Jesus first appeared to the group. Thomas found it difficult to believe Jesus was alive. He said He would only believe if he saw the nail marks in Jesus' hands and put his finger in Jesus' side where the sword penetrated his flesh. Later, Jesus appeared to Thomas and let Him feel his hands and side. Jesus told him that to be truly happy he had to believe without seeing. Amazing! Thomas had spent tons of time with Jesus. Jesus prayed, slept, and ate with Thomas. Thomas knew firsthand that Jesus was Lord. He had seen Jesus heal the blind, teach thousands of people at a time, and raise the dead. Nevertheless, Thomas doubted.

The more you read your Bible and pray, the closer you will be to Jesus. The closer you are to Him, the more excited you will be to see Him in the Kingdom.

The Parents' Corner



How does your family spend the Days of Unleavened Bread? Make it a family time to grow closer to each other and Christ.

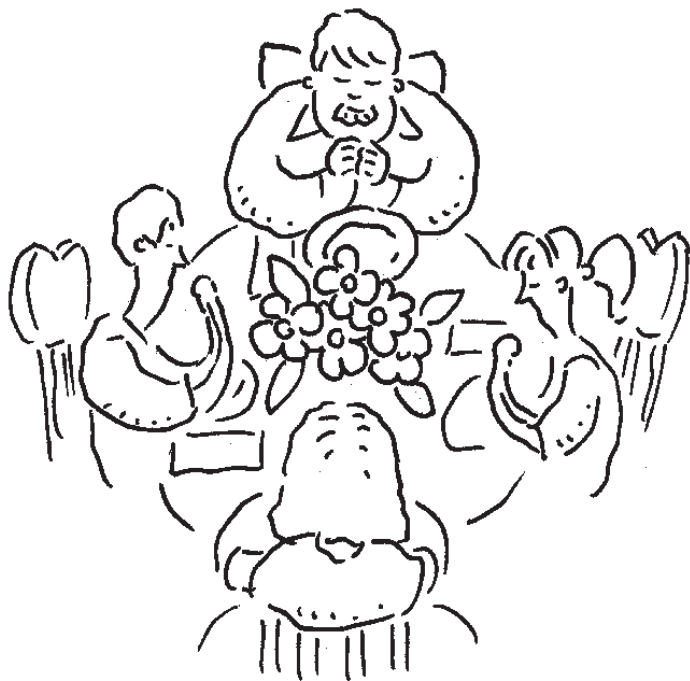
- Each night read a different story about Christ. A miracle he performed or a parable.
- Make flat pancakes together for breakfast.
- Make flat bread together to enjoy for the week.

Celebrating the Night to be Remembered With Friends and Family

The Night to be Remembered has always been a special evening for my family. Since I was little, my parents have made it a night filled with family traditions, laughter and Biblical learning. The time we spend together is one of fellowship and praising God for all He has done for us. This is a great way to begin the Days of Unleavened Bread.

Dinner, for as long as I can remember, has always been done at my parent's house. My grandparents and friends/brethren come to enjoy the evening. Weeks in advance my mom begins making preparations. The house is cleaned of leavening, china, crystal and all the best is set for an elegant dinner party.

The meal always consists of lamb and bitter herbs. Lamb is not my favorite, but my mom prepares it how I like it along with a special sauce for dipping. A terrific dessert is served and Dandy(my grandpa) pulls out his Bible with a list of questions about the Night to be Remembered. We go around the table answering the questions and reading the scriptures in the Bible. Below is the list of a few of the questions asked.



1. Why is this night different from other nights?
Exodus 12:1-8
2. Why were bitter herbs eaten with this meal?
Exodus 1:8-14
3. How were the Israelites to eat the Passover?
Exodus 12:11-17
4. Why were they to eat so fast?
Exodus 12:21-42
5. Were we or are we now in slavery?
Romans 6:12-23
6. Why don't we kill a lamb today like the Israelites did?
I Corinthians 5:7-8
7. Did Jesus preach about freedom?
Luke 4:16-21
8. Are there many people who are slaves today?
Romans 8:14-23
9. How can people become free?
John 8:25-36

The Bible and list of questions is still pulled out every year. While my sister and I have the answers memorized, we have a greater understanding of the meaning of the night.

This family tradition has taught me both the importance the events of this night symbolizes and the love of family. I look forward to the day when I am able to bring out God's Word and ask my children these same questions that I have grown up answering.

Start a new tradition with your family. Open the Bible, ask questions and involve your children in the Night to be Remembered-you will not be sorry you did.

Jesus Heals At The Pool Of Bethsaida **John 5:1-18**

It is not clear from the scriptures, but Jesus may have been in Jerusalem to keep the Passover. John, the writer of the story, may have mentioned it was a feast so as to give a reason why Jesus was in Jerusalem.

In Jerusalem there was a pool of water that was north of the Temple called Bethsaida. Bethsaida means “house of mercy.” There were five covered porches and many sick people lying on the porches next to the pool. Among those lying on the porches were a great number of disabled people. There were blind, crippled and paralyzed individuals.

An angel, sent by God, would come down to the pool and stir the water making the water move around. After this happened, the first person into the pool was healed from the sickness he or she had. There was one man who had been paralyzed for thirty-eight years. He had not made it into the pool to be healed.

Jesus saw this man and asked him, “ ‘Do you want to be well?’ The sick man answered, ‘Sir, there is no one to help me get into the pool when the water starts moving. While I am coming to the water, someone else always gets in before me.’” (John 5:6-7) Jesus was not going to let this stop the man from being healed. He had come to help people. Jesus was going to complete his job. “Then Jesus said, ‘Stand up. Pick up your mat and walk.’ And immediately the man was well; he picked up his mat and began to walk.” (John 5:8-9) This angered many people because it was against the law to carry your mat on the Sabbath day. A mat is a persons bed that he or she sleeps on. To carry it was considered hard labor and hard labor is not to be done on the Sabbath.

“The man who made me well told me, ‘Pick up your mat and walk.’ Then they asked him, ‘Who is the man who told you to pick up your mat and walk?’” (John 5:11-12) The man didn’t know who had healed him because it was crowded with lots of people and Jesus had left. Later, Jesus found the man he had healed at the Tempel. Jesus said to the man, “See, you are well now. Stop sinning so that something worse does not happen to you” (John 5: 14). This does not mean this man’s paralysis was caused by a specific sin the man may have committed. Jesus was intersted in the healing of ones body and the healing of the soul. This man who had been paralyzed for thirty eight years did not show gratitude to Jesus for the healing.

The man left and told many people who had healed him. Once again, Jesus was persecuted by evil people. This time it was because He had done the work of healing someone on the Sabbath. “But Jesus said to them, ‘My Father never stops working, and so I keep working, too.’ This made them try still harder to kill him. They said, ‘First Jesus was breaking the law about the Sabbath day. Now he says that God is his own Father, making himself equal with God’” (John 5:17-18).

Jesus was doing a good work on the Sabbath. He was not breaking the Sabbath. It is okay to do good works whether it is on the Sabbath or not. Jesus set the example for us to follow. It is our job to be willing to help others no matter what day of the week it is.

Unleavened Chocolate Cake

1 1/2 C Flour	2 T corn syrup
2 C sugar	4 eggs
1 C vegetable shortening	2 T vanilla
8 T cocoa	

Cream shortening, sugar and eggs. Combine all other ingredients. Beat until fluffy and light. Pur into 2 greased 8” pans. Bake 350 for about 30 minutes. Cool and frost.

Jesus Heals

In the list below, find the endings to the unfinished words.

- | | |
|--------|--------|
| -ol | -nt |
| -ge | -ways |
| -lk | -t |
| -to | -ars |
| -me | -ind |
| -lid | -oke |
| -ick | -cked |
| -ple | -ast |
| -ead | -en |
| -abled | -ter |
| -ered | -alked |
| -red | -ght |
| -an | |

Jesus was in Jerusalem for a Jewish fe_____. He we_____ to the po_____ of Bethesda, where a lar_____ group of dis_____ peo_____ gath_____. Among the group were many who were bl_____, lame and paralyzed. Jesus sp_____ with a m_____ who had be_____ an inva_____ for 38 ye_____. The man said he couldn't get in_____ the wa_____ at the ri_____ ti_____. Others al_____ got ah_____ of him. Jesus said, "Get up! P_____ up your mat and wa_____." He was cu_____ immediately. He pi_____ up his ma_____ and w_____.

Follow the footprints to read the rest of the story. Write the words in order below.

