

The Training of Christ's Disciples - Part 1

THE TRAINING OF CHRIST'S DISCIPLES PART 1

ave you ever played on a basketball or volleyball team? If so, you may well remember the many hours you spent practicing. If you had a coach, he taught you the plans and strategies your team would use in order to play its best! He showed you how to play a winning game, and had you practice many times until you could perform each move correctly. Your coach may also have emphasized the importance of having the right attitude so that your team would truly function as a cooperative unit.

CHRIST EDUCATES HIS "TEAM"

Jesus Christ is the coach of His "Team" the members who make up His Church. He gives them a plan to follow so that they can succeed in fulfilling their purpose for living becoming members of the God Family! Christ educates His people in the basics of that plan and drills them constantly. He teaches through His words in the Bible the attitudes and actions which will help them to become victors in this life, and in the life to come.

During his human existence on earth, Christ's initial *team* consisted of the original twelve apostles. He personally taught them the principles of God's purpose and plan for mankind—what we might call the "game of life." After Christ's death and resurrection, He inspired these men to write down the rules of

ABOUT OUR COVER . . .

The Mount of Olives in Jerusalem. It was here that Christ taught His disciples many principles of Christian living.

Photo by Japan Air Lines

the game, and the strategies for playing it. Their writings became a part of what we today call the Holy Bible. This assured that new members would also be trained by Christ.

God's Church today is made up of His present-day disciples who are members of Christ's team. As members or future members of that team, it is important for them to understand and apply the rules, strategies and laws which the Coach, Jesus Christ, gave through the older teammates, the apostles and prophets. With this in mind, let us now continue our study of what Christ taught His disciples in the famous "Sermon on the Mount."

CHRIST MAGNIFIES THE LAW

Christ explained in Matthew 5:3-12 how the disciples, members of His Church and their children must conduct themselves in order to be blessed. He emphasized in verses 13-16 that we are to set the right example by our actions. Like a light on a distant hill, our good examples will lead others to see that God's way produces good results.

Read Matthew 5:17 and then fill in the following blanks. "Think not that I am come to destroy the ______, or the ______, or the ______, or the ______, but to ______." Christ knew that His Team must know and play by the rules in order to succeed. He did not dispose of the rules. Rather, He explained clearly and completely the limits within which they must be followed. Let's now examine some of these rules.

Read Matthew 5:18-26 and especially notice the instruction Christ gave His disciples in verse 20. "For I say unto you, That

shall ______ the righteousness of the ______ and ______, ye shall in ______ case ______ into the

_______ of heaven." Jesus emphasized to His disciples that they would have to obey His laws before they could be born into the Family of God. Christ then explained that true Christians are to obey the "spirit of the law," in addition to the "letter of the law." The scribes and Pharisees were very careful to keep the letter of the law. But they neglected, or omitted, the spirit or intent of the law—its *spiritual application* in their lives! (Matthew 23:23.)

To show what He meant, Jesus reminded the disciples that the sixth commandment forbade them to commit murder. Even the Pharisees by their own human effort might keep themselves from doing that! But Christ said obedience to this commandment in its *spiritual intent* was



God's laws, along with other rules of conduct, are essential for successful living.

necessary in order to build righteous character.

God's people are not to have an attitude of contempt or hatred toward other human beings. Hatred is an attitude which can often lead to the action of murder, given the right circumstances. One who has such an attitude is a murderer in God's sight! (I John 3:15.) Christ's disciples, with the help of God's Spirit, were to keep the spirit and intent of the law.

To further illustrate the point, Christ referred to the seventh commandment forbidding adultery. We obey this command in the letter of the law by not committing the act of adultery. Christ said in Matthew 5:27-28 that lusting after another person's spouse, even thinking about adultery, was in effect breaking the seventh commandment. Thought eventually leads to action (James 1:14-15).

Christ set these high standards for His disciples even though they did not have God's Holy Spirit yet. He later told them that the "Spirit of truth," the Holy Spirit, was with them and later would be in them (John 14:17).

Jesus Christ expects us to "play by the rules of the game," both literally and according to the intent. To do that, we must know God's law and its spiritual application in our lives. As a project for this lesson, read the booklet *The Ten Commandments* published by the Worldwide Church of God. As you read the booklet, on a separate sheet of paper write three things: 1) Each commandment as it is found in Exodus 20; 2) the intent of the commandment—the reason or purpose God gave it to us; and 3) one way in which the commandment is obeyed in its broader, spiritual application and intent. Ask your parents to be involved by having them help you with numbers 2 and 3.

BECOMING PERFECT

How would you react if a classmate deliberately destroyed a piece of school athletic equipment and the physical education teacher had the entire class run several laps as punishment? Would you rise in righteous indignation to proclaim your innocence and the injustice of the situation? If so, read what Christ said about such things in Matthew 5:38-48.

Christ told His disciples to patiently endure the injustices done to them. (See I Peter 2:20.) If we are kicked, we are not to kick back, nor are we to stand around waiting for the person to kick us again! Rather, we should try to flee the bad situation, and if possible, avoid it in the first place.

Turn to and read Romans 12:17-21. Here Christ explained that we should "Recompense to no man evil for evil." That is, we should not return kick for kick, blow for blow. Rather, we should rely on God to avenge the injustices done to us, and in the meantime, "overcome evil with good."

Notice what Jesus specifically told us to do in Matthew 5:44-45. "But I say unto you,

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Why love our enemies and do good to those who hate us? So we can become the children of God, a part of His universe-ruling Family! Sometimes the person who hates us will have a change of heart. If we return evil to those who already hate us, they will only hate us more. But if we are kind to them, we may be astonished at their change of attitude towards us.

Now read Matthew 5:48 and notice what else Christ wants us to do. "Be [become] ye therefore ______, even ____ your ______ which is in heaven is

Sounds difficult, doesn't it? Actually, it is impossible to be as perfect as God in this physical life! But with God's help we can become more and more perfect like Him. Only when we are born into God's divine Family will we actually be perfect as He is (I John 3:9). God is perfect, and if we are to become His sons, we too must become perfect!

LEARNING TO GIVE

Christ then taught His disciples specific things they should do that would help them develop perfect Godly character. In Matthew 6:1-4 Christ told the disciples how to give alms. "Alms" are charitable gifts such as money, food and clothing which are given to people in need. He also taught the right approach and reason for giving charitable gifts.

Christ warned the disciples not to give as the hypocrites, who give not out of concern for the poor, but only that others may see it and praise them. Giving just to receive the praise of men is wrong! We should not try to draw attention to ourselves when we give. We should give because we want to help other people and make them happy.

CHRIST TEACHES HOW TO PRAY

In order to become perfect like God we must come to know Him well. We must know what



Orthodox Jews praying at the Wailing Wall in the city of Jerusalem.

He is like, how He thinks, what are His likes and dislikes and what He does. We must learn who and what God is. How can we do this?

How do you get to know a new classmate? You talk with him. You tell him about yourself and he tells you about himself. And that is exactly how we get to know God the Father! We talk to Him through prayer, and He talks to us through His written Word, the Bible.

Little wonder that Jesus next spoke about the subject of prayer. Before giving His disciples a pattern for their prayers, He gave two general instructions about how to pray. Read Matthew 6:5-8, and complete verses 6 and 7. "But thou, _____ [not "if"]

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_____, as the heathen do: for they think that they shall be heard for their much speaking."

We should not pray just so others will see and hear us and be impressed by our "righteousness." That's what hypocrites do people who want others to think they are something which they really are not. Rather, we should be praying because we really want to talk to God. And that is done best in private!

Jesus admonished His disciples not to use "vain repetitions" in their prayers. Vain repetitions are words or phrases said over and over again. They become "fillers" in our prayers and prevent us from having meaningful conversation with God. God is more interested in the quality of our prayers than in the quantity of words in them. In other words, God wants us to pray from the heart.

A PATTERN FOR PRAYER

Notice the pattern for prayer which Christ gave His disciples. Write Matthew 6, verses

What is commonly called the "Lord's Prayer" is merely Jesus' way of showing us important concepts to incorporate in our daily prayers. Let's examine Jesus' sample prayer in detail so we will understand it fully. We should begin our prayers by acknowledging that God is our Father. In so doing, we understand that we are His children and have the potential to ultimately become part of His universe-ruling Family. We should thank God for that precious knowledge and for the awesome potential of becoming immortal spirit beings. We should also ask God to help us achieve that potential—to one day become perfect in character as He is!

We are to "hallow" (set apart as holy) the name of God by keeping the third commandment. We hallow His name by not cursing, swearing or using it in a vainly repetitious manner. We should also pray that God will help us not to bring reproach upon His name by setting bad examples.

We should regularly pray, "Thy Kingdom come," asking God to hasten the return of Jesus Christ and the establishment of God's government on earth. Only through God's direct intervention in the affairs of mankind can peace and prosperity be established. Also, before that will take place, Christ said His Gospel message of the Kingdom of God would be preached in all the world for a witness unto all nations (Matthew 24:14). That is what is being done today by God's apostle, Mr. Herbert W. Armstrong, and the Worldwide Church of God!

Our prayers should often include special requests for the success of all aspects of God's

Work. These would include requests for the continued health, protection and inspiration of Mr. Armstrong and all of God's ministry. Also the opening of new "doors," or ways for the Gospel to be preached to more people, such as the addition of more radio and television stations and more ways to distribute The PLAIN TRUTH magazine. We need to ask God to call more Church members and co-workers to help the Work through their prayers, tithes and offerings. We should also pray that God will grant grace and favor to Mr. Armstrong when he meets world leaders. The more specific our requests are, the more specifically God will respond to them.

Next, we should remember to pray for God's will to be done on earth as it is in heaven. This obviously involves praying for His Kingdom to be established on earth. Only then will mankind, as a whole, be doing God's will. It also means that we should ask God for assistance in doing His will, and being examples to the world of God's way of life.

We should also pray that God will help us to accept His will. For example, God may allow us to go through trials because He knows it will develop some aspect of our character which is presently weak. We may not like the trial, but we must realize it is for our ultimate good and thank God for it.

While God does not want the emphasis of our prayers to be on physical things, He does expect us to ask Him to provide us with our physical needs. Christ did not say we should be overly concerned about our needs for tomorrow, next week, next month or even next year (Matthew 6:11). He wants us to ask God for our *daily* needs. These include food, shelter, clothing and those things necessary for life. Again, be specific in your requests and give God thanks for the abundant way in which He supplies your every need.

Though we try not to, we all sin. It is important to confess our sins to God in prayer and ask Him to forgive us of those sins (I John 1:8-9). As you pray, think about which of God's commandments you may have broken during the day. Ask God to forgive you of those sins. And be sure to forgive others who may have wronged you in some way. God will forgive us *as* we forgive others (Matthew 6:14-15).

"And lead us not into temptation [trial], but deliver us from evil [the evil one]..." (Matthew 6:13, first part of the verse). We should also ask God to help us learn the necessary lessons of the Christian life now so we will not have to learn them later through trials that God might allow to come upon us. We should ask God to give us the correct attitude of mind to receive and apply His revealed instruction, so as to avoid painful experiences. Also, we should pray for deliverance from the adverse influences of Satan and his society. We need to ask God for help and wisdom to resist the pressures of our peers and to avoid things that we know are harmful.

We should conclude our prayers by acknowledging that all power and glory belong to God. Also, Christ later instructed His disciples to ask "in my [Christ's] name" (John 14:13-14), meaning by His power and authority. We should then end our prayers with "Amen" meaning, so be it.

Now you know the basic elements of prayer which Christ gave. On a separate sheet of paper, list at least two aspects of each element mentioned in the example prayer, so you can use them when praying to God.

How Well Do You Remember?

Write a "T" on the blank line next to each statement if it is true. Write an "F" if it is false.

- 1. Jesus Christ came to do away with His Father's laws so we would not have to obey them.
- 2. Jesus Christ said we should obey God in the "spirit of the law," in addition to the "letter of the law."

- 2. 3. Even though we do not actually murder someone, we still break the sixth commandment if we have hatred in our hearts toward that person.
- 4. Jesus Christ showed that we may kick back if we are kicked.
- 5. In Matthew 5:48 Christ said we should be striving to become perfect like God.
- 6. Jesus said we should hate our enemies.
- 7. One way to become more like God is to learn to give to others in the same unselfish way that God gives to us.
- 8. Most of our praying should be done in public so others will see how righteous we are.
- 9. When praying for God's Kingdom to come, it is appropriate to make

specific requests for the success of various aspects of God's Work today.

10. God will forgive us even though we do not forgive those who wrong us.

HOW TO FAST

After explaining how to pray, Jesus then taught the disciples how to fast (Matthew 6:16-18). Fasting is what God commands us to do on the Day of Atonement. But we may decide to fast on other days also. When we fast we neither eat food nor drink fluids. Fasting helps to humble us before God. It helps to focus our minds on God so that when we pray, our prayers will be more effective. We should not fast in order to try to force God to do what we want. Christ explained that we should not advertise it to others when we fast. Fasting is a private, personal matter between us and our



Mr. Herbert W. Armstrong brings Christ's gospel to world leaders. Pictured is Mr. Armstrong speaking with King Hussein of Jordan.

God—not something the world should know about.

SEEK FIRST THE KINGDOM OF GOD

The next section of Christ's instructions to His disciples is summarized in Matthew 6:33. Read all of Matthew 6:19-34 and then complete verse 33 below. "But __________ye ________ the _________ of God, and His __________ in the _________ of God, and His __________ ; and all these __________ shall be ________ unto you." Christ reminded His disciples that many things would compete for their time each day—spiritual matters such as prayer and Bible study; meeting one's physical needs such as food, shelter and clothing; and the desire for pleasure, entertainment and recreation.

Christ taught that we are to give spiritual matters first priority. Why? Reread verses 19-21 and notice why. Spiritual things such as prayer, Bible study, serving and helping others, and the knowledge gained and character developed by them, are the *only* things of *lasting* worth and value to us!

Food is consumed and eliminated. Shelter may be here today and burned to the ground tomorrow. Clothing can be easily ruined by moths, sunlight, sharp objects and the weather. Cars, motorcycles, bicycles, and golf clubs all wear out and rust. Television sets, stereos and home video games malfunction and are easily stolen.

Is this to say that we should not do what we can to provide food, shelter, clothing and other necessities of life? Do we sit idly by and wait for Christ to serve us our dinner? Obviously not! Christ is saying to not let the "getting" of physical things for ourselves be our allconsuming ambition in life. A steak dinner, or a new dress should not be the most important thing in our lives! We should not spend more of our time and energy thinking about these things than we do in developing Godly character.

Notice Christ's promise to us if we put

spiritual matters first in our lives: "... and all these things [the physical things mentioned in previous verses] *shall be* [not "may be"] added unto you" (Matthew 6:33). Once we have physical things in their proper perspective, and show God that we know how to use them properly, He will give us those things.

Christ warned His disciples that it is impossible to serve both "God and mammon" (verse 24). That is, they could not devote their time and energy to serving God *and* acquiring material things. The two are opposites. Serving one automatically eliminates the possibility of serving the other. Therefore, Christ urged the disciples to put spiritual things first in their lives. By doing this, they would be developing Godly character, the one enduring treasure which alone survives death.

CHRIST WANTS HIS TEAM TO WORK TOGETHER

Have you ever seen a winning team where the team members argue among themselves and with their coach? Have you seen the team members constantly criticizing each other's playing ability and telling each other what dumb mistakes they have made? It's doubtful that you have, since successful teams work together, and are mutually supportive of each other.

If you have ever had the misfortune to play on a team where there was constant negative criticism, you will understand. Few things are more demoralizing than to make a mistake while playing your hardest and then have your teammates and coach criticize you for it. Nor does it encourage you to play your best and hardest for the team if you overhear your teammates snickering about what a terrible player you are.

Jesus Christ knew that the members of His Team would have to work together, to cooperate and support each other in order to succeed. So His next instruction to the disciples dealt with harsh criticism or condemnation of others. Notice what He said in Matthew 7:1-5. "______, that ye be _______. For with what judgment ye judge, ye shall be judged... Thou hypocrite, first cast out the _______ out of _______ eye; and ______ shalt thou see clearly to cast out the mote out of thy _______ eye."

The word "judge" here implies a harsh negative criticism of another's character and motives which is condemning. It doesn't mean that you cannot determine (judge) whether an action was or wasn't a mistake. For example, a double-dribble by a teammate during a



Team cooperation and support are key ingredients for successful teamwork.

basketball game is a mistake. But saying that your teammate double-dribbled because he is ignorant, stupid or secretly playing for the opponent's team is negative, unconstructive criticism. It is a judgment which probably has no basis in fact; certainly not the kind of judgment you would want someone to use on you!

Jesus Christ wants His disciples — His Church, His "Team," — to support and encourage one another—not to find fault with or backbite one another. When teammates support each other emotionally and help one another improve their skills, they play with greater unity of action and purpose.

In Matthew 7:12 Christ described what our attitudes toward each other should be. "Therefore _______ whatsoever ye would that men should ______ to ______, _____ ye even so _______; for this is the law and the prophets." If you don't want others to gossip about you, don't gossip about them! If

gossip about you, don't gossip about them! If you want others to show kindness and support to you, show it to them! If you want others to give to you, give to them! This is an important principle of human relations.

AN EXHORTATION, WARNING AND ANALOGY

In concluding His instruction to His disciples, Jesus Christ reminded them that the way of life He just described was not an easy one (Matthew 7:13-23). Many would try to make the team and would not succeed. Others would make the team and then drop out later. Only a few would be willing to discipline themselves, grow in spiritual knowledge and skills, and stick with the team until victorious. To those who endure, Christ guarantees victory—eternal life in the Kingdom of God!

With His exhortation also came a warning. Many "false prophets" — false coaches would come claiming to be sent by Jesus Christ and would try to get His disciples to play the game by a different set of rules. They would try to get His disciples to cheat and use corrupt strategies (verses 15, 23). In other words, they would not teach obedience to God's commandments (Mark 7:7-9).

Christ admonished His Team to check the fruits (results) of the ways of these false coaches (Matthew 7:16-20). If their ways did not produce peace, unity, cooperation and mutual support, they were not sent by Jesus Christ. If they did not uphold the same rules or laws of God that Christ did, they were not sent by Him. If they did not support the will of God the Father and did not do what He wanted done, they were not sent by Christ. Jesus did not want His team members to be deceived into becoming members of the wrong team!

Christ concluded His special instructions to the disciples with an analogy. It is found in Matthew 7:24-27. In it, Christ said that if the disciples obeyed and practiced what He had just told them, they would endure the storms of life just as a house built on a sturdy, rock foundation endures physical floods.

A LESSON OF AUTHORITY

After Christ finished His instructions to His disciples, He entered the city of Capernaum. While He was there, certain Jewish elders approached Him about going to the house of a Roman centurion (a military officer who commanded 100 soldiers) to heal his dying servant (Luke 7:1-10). The Jewish elders explained that this centurion treated the Jews kindly and had built a synagogue for them and was worthy of having his servant healed.

Christ proceeded to the centurion's house, but a short way from the house, some friends of the centurion met Him with a message from him: "Lord, I am not worthy that you should come under my roof: but speak the word only, and my servant shall be healed. For I am a man under authority, having soldiers under me: I say to this man, 'Go,' and he goes; and to another 'Come,' and he comes; and to my servant, 'Do this,' and he does it" (Matthew 8:8-9).

Jesus Christ marvelled at the faith and understanding of authority which this man demonstrated (Luke 7:9). The centurion knew that Christ had the power and authority to heal. He knew that Christ only had to say the word, and the servant would be healed. The centurion always did what those in authority over him said, and those under him in authority always did what he said.

The centurion's experience with authority was such that when one in authority commanded something, it was *always* done. Therefore, he knew that his servant would be healed if Christ said so. The centurion's confidence and assurance that his servant would be healed is called *faith* (Hebrews 11:1).

WORKS PROVE MESSIAHSHIP

Shortly after Christ healed the centurion's servant, He raised a dead man back to physical life again. News of this amazing miracle spread rapidly throughout the region (Luke 7:11-17).

The disciples of John the Baptist, after hearing the exciting news of the resurrection of the dead person, went to John who was in prison. After they told him the news, he wondered whether this Jesus of Nazareth they mentioned was the same person whom he baptized earlier and whom he knew to be the Son of God (Matthew 3:13-17; Mark 1:9-11; Luke 3:21-22; John 1:29-34).

To learn the truth of the matter, John sent two of his disciples to Jesus in Galilee. Upon meeting Christ, they explained that John the Baptist wanted to know whether He was the Savior and Messiah that was to come, or whether they needed to look elsewhere for Him (Matthew 11:2-3; Luke 7:18-20).

Jesus did not respond verbally right away. Rather, He first performed many miracles of healing in their presence. Then He replied, "Return to John and tell him what you have seen and heard: that the blind now see, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised back to life and the poor have the Gospel of the Kingdom of God preached to them. And blessed is he who is not offended because of me" (Luke 7:21-23). Notice that Christ did *not* respond: "I sure am the Messiah!" Rather, He directed their attention to the works, or fruits, of His ministry, the only true test of whether He was the Messiah or just another false prophet (Matthew 7:15-20).

After John's disciples departed, Jesus Christ explained to the people that John the Baptist was more than a prophet. He was that messenger who was prophesied to prepare the way for Christ's first coming (Malachi 3:1). Jesus added that there was no human greater than John the Baptist (Luke 7:24-28).

Jesus continued to explain that many of the publicans (tax collectors) and common people accepted John and were baptized. But the Pharisees and lawyers (people who were supposed to know and understand the laws of God) rejected John and were not baptized.

Because John the Baptist and Jesus Christ did not conform to the religious ways and ideas of the Pharisees, the Pharisees brought false accusations against them. They accused John of being possessed by a demon and accused Jesus of being a drunkard and a glutton (Luke 7:29-34; Matthew 11:18-19). Christ reminded them that the wisdom of His way would be proven right by the results of it, just as their "works" would show that their way was wrong (Luke 7:35).

How Well Do You Remember?

Write the words in the blanks which best complete the statements.

- 1. We should fast to _____ ourselves before God.
- 2. God tells us to "seek first the
- 3. Christ said that we should not let the getting of _______ for ourselves be our all-consuming ambition in life.
- 4. Jesus Christ wants His disciples—His Church, His "Team"—to _____ and _____ one another, not to find fault with or _____ one another.

- 5. Christ wants His "Team" to work
- 6. Quote the important principle of human relations found in Matthew 7:12.
- 7. In Matthew 7:16 Jesus Christ said we could tell whether someone was a "false prophet" by looking at his
- 8. The centurion realized that Christ had the power and authority to _____.
- In showing John's disciples that He was in fact the Messiah, Jesus directed their attention to the _____, or _____, of His ministry.
- The Pharisees accused John the Baptist of being ______ and Jesus Christ of being a ______ and a ______.

SUMMARY

In this lesson you have seen how Christ has been educating His "Team"—the Church of God. You have learned the rules of the "game of life," and the playing strategies given by Jesus Christ which are necessary for spiritual success!

You have been instructed in how to communicate with God through prayer. You have been shown the importance of teamwork and of mutual support and encouragement for God's Team to be successful.

You have learned how to detect those who would mislead you and give you playing strategies which can only end in failure. You have seen that one's mind must be on the "game" in order to succeed. One cannot have his or her time and efforts consumed by physical things which do not lead to the ultimate goal of becoming a member of God's Family!

In the next lesson you will learn more about becoming a successful, contributing member of Christ's "Team."

EDITOR IN CHIEF: Herbert W. Armstrong

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BIBLE MEMORY M

Matthew 7:1-5

MYSTERY ASSIGNMENT

Unscramble the following list of words and phrases in the left-hand column. As you do, write the letters of the unscrambled words and phrases in the appropriate blanks under the column "Unscrambled Words & Phrases." Then in the right-hand column, write the book, chapter and verse where each is found. Finally, match the numbered letters with the ones in the sentence at the bottom to reveal the second part of your assignment.

Words and Phrases	Unscrambled Words and Phrases	Scripture Reference
1. ORSMEN NO HET NOTUM	$\frac{1}{9} - \frac{1}{2} - \frac{1}{25} - \frac{1}{11} - \frac{1}{4} - \frac{1}{5} - \frac{1}{33} - \frac{1}{10}$	
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3. EGVI SMAL	32 3 15 7	
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